

Project Armonia

2,2 χιλ. "Μου αρέσει!" • 2,5 χιλ. ακόλουθοι

Σας αρέσει | Μήνυμα | Αναζήτηση

Δημοσιεύσεις | Πληροφορίες | Ονομαστικές αναφορές | Κριτικές | Ακόλουθοι | Περισσότερα

Εισαγωγική κάρτα

"We envision a world where food brings us together in harmony."

Supporting displaced people in

Σελίδα · Μη κυβερνητική οργάνωση (ΜΚΟ)

Avlonos 14, Athens, Greece

admin@projectarmonia.org

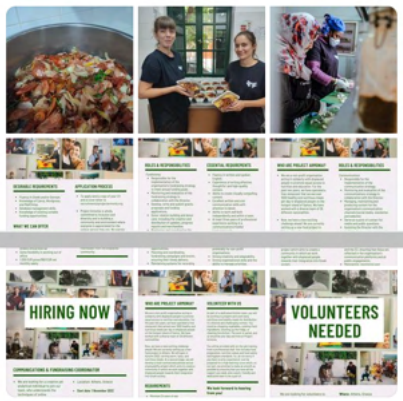
projectarmonia.org

Δεν έχει αξιολογηθεί ακόμα (2 κριτικές)

Προτείνετε διορθώσεις

Φωτογραφίες

Δείτε όλες τις φωτογραφίες



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Δημοσιεύσεις

Φίλτρα

Project Armonia
20 Δεκεμβρίου 2021 ·

This week we said goodbye to one of our community members who sadly passed away.

Halima tragically lost her life when a boat carrying 27 people capsized in the English Channel recently.

This week, our team gathered across the world to pay tribute to her and share memories and good words.

Halima was one of the kindest, gentle and generous members of our Armonia family and she will be sincerely missed.

Our thoughts are with everyone affected by this tragic event and their friends and family.

May they rest in peace.





102 | 15 σχόλια 12 κοινοποιήσεις

Μου αρέσει! | Σχόλιο | Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

أحمد عمران
She is a wonderful woman
I ask Allah to forgive her
Μου αρέσει! Απάντηση 47 εβδ.

إم أحمد كوارع
الله يرحمها
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Abdi Ibrahim
Allah yarxamhu wayadkhilu aljana ansha allah

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Hagi Muridi
She was a good person, may Allah have mercy on you.
Μου αρέσει! Απάντηση 47 εβδ.

أحمد عمران
الله يرحمها ويغفر لها ويجعل مثواها الجنة ويسكنها فسيح جنانه
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Wesam Ali
💔😞😞😞😞
Μου αρέσει! Απάντηση 47 εβδ.

Abdi Ibrahim
Kulu nafsin daqatulmowti
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Yahya Almasry
😭😭😭😭😭
Μου αρέσει! Απάντηση 47 εβδ.

Ourima Toure
Toutes mes condoléances
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Amar Nassar
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Hagi Muridi
Colaad Abdillhahi Gobe 😪
Μου αρέσει! Απάντηση 47 εβδ.

Colaad Abdillahi Gobe
Haldoor Abdirahman Allh yarxama👏
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 47 εβδ.

Απαντήστε στο χρήστη Hagi Mu...

Valerio Topazio
Lauren LK
Μου αρέσει! Απάντηση 47 εβδ.

Lauren LK
Valerio Topazio 😥😥
Μου αρέσει! Απάντηση 47 εβδ.

Hagi Muridi
Abdulkadir Sama 😪
Μου αρέσει! Απάντηση 47 εβδ.

Γράψτε ένα σχόλιο...

Project Armonia
9 Δεκεμβρίου 2021 ·

Did you know we have a cookbook?

'No One Cooks Alone' brings together recipes and stories from our kitchen to yours.

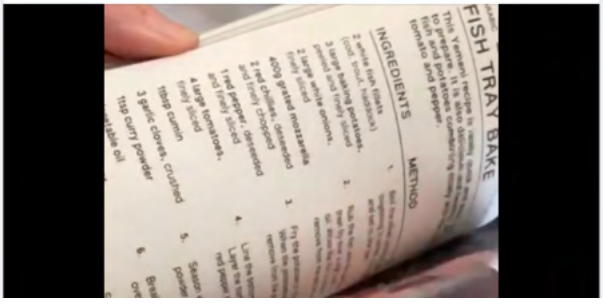
The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa! They are incredibly special to our community and have been chosen by our chefs as dishes that best represent and remind them of their home countries.

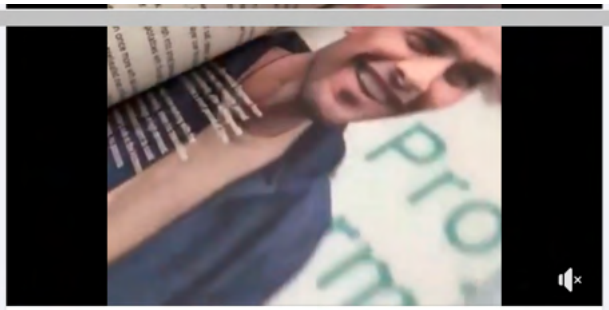
our community kitchen, helping us expand our operations and serve more delicious and nutritious food!

Order your copy of 'No One Cooks Alone' in time for Christmas now!

Books can be ordered from our website or by following the link below

https://projectarmonia.org/product/no-one-cooks-alone/





8 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
5 Δεκεμβρίου 2021 ·

🙌Today marks International Volunteer Day! We would like to take this opportunity to thank our amazing volunteers, who are the beating heart of Project Armonia 🙌

From deciding the meals to serve to registering guests in the restaurant, the team do it all with dedication and compassion.

Originally from over 20 different countries, each day the team overcomes numerous language and cultural barriers, coming together from a wide range of backgrounds and traditions to provide nourishing food for those who need it most.

Thank you for your hard work, from the bottom of our hearts.

#FoodHasNoBorders
Donate to our winter fundraiser today by following the link below!

https://chuffed.org/project/food-has-no-borders



Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Hermine Nathalie



Μου αρέσει! Απάντηση 49 εβδ.

Amar Nassar
❤️❤️❤️

Anmar Nassar

Μου αρέσει! Απάντηση 49 εβδ.

Anmar Abdali

Μου αρέσει! Απάντηση 49 εβδ.

Adel Akash



Γράψτε ένα σχόλιο...

Project Armonia
4 Δεκεμβρίου 2021 ·

Food has the power to speak across all barriers and remind us of our shared humanity.

This is one of our guiding philosophies at Project Armonia.

This winter we are fundraising for 35,000 meals! We need your help to reach this ambitious goal.

Donate to our fundraiser 'Food has no borders' by following the link below!

https://www.chuffed.org/project/food-has-no-borders

#FoodHasNoBorders



11 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

1 Δεκεμβρίου 2021 ·

❄ We have just launched our winter fundraiser! ❄

After two years of operation on Samos, we have a new exciting challenge ahead.
We are in the process of relocating our services to Athens and we need your help to make this a reality!

We plan to begin our mission in Athens in the first months of 2022. During this time, our goal is to serve 35,000 meals!

But we need your help to be able to reach this ambitious goal over the coming December weeks! Donate today:

https://chuffed.org/project/food-has-no-borders



17 11 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
29 Νοεμβρίου 2021 ·

Samos update:

As of November 24, there are 514 refugees and asylum seekers on Samos (according to the UNHCR). 354 in the Zervou camp and 160 in other private accommodation.

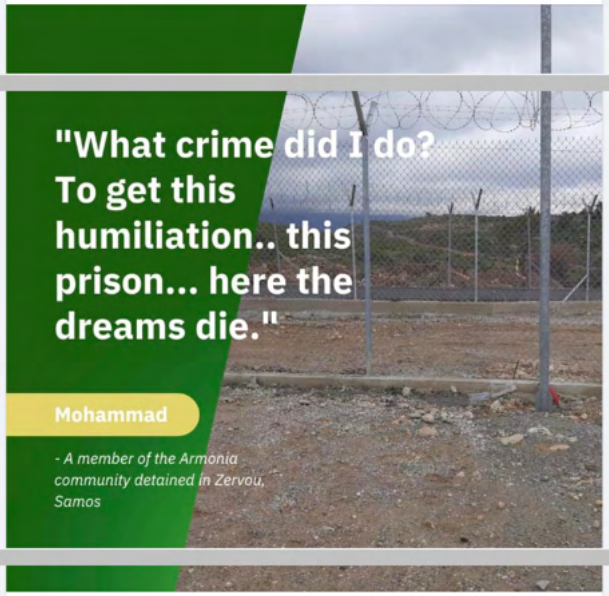
Last week, new restrictive measures on entry and exit have been imposed for people held in the Zervou MPRIC in Samos.

People are not allowed to leave the facility without official 'papers' or documentation. This applies to anyone who does not have an asylum application ID card. This accounts for approximately half of the people there.

This means that anyone holding a second, third, or fourth rejection on their asylum case or new arrivals cannot leave the camp to access basic services and shops.

Slowly, the Zervou structure becomes like the prison it looks like.

Being an asylum seeker is not a crime.



7 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Uschi Wohlgefahrt Braun
Dear, I saw today people in the street in the asylum process.

And till now, they could get in an out and move to the city. When they have gotten a positiv decision, they have to leave the camp between 30 days They are moved to Athens or Kavala in an other camp, or they can look themselfes for a flat.

