

# Happy New Year- Happy Nooroz

By Samira



The celebration of the solar New Year is a celebration that has been left since ancient times. New Year is usually celebrated on the first day of spring; Nooroz means the beginning of a new spring. New Year which every person in every province and city of Iran goes to welcome new and happy events, New Year or Eid celebration which is closed for 13 days in Iran and everyone has fun and on the 13th of Farvardin everyone goes to the heart of nature and spend all day with family and friends in nature.

## ***The table of seven S and the symbol of each s on the table***

Apple: It is a symbol of health and wellness.

Garlic: The symbol of Ahura Mazda and a symbol of health and wellness.

Brunette: The most beautiful symbol of the Haftsin (seven s) table, which is a symbol of life and freshness. Green is also a symbol of the angel of second month (ordibehesht).

Vinegar: It is a symbol of immortality and is used to eliminate New Year's troubles on the table.

Coin: It is a symbol of sustenance and people put it on the table to have a year full of income from God.

Oleaster: It is a symbol of love and affection between people and is also placed on the Haftsin table to increase the interest of family members.

Sumac: It is a symbol and spice of happiness, patience and endurance.



Samanoo (juice of germinating wheat or malt mixed with flour and brought to a consistency): It is a symbol of goodness and blessing. Iranians make samanoo from wheat germ at the beginning of the New Year and believe that it causes more blessings.

***Other things without s at the beginning***

Candle: symbolizes lighting and shine.

Mirror: It is a symbol of transparency and purity. This means that we have a year without lies ahead.

Egg: symbolizes birth.

Quran: It is for Muslims and shows the existence of the name and remembrance of God at the beginning of the year and all the time of life.

Red fish or Golden fish: It is a symbol of endeavor and novelty.

Candy and sweets: It is a symbol of sweetness and having happy and beautiful memories.