Now, Lidl sponsored a bus, who pick the people daily up [illegible] market).

Are you shure, what you have wittern?

Μου αρέσει! Απάντηση 50 εβδ.

Γράψτε ένα σχόλιο...

Project Armonia
1 Οκτωβρίου 2021 ·

These past weeks have seen dramatic changes on the island of Samos.

On the 18th September 2021, the new camp on Samos was inaugurated. It is a space that people have described to us as a

'prison', particularly the people who have been transferred there last week.

Whilst Greek and EU officials continue to highlight the improved living conditions associated with the new structure, we recognise the fears and anxieties that a closed structure, a two hour walk from the support available in the town of Vathy, causes people.

Read our latest blog post about the situation written by Dr. Gemma Bird by following this link:

https://www.projectarmonia.org/i-cant-say-new-camp-i.../

Photo by: Ahmad Ibrahim



Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Uschi Wohlgefahrt Braun
Dear its not the true: I spok with so many refugees: they like it. Please stop this negativ propaganda! Please

Μου αρέσει! Απάντηση 1 χρ.

Maria Swardt
Uschi Wohlgefahrt Braun They might as well say they like it. They have no choice. What can else can they say?

Μου αρέσει! Απάντηση 1 χρ.

Uschi Wohlgefahrt Braun
Maria Swardt dear, its not the true, wha you say: I life here in Samos and I have spoken with so many.
Come here and speak with the: you will hear it

Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη Uschi W...

Daniel Venturas
There are Samians who cannot pay their electricity bill. Ones that have not been compensated after the earthquake. Ones that have not found any work over years due to the crisis. Non of these people have free Wi fi, solar panels, or free air-condition with a 480 Euro free benefit every month for each member of the family. So the camp is not really a prison compared to some locals living conditions.

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
29 Σεπτεμβρίου 2021 ·

During the past week, we have emptied, cleaned and returned the keys to what has been our home for the past two years on Samos.

The Armonia kitchen has been completely dismantled and all of our equipment has been put into a shipping container, ready for when we find our new space in Athens. We will of course keep you updated on this process!

This week we have been driving our volunteers from the refugee community to and from the new camp in Zervou, enabling them to access services and shops in town if needed. Alongside this, they have helped to conclude operations in the restaurant over the past days. A big thank you to all of our volunteers for their continued hard work in this turbulent week.

Additionally, we would like to say thank you again to everyone who

has supported the Armonia restaurant. Thanks to this support, we have been able to make this small taverna into a safe space, providing people with warm meals along with the respect and dignity they deserve 💚💛



77 5 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

forRefugees · Ακολουθήστε
Congratulations on all you've achieved. Today is the end of an era. 🧡🧡
Μου αρέσει! Απάντηση 1 χρ.

Pam Compton
Well done. Good luck to you all xxx
Μου αρέσει! Απάντηση 1 χρ.

Suzie Heinemann
A lot of work!!!
Μου αρέσει! Απάντηση 1 χρ.

Uschi Wohlgefahrt Braun
Thank you so much for your amazing food.
Mama Uschi
Housing project Samos
Μου αρέσει! Απάντηση 1 χρ.

阿爾迪里這穆罕默德
Thank you for you help ❤️💕🌹🌹
Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

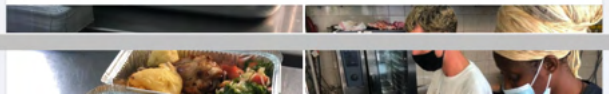
Project Armonia
22 Σεπτεμβρίου 2021 ·

For the past two days, the Armonia restaurant has remained open to

Despite many of them being transferred themselves, our team came in at 6am to ensure there was food ready to serve before the first transfers in the morning. Our dedicated chefs wanted to support others being transferred who would not have time to prepare food for themselves before the move. Currently, everyone that has been transferred to the new camp is being detained there until at least Thursday or Friday.

On Monday our amazing kitchen team prepared a delicious dish. Cooking up fried chicken served with mixed vegetable jallof rice, roast potatoes and a fresh tomato, lettuce and onion side-salad.

Tuesday marked our final day of food service from the Armonia restaurant. We would like to say a huge thank you to our team from the community. Thanks to them we have been able to continue providing nourishing food and offering people a familiar taste of home in these uncertain and turbulent times on Samos. We could not have done it without them.





59 6 σχόλια 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Caron Nichols
Well done to you for an amazing much needed provision in Vathy. You have reached out to so many people since you opened the kitchen/restaurant in 2019. It's also a sad time as things have changed there and you are no longer able to carry on this much needed support because of the new camp. I am so proud of what you have done there **Jessica Nichols** and **Fiona Wolownik**. Much love and thinking of you xx ❤️👍

Μου αρέσει! Απάντηση 1 χρ.

محمد تركي زكار
Thank you Armonia 🙏
Thank you for everything 😊
We were a great family
I will Miss you all
It was a really great day
I love you all 💚💚

2

Μου αρέσει! Απάντηση 1 χρ.

Angels on this earth, indeed❤️❤️🙏🦋🦋❤️

Μου αρέσει! Απάντηση 1 χρ.

Chacha Yema
Merci beaucoup pour votre soutient

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Beate Raetz
🙏❤️

Μου αρέσει! Απάντηση 1 χρ.

Amar Nassar
❤️❤️❤️❤️❤️

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
21 Σεπτεμβρίου 2021 ·

Today transfers from the old camp in Vathy to the new camp were completed.

This weekend, locals, organisations and members of the refugee community came together to protest the opening of the new camp.

The isolated and equipped nature of the new camp aims to discourage the movement of refugees and asylum seekers on the island. The new camp is an active step to marginalise the refugee community, and in the process, makes it difficult for people to access services in neighbouring towns.

The message of the protest: "From one inhuman refugee camp to another: we demand solidarity and respect for the human rights for asylum seekers instead of isolation and invisibility in camps like the new prison-like camp on Samos."

This protest symbolised opposition to this model for an asylum system in Europe. It advocates for Europe to take a more humane approach, by treating asylum seekers with dignity and creating policies that instead focus on community building and integration, on bringing people together rather than dividing them.

Follow the link below to see the video of testimonies about the new camp screened as part of the protest. Video by Ahmad Ibrahim and Simone van der Akker:

https://www.youtube.com/watch?v=UvNSBiLyVBY...

Photos by romyaimeephotography





Corinne Corinna και 25 ακόμη 2 σχόλια 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Moïsa Scarpa
Please , do you have any news from the people who are in this camp ? Thank you .

Μου αρέσει! Απάντηση 40 εβδ.

Chacha Yema
C'est triste

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
20 Σεπτεμβρίου 2021 ·

On Sunday 19th September at around 11pm, yet another fire broke out in the Vathy camp in the outer 'Jungle' area. The fire was brought under control shortly after.

This happens just after the inauguration of the new MPRIC (Multi-Purpose Reception and Identification Centre) this weekend in Zervou and hours before the first transfers to this new facility.

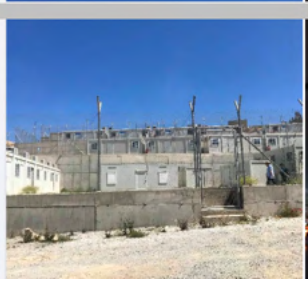
This new camp has been described to us as a "prison" by people anxious about being housed in a remote location behind high barbed wire fences.

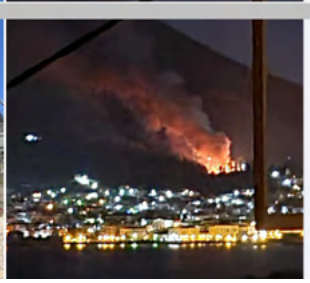
With the opening of this new camp we are re-releasing our advocacy report - Voices at the Border - written this summer with Gemma Bird from the University of Liverpool.

The report shares stories of people housed on the island, residents and NGO workers, all of whom have witnessed the conditions suffered by people in the asylum process here. Importantly, it also shares a series of policy recommendations that focus on inclusion and community building rather than marginilisation and isolation.

Whilst the housing conditions themselves might be better in the new camp, marginalising people and surrounding them with barbed wire will never be to solution to supporting people claiming asylum in the EU.

Our full report can be read here:
https://www.projectarmonia.org/voices-at-the-border/





32 14 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
17 Σεπτεμβρίου 2021 ·

The past months on the Samos have been a particularly turbulent time and life for the refugee community has become even more uncertain.

Over the past year, the construction of the new camp has been completed on a remote hillside. This facility is a two-hour walk away from the town of Vathy where the Armonia restaurant and the current camp is based.

Anxieties and tensions have escalated over the past months, with official information remaining scarce and rumours circulating that this new isolated facility will also be a closed one.

Officials have also stated that they will place all necessary shops and services within the new facility, including supermarkets. On top of this, the 'residential' containers will have kitchen facilities to enable people to cook their own food.

For numerous reasons, since the start of 2020, there has been a 91% decrease in the number of displaced people housed in the official [illegible] brutality of 'pushbacks' in the Aegean Sea has resulted in an extremely low number of new arrivals in comparison to previous years.

Since the relocation of the camp is now scheduled to begin on 20th September 2021, we have had to redefine, restructure and completely reschedule our work on Samos.
Subsequently, we have made the difficult decision to cease our operations on Samos as of the end of September 2021.

An important reason for our decision to cease operations on Samos is to be able to adapt to the evolving needs of the crisis in Greece and stay true to our founding mission and project aims.
For this reason, we will relocate to Athens where there is a crucial and urgent need for our service. We plan to begin services in 2022. In doing so, we will be able to continue working with the community to provide fresh, nutritious meals that offer a familiar taste of home.

We will continue to assess the situation on Samos and in case there will be need for our services again, we will consider restarting operations here.

We are incredibly proud of our work on Samos and grateful for all the [illegible] reality.

Link below for full statement.
https://www.projectarmonia.org/.../samos-project-update.../



Alissa Hein Arko και 57 ακόμη 8 σχόλια 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Yves Parizeau
You have done such an amazing job on Samos! You have made such a difference in the lives of refugees by welcoming them with open arms. Yes, you fed them but you did so much more by creating an oasis of love and compassion. It is wonderful that you will continue your

mission in Athens. ❤️🌍💚💛

Μου αρέσει! Απάντηση 1 χρ.

Yvonne Desirée Fransen

Armonia. You all did such a great and good work! 💗
Good luck in Athene 💪🧑‍🎓🧑‍🎓❤️

Μου αρέσει! Απάντηση 1 χρ.

Ourima Toure
Le project Armonia est exceptionnel

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Kimuli Rony
Your highly welcome I can't wait to rejoin **Project Armonia** 🥰🤗

Μου αρέσει! Απάντηση 1 χρ.

forRefugees · Ακολουθήστε
Huge congratulations to all the team for everything achieved on Samos! When you're ready to reopen in Athens in January, we'll be ready to continue supporting you 🧡🧡

Μου αρέσει! Απάντηση 1 χρ. 2

Thank you to the whole Armonia Team for the amazing food! Our test in our Housing Projekt Samos liked it verry much!
Best regards Mama Uschi
Uschi Wohlgefahrt Braun

Μου αρέσει! Απάντηση 1 χρ.

Suzie Heinemann
All respect.

Μου αρέσει! Απάντηση 1 χρ.

Michele F. Buxton
Job well done ..🌟

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
13 Σεπτεμβρίου 2021 ·

conditioning units to our free-restaurant.

They have helped the kitchen and team keep cool whilst working over the record hot summer months on Samos this year!

To find out more about Donate4Refugees does visit their page.





22 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

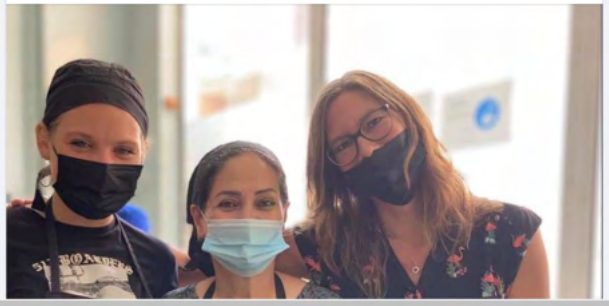
Γράψτε ένα σχόλιο...

Project Armonia
8 Σεπτεμβρίου 2021 ·

The past week Project Armonia organised our second women's day, spending an afternoon on the beach with women volunteers from the project.

(Trigger warning: S*xual violence)
Refugees are a vulnerable population, and particularly women even more so.
Within the Samos refugee camp, women are at high risk of sexual violence. With no electricity, lighting or sanitation facilities in the surrounding 'Jungle' areas, making the journey to use the facilities within the official camp is impossible due to the risk of violence and sexual abuse. While these risks are not exclusive to women, the majority of victims are women.

Within the project, Armonia strives to create a safe environment for everyone regardless of gender, race or religion.
While everyone works along side and respects each other, we still think that the opportunity to spend an afternoon in a space that is only for women is something important to create.





15 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

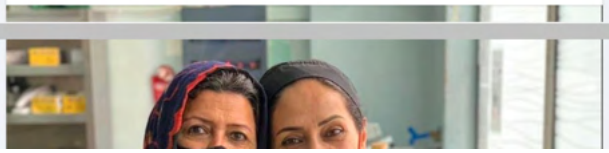
Project Armonia
6 Σεπτεμβρίου 2021 ·

We have released our annual report!

The past year has been busy on the island of Samos and at Project Armonia. It has continued to bring new challenges and changes; the continued pandemic, earthquakes, tsunami, fires, and significant shifts in the population of refugees and asylum seekers on the island.
The report outlines how the project has adapted with these changes, as well as the situation for those living in the camp and surrounding areas and the challenges they have faced over the past year.

To read our report about the past year and what those at Project Armonia have been doing, follow the link in below.

https://www.projectarmonia.org/annual-progress-report.../





28 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Σεπτεμβρίου 2021 ·

The situation in Afghanistan and what it could mean for those still there as well as those who have left remains unstable.

People who are in the asylum system in the EU and are awaiting a decision on their case face massive uncertainties.

A former Project Armonia volunteer, Nemat, spoke to journalists Priyanka Shankar who has written an article about Afghan refugees in

developments in their home countries is having on their lives and cases.

To read the article, follow the link below.

https://www.dw.com/.../afghan-refugees-in.../a-59000284



Afghan refugees in Greece still stuck in limbo | DW | 28.08.2021

10 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

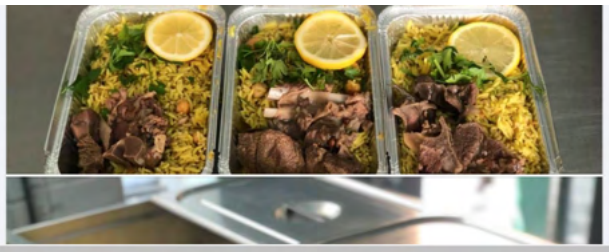
Γράψτε ένα σχόλιο...

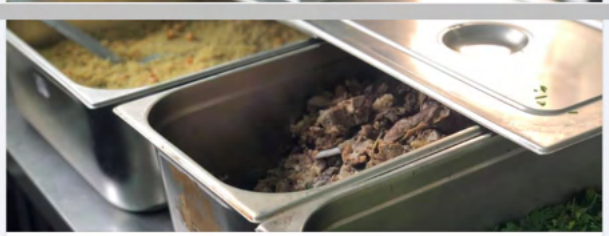
Project Armonia
30 Αυγούστου 2021 ·

We are starting this week off with a meal of the week! Last Friday, Yahya, cooked a delicious goat stew, served with spiced rice and chickpeas, and garnished with parsley and lemon.
This dish was incredibly popular!
Yahya has been with Project Armonia since we opened two years ago, but is now leaving the project and the island.

dedication you have given to the project over the past two years. You will be missed!
💛💚







23 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Αυγούστου 2021 ·

People continue to be forced to leave their countries to find safety due to war, persecution and violence. The journey that follows and process of seeking asylum can often take years. People are then often made to live in a horrific conditions and a state of uncertainty for this prolonged amount of time.

Alongside serving nutritious food, Project Armonia also tries to create a safe space for volunteers and guests, away from these stressful conditions. It is due to our volunteers that creating this environment has been possible. Working with and not for the refugee community gives room for people to make the work and space their own, which we see reflected daily at the project.

Armonia remains a place where everyone is welcome and equal, and we stand with all refugees and asylum seekers.
💛💚





37 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
18 Αυγούστου 2021 ·

On the week of the 3rd August, the UK's Home Secretary Priti Patel visited the island of Samos.

During her time on the island, she was taken to see the new camp and also joined a 'patrol' with the Hellenic Coastguard.

This visit comes at a time when the Hellenic Coastguard and EU border force, Frontex, are regularly being accused of carrying out illegal pushbacks of boats trying to cross the Aegean Sea. These acts have been reported as violent and have left people's lives at risk on occasion.

Her visit came shortly after The Guardian and Independent released a story regarding a minor who has been stuck in Samos's refugee camp.

whilst his family resided in the UK. His requests to be reunited with his family were refused, largely due to harsh new immigration policies currently being proposed by Patel.

These newly proposed policies would make it extremely difficult for people to claim asylum in the UK, as well as have potential

The recent developments in Afghanistan only consolidate the fact that seeking asylum is a basic human right, and the proposed reforms represent a complete disregard for this need.

Now is the time when the UK and other countries should begin to step-up and offer protection to asylum seekers, rather than trying to create reforms that endanger them.

Currently, with the recent developments in Afghanistan, the UK government has committed to resettling 20,000 Afghan refugees over 5 years. But this is not enough. The UK and other countries should commit to resettling and protecting more vulnerable Afghan citizens and developing more humane and fair migration policies for the future.

To learn more about pushbacks go to:
https://www.theguardian.com/.../catastrophe-for-human...

To learn more about Priti Patel's new policies go to:
https://blogs.lse.ac.uk/pol.../nationality-and-borders-bill/

(Sources below)

Image: https://www.independent.co.uk/.../priti-patel-greece...

https://www.independent.co.uk/.../priti-patel-greece...

https://www.infomigrants.net/.../aegean-pushbacks-they...

https://www.politico.eu/.../adrift-uncertain-waters.../

https://www.independent.co.uk/.../home-office-child...

https://www.theguardian.com/.../greece-accused-of...



12 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Αυγούστου 2021 ·

Over the course of 2021, at least 400,000 Afghans have been displaced

fact, as of 30 July 2021, 49% of all asylum seekers across the Aegean Islands are from Afghanistan.

In the past few weeks the situation in Afghanistan has accelerated, with news yesterday of Kabul being taken by Taliban forces. With this latest increase in violence, the number of Afghan people seeking asylum will increase dramatically.

This news comes just weeks after the Greek Government and 5 other EU countries declared Afghanistan a safe country of origin, continuing to carry out deportation flights of Afghans who had received rejections on their asylum application.

Many have called for these flights to be halted due to the current circumstances. However, on 5 August, immigration officials from Austria, Belgium and Greece urged for such deportations to continue, justifying their position as recently as Saturday. The Netherlands, Denmark and Germany initially took this approach, however have since paused deportations.

The ongoing conflict in Afghanistan and many other countries

continues to jeopardize people's safety and lives.

Seeking asylum is a basic human right. The actions that certain EU countries are currently taking do not reflect this importance. Instead, they disregard a blatant need for asylum, even in the face of recent developments.

Our thoughts are with those impacted by these events. We stand in solidarity with the people of Afghanistan.

Sources linked below

https://www.forbes.com/.../will-wealthy-countries.../...

https://data2.unhcr.org/.../mediterranean/location/5179

https://data2.unhcr.org/en/documents/details/87981

https://www.reuters.com/.../six-countries-urge-eu-not.../

https://www.aljazeera.com/.../germany-netherlands-freeze...

(Image) https://www.theguardian.com/.../the-fall-of-kabul-in...



13 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
13 Αυγούστου 2021 ·

⭐Meal of the week⭐��One of our chefs, Harriet, made this delicious meal on Tuesday for our guests. ��Eggplant, green pepper, onion and carrot cooked in a rich tomato sauce and served with rice. This dish was simple but super delicious and full of flavour!

Thank you, Harriet for sharing this food with us, we loved it!



10

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
11 Αυγούστου 2021 ·

This week, meet Gerard!👋
'Hi my name is Gerard Marrone, I'm 27 from Adelaide, Australia. I've been volunteering with Armonia for 2 months.

I've been volunteering in the humanitarian aid sector since 2018, mainly in the Balkans with another NGO. I worked as a chef in their kitchen projects, but also helped provide showers and laundry services to people sleeping rough.

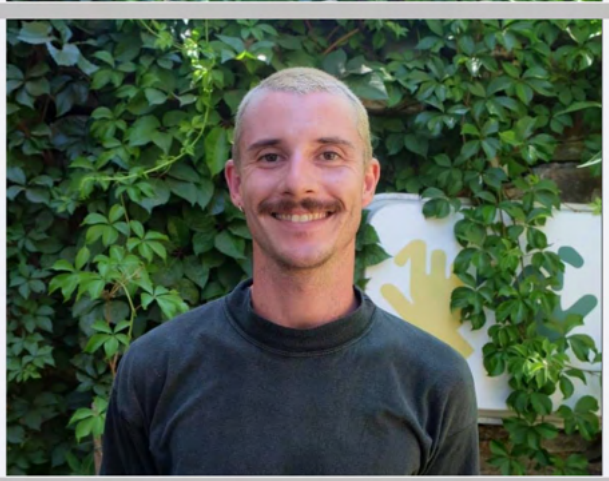
I love the community based approach that Armonia takes, working

with the community rather than for them. I find this empowers and motivates people to learn and share, which ultimately creates this incredible family-like environment we all grow to love and feel a part of.

I came here initially as the sous chef, but now I am taking on the responsibilities of the kitchen coordinator.

The project combines both my passions of cooking and helping others. Working in the kitchen everyday, I get to see the vibrant energy everyone gives off. I've learnt so much about good food and great people and feel grateful to be a part of it'





25 2 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols

Μου αρέσει! Απάντηση 1 χρ.

Amar Nassar

Γράψτε ένα σχόλιο...

Project Armonia
9 Αυγούστου 2021 ·

Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa.

All the proceeds from the sale of this book will be invested directly into the running of our free-restaurant, helping us continue to cook healthy and nutritious food for the most vulnerable members of Samos' refugee community.

To order your copy and support Project Armonia, please visit the link:

https://www.projectarmonia.org/product/no-one-cooks-alone/





7 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
5 Αυγούστου 2021 ·

The number of refugees and asylum seekers on Samos has been consistently decreasing since the beginning of 2021. In Winter 2019/20 UNHCR reported that the population reached as high as 7,600, compared to their most recent numbers indicating that 864 people remain on the island. However, it is difficult to get an accurate picture due to the unstable nature of the current island situation.

Reasons for this decrease in population include accelerated decisions being made on people's asylum claims. In addition, throughout 2021, camp management has increased the number of transfers of people to mainland Greece in a concerted effort to reduce the number of refugees on Samos. With the move to the new camp looming, people are also leaving the island of their accord due to the situation being so unclear as to what it will mean for them and their lives.

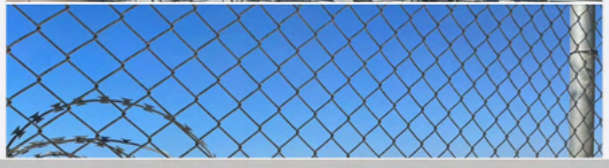
The process and practicalities surrounding the situation still remain unclear, with few officially confirmed details being given. What is known is that the camp is set to move at the end of September, is located on a remote hillside around a 2-hour walk away from the town of Vathy. While it has been said that transport will be provided from the camp to the town, exact details are unknown including if the transport will be sufficient.

The isolated nature of the camp will limit people's access to facilities and services. With the current camp being located in Vathy town, it has provided vital opportunities for people to spend time in the city away from the horrific conditions in the camp. The physical isolation of the new facility will cause increased stress, tension and have a severe impact on the mental health of people living there.

Moving people out of sight and introducing barriers to service access is inhumane. Nor does it offer a genuine solution to the struggles people are facing, it only exasperates the situation and makes life even harder for those affected by these actions and policies.

People should be treated as people, yet these actions lead to a continued isolation of people seeking asylum.
To see our alternate policy recommendations, read our Advocacy report 'Voices at the Border' follow the link below
https://www.projectarmonia.org/voices-at-the-border/







21 4 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Godwin David Khanu
I think to seek asylum is crime
We escape from die and live im imprisonment,and now you they take us in prison why are they killing us slow

We came for protection and now they put us in prison

Some of us stay here5,4,3,2 years
Nothing

They keep us here like animals

If i check now,i don't think if we reach 100 people in this camp
Everyday people are 🏃 from this detention camp
But they are keep in secret not to now about
Please you guys have to know that we are not animals we are human being like you

There is so many camps in the mainland why can't guys take us there
Before that you planning to put us in prison,is like we commit are big crime

But I want us guys know that we all on this planet earth
We are foreigners
No matter how you wise or have power
We will give account to the owner of this life's

Think about it
Am out

Μου αρέσει! Απάντηση 1 χρ.

Amber Bauer
Godwin David Khanu 💔 the mainland camps are full, they also have high walls and they are also remote. An estimated 20,000 refugees are homeless in and around Athens. Now, with the fires, there is even more urgency.

I'm horrified by Europe's response t... **Δείτε περισσότερα**

Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη Godwin ...

Godwin David Khanu
The bible say to
My people respect foreigners in your land

Very soon the world will come to an end

Μου αρέσει! Απάντηση 1 χρ.

Shahzad Ahmed
Very bad Samos 😢😢😢

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
4 Αυγούστου 2021 ·

When Project Armonia first opened in July 2019, there were around 4,000 people living in Samos' refugee camp, which reached as high as 9,000 people a few months later. With this severe overcrowding, people had to stand in the food-line in camp for up to 5 hours per meal to then be told the food had run out or be given mouldy, out-of-date food. With so many people, Armonia had to focus on specific target groups. At this time, these were pregnant and nursing mothers, the elderly, medical referrals and people with disabilities.

However, over time, with our increase in capacity and with the numbers of refugees on Samos steadily decreasing since the start of 2021, Project Armonia has been gradually expanding its services to more and more people.

As of this week, we have started to cater for all asylum seekers and refugees on the island. The team is working incredibly hard to make sure that the restaurant is able to welcome new guests and that nutritious food can be provided to everyone who wants or needs it!





28 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
2 Αυγούστου 2021 ·

Thank you to Doro Blancke for our new extractor fan!

Doro Blancke supports many NGOs in Greece and around Europe and we are very grateful for their donation to Project Armonia.

This donation will help us continue to carry on keeping the Armonia kitchen a safe, hygienic space and running smoothly.

To see more of what Doro Blancke do, go to their website!
https://doroblancke.at/en/



8 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
30 Ιουλίου 2021 ·

Today we are celebrating Project Armonia's 2nd Birthday!

We would like to thank everyone for their support and help in keeping the Armonia kitchen running over the past two years.

Serving over 270,000 meals and working with over 150 volunteers from a total of 27 nationalities, the last two years have been more than we could have expected.

Our mission was and remains to be meeting the basic human right of access to nutritious and healthy food.

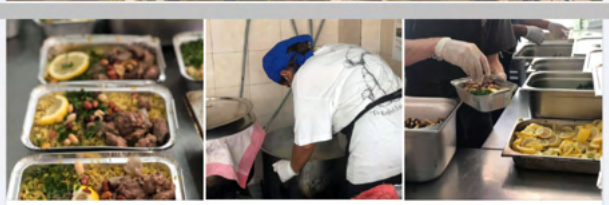
This would not have been possible without the generosity and dedication of so many people, particularly volunteers from the refugee community who are the driving force behind the project.

To celebrate today, we are cooking a special meal for our guests and hosting a gathering after work for the whole team. We also have a gift for our volunteers from the refugee community to say thank you for all of their hard work and commitment.

Thank you, again!

Love, Project Armonia 💛💚





58 2 σχόλια 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Happy 2nd birthday Project Armonia - well done **Jessica** fantastic project, serving amazing nutritious food to as many people as you can. All the other NGO's and yourselves come together and pool resources and that's a great testament to you how close and comittted you all are there. I know you want to do be able to do so much more there. I have missed not being able to come over since October 2019, but hope to visit the island soon - looking forward to you coming home in 2 weeks. We are sooo proud of you both and for all the hard work and many hours you work every day to support the local community. You have established yourselves and built up a great reputation in Vathy. You have an amazing team of volunteers that make it possible too. 🎉😘🙌❤️ xx

2

Μου αρέσει! **Απάντηση** 1 χρ.

Mahmoud Mohammed Abu Senan

Μου αρέσει! **Απάντηση** 1 χρ.

Γράψτε ένα σχόλιο...

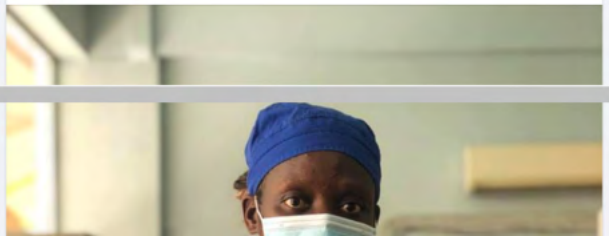
Project Armonia
29 Ιουλίου 2021 ·

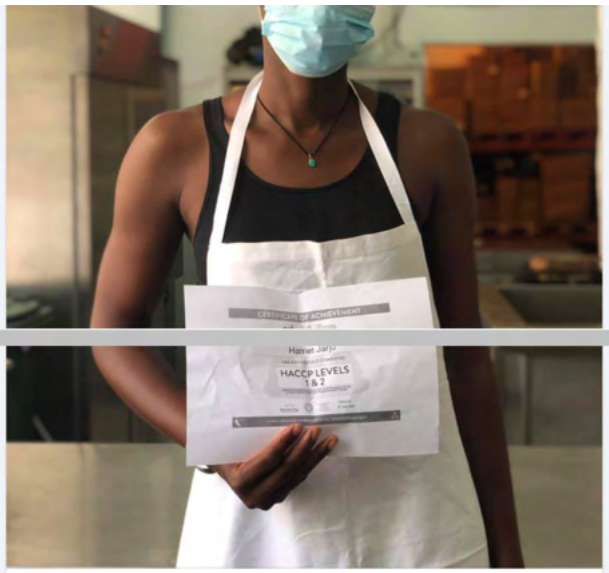
Well done to Harriet, one of our main chefs, who has just completed her level 1 and 2 HACCP training! This training focuses on food safety and controlling the hazards that come along with each step of food preparation and serving.

HACCP is internationally recognised and an important part of working in the food industry. This will help to keep Armonia running in a healthy and hygienic way and also offer additional training to our chefs that can be useful when applying for jobs in the future.

Congratulations again, Harriet!

💛💚





28 3 σχόλια

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Beate Raetz

Μου αρέσει! Απάντηση 1 χρ.

Faya Yaya
Bravo mes félicitations

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 29 εβδ.

Seydou Baba
Félicitations

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 29 εβδ.

Γράψτε ένα σχόλιο...

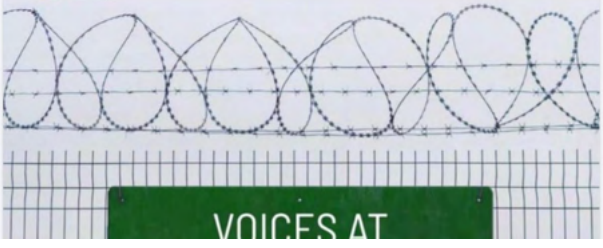
Project Armonia
28 Ιουλίου 2021 ·

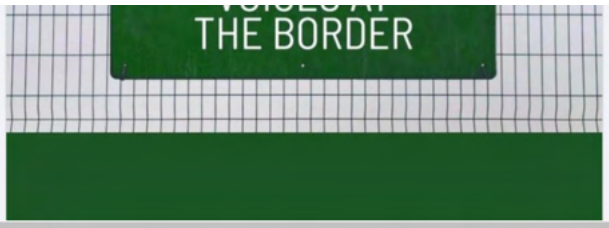
On the 70th anniversary of the signing of the #RefugeeConvention we want to reflect on the changes that are needed to uphold the rights of people seeking asylum in 2021. Two weeks ago we shared a report we have been working on that shares the stories of people living and working on the island of #Samos.

1) access to healthy, nutritious food in spaces of refugee shelter and support;
2) open and honest communication;
3) a system that treats people with dignity and respect;
4) access to skills development and education;
5) a focus on community building and bringing people together rather than creating divisions.

Today of all days, we would also add the importance of maintaining the right to seek asylum, and ensuring non-refoulement at the borders of the EU!

Read the full report here-
https://www.projectarmonia.org/voices-at-the-border/
#VoicesattheBorder #GenevaConvention #UNHCR70





4 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

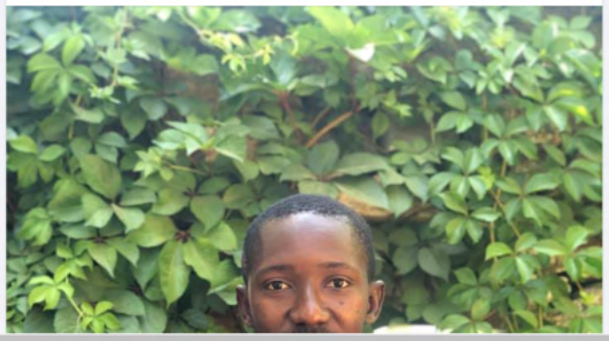
Γράψτε ένα σχόλιο...

Project Armonia
27 Ιουλίου 2021 ·

This week meet Ourima Toure!👋

'Hello, my name is Ourima Toure, i am 31 years old soon 32 and I am from Mali.
I joined Armonia last Wednesday.
Before I was not doing anything, so I decided to volunteer here because I have always liked helping other people and it helps with passing the time.
I like working with Armonia because it feels like a good way to spend my time by being able to do something different, and it is also nice to interact with lots of people.
It also allows me to learn a lot of different things, including working with other people.
I like being in nature, especially green spaces and beaches.'

💛💚





13

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Ιουλίου 2021 ·

Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning

continents from Central Asia to the West Coast of Africa.

All the proceeds from the sale of this book will be invested directly into the running of our free-restaurant, helping us continue to cook healthy and nutritious food for the most vulnerable members of Samos' refugee community.

To order your copy and support Project Armonia, please visit the link: https://www.projectarmonia.org/product/no-one-cooks-alone/



8 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
23 Ιουλίου 2021 ·

Thank you to TRATA for donating mushrooms to the Armonia kitchen which we were able to use in a delicious meal.

Made by Chef Masoumeh, the dish Khorake Lobia Ba Gharch (beans and mushroom) was very popular among guests and all our volunteers!

Thank you again, Trata! We are very grateful.



Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
22 Ιουλίου 2021 ·

Here at Armonia we try to keep our menu as tasty and varied as possible, and we also want to make sure our guests are enjoying the food too!

Thats why since June we have been carrying out a survey with our guests asking what they like about the food at Armonia as well as any suggestions of what we could do differently or they would like to see more of.

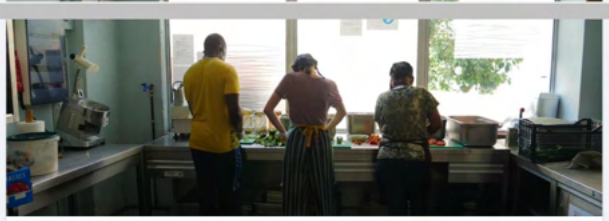
This survey will be able to help us to adapt to our guests tastes and make the Armonia experience as positive and enjoyable as we can.

carrying on cooking nutritious and delicious meals, by donating today!

https://www.projectarmonia.org/donate/







5 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
21 Ιουλίου 2021 ·

'My name is Reza Hosseini
I'm from Afghanistan and I have been working with Armonia for 2 months.
I decided to work with Armonia because before I wasn't working and I wanted to spend my time working with a team!
I'm part of the registration team, where I welcome guests and help to register new people.
I like working here because I have been able to learn about lots of different roles and get more experience and I also I can get to know many people.
I like going to the beach and playing ping pong and table football!'







12 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Liz Clifton
Well done Reza

Μου αρέσει! Απάντηση 1 χρ.

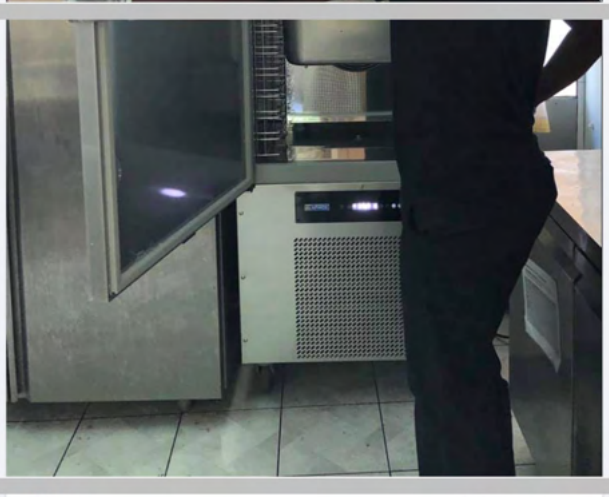
Project Armonia
20 Ιουλίου 2021 ·

We'd like to say a huge thank you to Donate4Refugees who have

Having a blast chiller in the kitchen will be a great help to our project in continuing to provide food for those on Samos as well as helping to even further reduce food waste and store food more efficiently.

To find out more about the amazing work that Donate4Refugees do visit their profile!





6 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Ιουλίου 2021 ·

Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa.... **Δείτε περισσότερα**





7 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

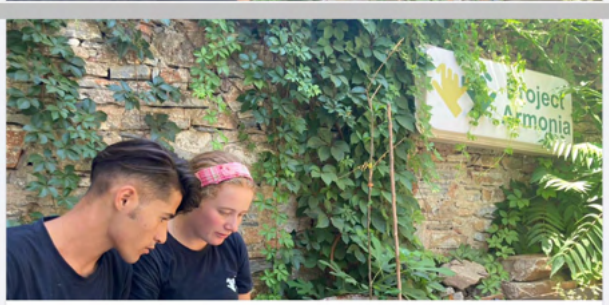
Project Armonia
15 Ιουλίου 2021 ·

Alongside serving nutritious and delicious food, we also try and support our community volunteers with practical skills that works towards long-term independence.

This is why we are running CV writing sessions twice a week, where we help to write CVs, recommendations letters and also job applications for those trying to find work in Greece.

Our focus on working with the refugee community not for them also means helping to create a space where independence and long-term sustainability can be achieved. So, by offering sessions such as CV writing, we can try and support our volunteers in gaining independence and building their lives by finding jobs when they leave the island.





14 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
14 Ιουλίου 2021 ·

We've released a new advocacy report: Voices at the Border!

This report brings together stories from our community and the local population to raise awareness about the current situation on Samos, and the difficulties faced by the refugee community.

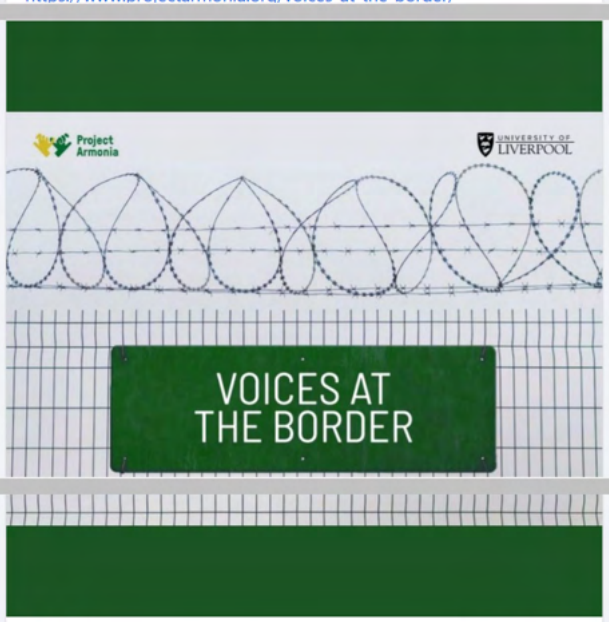
Our intention is to remind people that while the situation may have changed, it remains very difficult and tense for the individuals still stuck in the asylum seeking process.

Beyond this, we have outlined a series of policy recommendations that we believe would create a more just and humane approach to asylum

in Europe.

We are enormously grateful to the hard work of Dr Gemma Bird from the University of Liverpool for bringing these stories and the policy recommendations together.

To read the full report, please follow the link:
https://www.projectarmonia.org/voices-at-the-border/



12 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
12 Ιουλίου 2021 ·

This week meet Zafir!

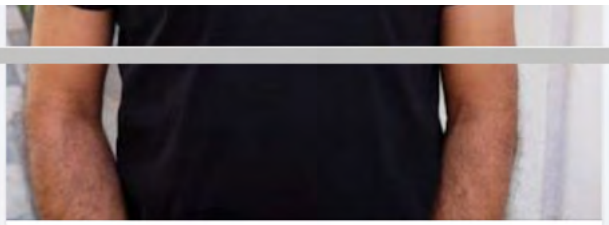
'Hi my name is Zafir Al-Halabi, I am 42 years old and I am from Syria, where I worked as a teacher of Geography and History.

I decided to work with Armonia because I heard that it is a respectable organization and also wanted to learn more about and master the art of cooking as well as quickly develop my English.

I wish I had worked with Armonia a long time ago because working with them is so much fun.

My interests are cooking and learning languages, and my hobbies are swimming, horse riding and playing chess.'





19 2 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Ibrahim Assad
Me to I like work with Armenia nice people there

Μου αρέσει! Απάντηση 1 χρ.

Ibrahim Assad ااااااه ياااالطيف

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Απαντήστε στο χρήστη Ibrahim ...

Project Armonia
8 Ιουλίου 2021 ·

A massive thank you to THREE PEAS help make a difference for donating our new car!

We are exceptionally grateful for their generosity, enabling us to zip around the island, collecting urgent pieces of equipment and organising distributions as and when they're needed!

To find out more about Three Peas and the amazing work they do, please visit their profile!



15 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Project Armonia
7 Ιουλίου 2021 ·

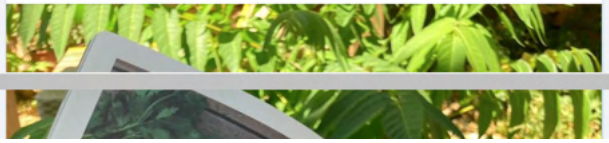
Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa.

All the proceeds from the sale of this book will be invested directly into the running of our free-restaurant, helping us continue to cook healthy and nutritious food for the most vulnerable members of Samos' refugee community.

To order your copy and support Project Armonia, please visit the link: https://www.projectarmonia.org/shop/





7 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
6 Ιουλίου 2021 ·

This week meet Gemma!

'Hi I'm Gemma Bird! I'm 32 and I have been working with Armonia for 2 months.

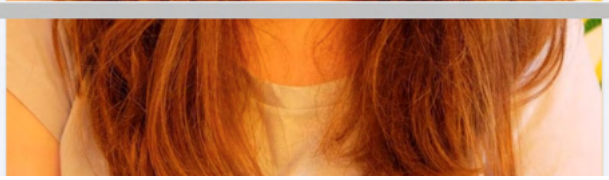
I am an academic at the University of Liverpool and part of my research focus is on the conditions facing refugees at the borders of the European Union and what we can do to improve them.

I decided to work with Armonia as I have been coming to Samos since 2018 and I got to know Jess and Fiona when we were volunteering together at another organisation. I really believe in the project and the importance of working together to create healthy, nutritious food that reminds people of their home, their countries and their experiences.

At Armonia I have done a few different things but mainly I have worked on Reception, welcoming guests to the restaurant. I have also supported them with advocacy work and putting together a report on the situation on the island which we will be releasing next week.

I like working with Armonia because it feels like a real community, a place where people come together, to learn from one another and to support one another, and that is a really special thing!'







38 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
5 Ιουλίου 2021 ·

We're registering new guests!

At Project Armonia, we're always working hard to add more guests to our target groups; accordingly, we've added single women and all families to our registration lists.

However, we're keen to do more and expand our capacity; to do that, we need your help!

For as little as 10 EUR, you can buy the ingredients for 10 nutritious and delicious meals- follow the link to donate today, and find out about other ways you can support us!

https://www.projectarmonia.org/



21 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
2 Ιουλίου 2021 ·

Check out our latest blog post!

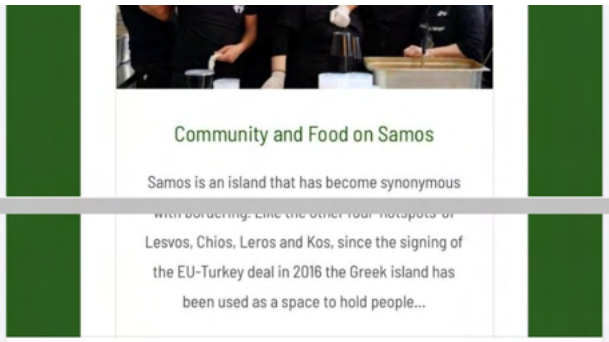
Dr Gemma Bird from the University of Liverpool has been coming to Samos since 2018, and combining this with volunteering since 2019.

For the past few weeks, she has been volunteering with Project Armonia, and has been kind enough to share her thoughts on the importance of community and food as a response to the humanitarian crisis.

You can read her piece by following the link:
https://www.projectarmonia.org/community-and-food-on-samos/

If you're interested in hearing more of our news and updates, why not sign up to our monthly newsletter and keep updated on all of our work?





7 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Ιουλίου 2021 ·

It's been a busy month in June, with temperatures soaring and many people leaving the island.

If you like receiving updates about our work and what we're up for to,

https://www.projectarmonia.org/



13 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
30 Ιουνίου 2021 ·

It's heating up in Samos, and we're diversifying our menu to suit the

As the temperatures soar, we're trying to serve up salads to keep our guests cool in the heat, all the while serving them fresh ingredients, packed full of essential vitamins and nutrition.

You can support us in our mission by donating today! For as little as 10 EUR you can help us cook for 10 people.

Find out more about how to support us by following the link:
https://www.projectarmonia.org/donate/





11 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
29 Ιουνίου 2021 ·

Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa.

All the proceeds from the sale of this book will be invested directly into the running of our free-restaurant, helping us continue to cook healthy and nutritious food for the most vulnerable members of Samos' refugee community.

To order your copy and support Project Armonia, please visit the link: https://www.projectarmonia.org/shop/



15 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
28 Ιουνίου 2021 ·

We're always working hard to serve up the most amazing array of food at Project Armonia.

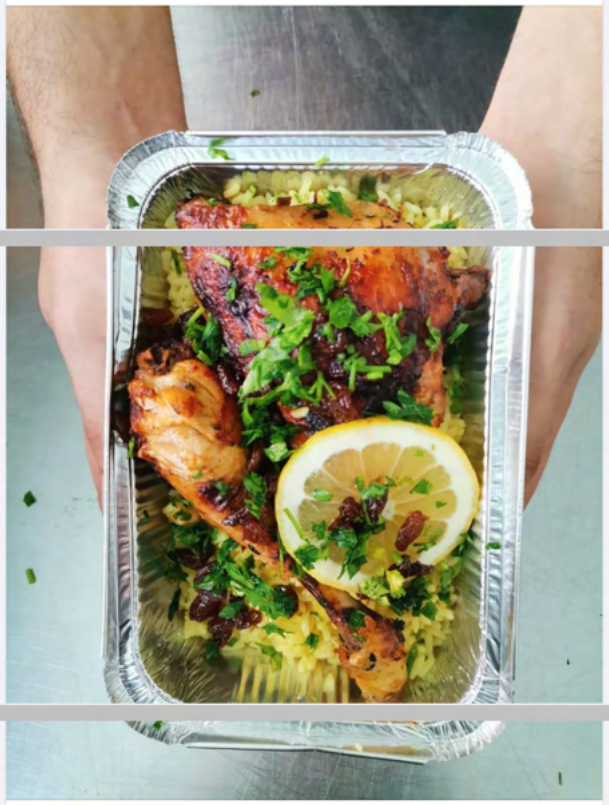
Access to healthy, nutritious and great tasting food is a basic human right, which has been denied to thousands of people living in refugee camps across the Mediterrenean generally, and in Samos particularly.

well-being, it is also vital for our mental well-being, providing us with energy to enjoy activities, attend school or work a full day.

Mahmoud was kind enough to share the recipe for this awesome Palestinian chicken with us, much to the delight to all of our guests.

You can help us serve this dish, and many other incredible ones by donating today! For as little as 10 EUR, you can cover the costs for 10 meals packed full of healthy, fresh ingredients!

https://www.projectarmonia.org/



17 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Ιουνίου 2021 ·

"Say it loud, say it clear, refugees are welcome here!"

Last night saw us and other actors across Samos to stand in solidarity against the reported pushbacks happening in the Aegean Sea and across the Mediterrenean.

This is part of three days of activism, organised by the Samos Open Assembly, with the aim of drawing people's attention to the allegations that have been made.

To find out more about pushbacks, please follow the link: https://www.amnesty.org/.../greece-pushbacks-and.../





21 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

A massive thank you to our donors, STELP - supporter on site for fitting out our kitchen with this amazing equipment!

Thanks to their generosity we've been able to make the following improvements to our free restaurant:

A new stove, which consumes fuel more efficiently and cooks through large quantities of food more evenly.

An industrial fridge, allowing us to rapidly cool cooked food and cut down on waste.

A chopping machine, helping us prep the huge quantities of vegetables we cook every day to serve our hundreds of guests.

A massive thank you to STELP for all of their support. Without your generosity we would not be able to do the work that we do!

To find out how you can support Project Armonia why not visit the link in our bio and learn more?

https://www.projectarmonia.org/



35 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

STELP - supporter on site · Ακολουθήστε

❤️❤️❤️

Thank you for your work.

Μου αρέσει! Απάντηση 1 χρ. 3

Project Armonia

Die Regisseurin Olivia Dehez hat einen neuen Dokumentarfilm „Griechenland: "Pushback" von Migranten?" gedreht.

Die Dokumentation thematisiert erstmals umfassend Pushbacks, in dem lokale Akteure der Ägäischen Inseln sowie Betroffene von Pushbacks interviewt werden.

Der Dokumentarfilm zeigt schockierende Statistiken über Pushbackraten seit 2020 auf, nach denen 300 Boote abgewiesen wurden, was vermeintlich 10.000 Menschen entspricht.

Erhältlich auf Deutsch, Italienisch und Französisch.

Folge dem Link in unserer Bio, um die Dokumentation anzuschauen.

https://www.arte.tv/.../griechenland-pushback-von-migranten/

Δείτε τη μετάφραση





ARTE.TV

Griechenland: « Pushback » von Migranten? - ARTE Reportage - Die ganze Doku | ARTE

11 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** ενημέρωσε τη φωτογραφία εξωφύλλου.

22 Ιουνίου 2021 ·



Nina Angousi και 28 ακόμη

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

22 Ιουνίου 2021 ·

We are looking for a Kitchen Coordinator to join the Armonia team!

If you love food and are eager to work in a community focused kitchen, then this is the ideal role for you!

To find out more about how to apply, please visit the link:
https://www.projectarmonia.org/work-with-us/

9 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

20 Ιουνίου 2021 ·

Today is World Refugee Day, and this year's theme is "Together we heal, learn and shine".

At Armonia we work hard to implement this message everyday. We believe that good food has the power to bring people together, forging links across languages and cultures.

This is at the heart of everything we do and we are enormously proud of our incredible team of volunteers who make this a reality.

Without them, we would not be able to do the work we do, and we would like to use this opportunity to express our gratitude for all of their hard work and dedication.

It is thanks to them that we have been able to seriously address food inequality in Samos, and slowly expand our capacity to provide more and more people with essential access to nutrition.

To find out more about World Refugee Day, please visit this link: https://www.pressenza.com/.../refugee-day-the-one-thing.../



29 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
18 Ιουνίου 2021 ·

It's Refugee Week, and today we bring your attention to COVID-19 and its disproportionate impact upon members of the refugee community.

Throughout the pandemic, though, the refugee community has faced continued marginalisation as they have been forced to stay inside completely inadequate and inhumane conditions.

At the height of the pandemic camp residents were forced to spend each day in cramped conditions, with the majority of camp residents having no access to running water or electricity.

These conditions compound the issues around mental health that we touched upon earlier this week, with many people being completely completely cut off from the outside world, with next to know opportunity to keep in touch with their loved ones back home.

Finally, these conditions are not safe places for people to spend any serious length of time, regardless of COVID restrictions.

The majority of people live outside the fences of the official camp, on a hillside known as 'the jungle'.

Here there is know running water or electricity, and with path to the showers is impossible due to the high risk of violence and sexual assault.

In addition to this, there is no official waste disposal system in the camp, meaning rubbish and refuse gather between people's tents, inviting rats, snakes and other vermin to plague the lives of camp residents.

During the pandemic the camp effectively became an open-air prison for months on end, with residents having no access to education, nutritious food, work, or any form of entertainment.

Whilst the restrictions across Greece are easing, members of the refugee community are still experiencing more severe issues in relation to COVID-19, such as more intense quarantine periods should they come in contact with an infected person.

To find out more about the COVID-19 restrictions, and how they have affected the refugee community, please visit the link: https://magazine.zenith.me/.../isolation-facilities...



12 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
17 Ιουνίου 2021 ·

It's Refugee Week, and today we bring your attention to the subject of pushbacks, which are illegal under international law.

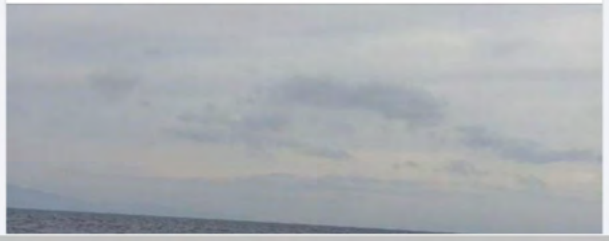
Pushbacks are a set of measures by which refugees are forced back over a border, without being given a chance to apply for asylum.

Should a pushback occur, it directly contradicts the European Convention on Human Rights, and breaks international law which states that all people have the right to claim asylum.

Frontex, the EU's Border and Coastguard Agency, has been taken to court this year following accusations of denying the rights of asylum seekers and enacting pushbacks in the Mediterrenan.

To find out more about pushbacks in general, and the accusations that have been levelled against Frontex, please follow the link:

https://www.theguardian.com/.../greece-accused-of...





11 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Ιουνίου 2021 ·

It's Refugee Week, and we are sharing information and articles all week to spread awareness about the problems faced by the refugee community in Samos specifically, and the Mediterrenean more generally.

Today we focus on the new camp that has been constructed on a remote hilltop in Samos, a two hour walk from the town of Vathy.

There is no indication as yet that there will be public transport available to the camp's residents meaning that, even if they are allowed to leave, they face a long walk to and from the town.

Armonia view this new camp as a failed solution to the humanitarian crisis that has been unfolding since 2015, with those responsible simply moving the problem out of sight.

Our fear is that this new camp will contribute to a further marginalisation of the refugee community.

For all of the failures of the current camp in Vathy, there is at least the opportunity for the camp residents to come into town, shop, and integrate a little into the local population.

The issues created by this new camp have not gone unnoticed by the local Samosian population either, with many feeling that the money spent constructing this camp could have been better invested on the island.

On Sunday 30th May, actors from across the island stood in solidarity with the refugee community to peacefully protest this new camp.

Our united voice was a simple cry for a more humane and sustainable approach to migration policy.

This is an approach that would be people first, facilitating integration and enabling people to find work and access education, as opposed to keeping them detained for years on end whilst they wait for a decision on their case.

For more information about the new camp and the protest, please visit



17 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
15 Ιουνίου 2021 ·

Over the course of Refugee Week we're sharing articles and stories to spread awareness of the issues faced by the refugee community in Samos and beyond.

Mental health has become a critical issue for the refugee community, with thousands of people facing a mental strain due to the inhumane conditions they are forced to live in.

The lengthy asylum procedure can last for years, meaning people are detained in dire conditions for inordinately long periods of time.

While waiting for a decision to be made on a case, there is next to no opportunity to find employment or access education, which keeps

people trapped in the camps day in, day out.

In addition to this, the refugee community on the Aegean Islands face discrimination and stigmatisation, with host communities regularly meeting them with hostility.

Issues around mental health have been compounded over the last year and a half with the introduction of COVID restrictions.

These have disproportionately affected the refugee community, with the camps being closed and movement severely limited for the most intense periods of lockdowns.

With limited access to psychiatric support for the refugee community, [illegible] suicide increasing drastically.

In April, a group of NGOs from Samos released a report into the mental health emergency on Samos, outlining the issues they had experienced in their work over five years.

This report also includes a set of recommendations, including mental and psycho-social service provision as well as dignified and humane living conditions.

To read the full report, please visit the link:
https://reliefweb.int/.../Mental%20health%20in%20Samos...



Nina Angousi και 10 ακόμη 2 κοινοποιήσεις

Γράψτε ένα σχόλιο...

Project Armonia
14 Ιουνίου 2021 ·

It's Refugee Week, and we will be sharing stories and information with you over the coming seven days.

Our aim is to spread awareness and understanding about the situation here on Samos, and across the Mediterranean.

As a food serving NGO, we thought nutrition would be a good place to start.

Project Armonia was established in 2019 to address the dismal failure to adequately provide sustenance to the refugee community on Samos.

A lot has changed since then, with Armonia growing in size as we welcome more guests to our free-restaurant.

But one thing remains the same - the camp's provision of food is completely inadequate.

The food packages given out are made up of partially defrosted, microwaveable meals. These are regularly well past their sell-by-date, home to maggots and mould.

In addition to this, there is no dietary provision for infants, pregnant women and sick people. Combined with the inordinately long asylum seeking process (2 years in some cases), malnutrition is rife among the refugee community.

Armonia sees access to healthy food as a fundamental human right and a crucial stepping stone to sustainable integration.

Without a balanced diet, it becomes impossible to study, work or do anything that requires energy and attention.

At Armonia, we are committed to ensuring this basic human right is provided for the refugee community on Samos, and we work tirelessly to serve healthy, nutritious food to those who need it most.

You can find out more about the work we do by following the link:

Better yet, you can support us this refugee week by donating today and supporting us in our mission.

With a donation of as little as 10 EUR, you can provide 10 amazing meals for our restaurant guests.





18 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
9 Ιουνίου 2021 ·

Last month, a team from Armonia took part in the Zero Hunger Run Challenge!

At Project Armonia, we believe that access to nutritional food is a fundamental human right, and we work tirelessly to ensure this right is met on the island of Samos.

We also believe that it is important to look beyond our immediate environment, and work with those organisations addressing the unequal access to food on a global scale.

As such, we wanted to show our support for Welthungerhilfe and the amazing work that they do by taking part in this fantastic initiative!

We also wanted to thank our amazing team of volunteers who came together to show their commitment to this cause; we're delighted to have been part of the 6,445 runners, helping to raise 124,000 EUR!

To find out more about the ways in which Project Armonia provides vital access to food, why not visit our website by following the link in our bio?





Nina Angousi και 24 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
8 Ιουνίου 2021 ·

We're delighted to be welcoming guests to our free-restaurant today!

Due to a positive COVID case within our team, we closed our doors for the last week to eliminate any risk of transmission.

Following a week of social distancing and regular testing, we are pleased to announce that we can continue in our mission to serve healthy and nutritious food to those who need it most!

A huge thank you to Just Action for all of their support over the past week, distributing food packages and ensuring our guests continue to have access to vital nutrition.

We're all excited to be back in the kitchen, and we're looking forward to keeping you updated on all of our news and developments throughout June and beyond!



23 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
8 Ιουνίου 2021 ·

This week, meet Germain!

"Hello, my name is Germain Ntambwe, I am 23 years old and I am from DR Congo.

I have been part of the Project Armonia Team for six months now.

I decided to volunteer my time to Armonia because I wanted to be part of a team and participate in developing a project that will serve the most vulnerable members of the refugee community.

Before coming to Samos, I studied computer sciences at the UPC university in Kinshasa. Unfortunately, I couldn't complete obtaining my bachelor's degree because I had to move to South Africa. Still, I continued my studies there in the field of Film and Television Production until I came to Samos.

able to volunteer for Project Armonia. Being able to learn new things

every day and exchange with people from different countries make Project Armonia a very special place!"





Nina Angousi και 19 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
4 Ιουνίου 2021 ·

May has been a busy month for all of us at Armonia!

Needless to say, we're incredibly proud of all our work and want to say a massive thank you to our amazing team of volunteers!

To catch up on all of news, why not visit our website and sign up to our newsletter?



13 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Άλμπουμ **No One Cooks Alone | Cookbook**

Project Armonia
3 Ιουνίου 2021 ·

Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa.

All the proceeds from the sale of this book will be invested directly into the running of our free-restaurant, helping us continue to cook healthy and nutritious food for the most vulnerable members of Samos' refugee community.

To order your copy and support Project Armonia, please visit the link: https://www.projectarmonia.org/





5 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Great cookbook xx

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
2 Ιουνίου 2021 ·

We are distributing new sustainable bags to our volunteers!

We regularly give out a lot of food and weekend packs to our community volunteers to take home and we decided to exchange plastic bags for a sustainable alternative!

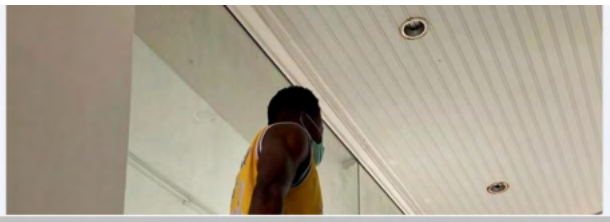
We're working hard to create more sustainable practices in all areas of our restaurant, and to do that we need your help!

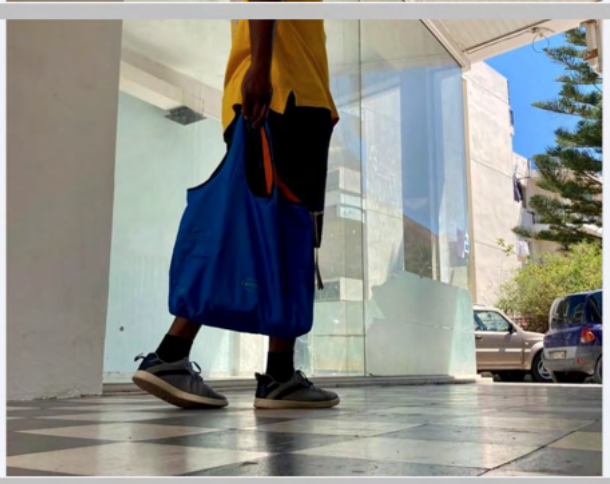
Our aim is to make meaningful and lasting improvements, not just within the refugee community on Samos, but within our ways of working.

This includes addressing the ways in which we impact the environment we all share: from where we source our food, to the packaging we use to serve it. We are always eager to implement improvements to make Project Armonia more sustainable.

Follow the link in our bio to find out more about the different ways in which you can support our team in our mission.

A huge thank you to Choose Love for donating our new sustainable bags and helping us become more environmentally friendly.





10 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Ιουνίου 2021 ·

We are distributing food packs to our community volunteers!

Unfortunately, last Friday a member of our team tested positive on COVID-19. As a consequence we decided to close the restaurant for 14 days.

We are currently practicing social distancing as a team accompanied by regular rapid testing in order to prevent the further spread of the

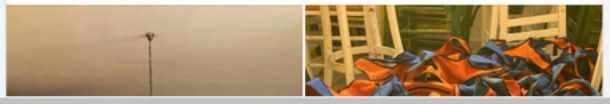
Lockdown restrictions and social distancing have serious impacts for our volunteers from the refugee community, who are required to self-isolate in inhumane and degrading conditions.

Where our volunteers were previously able to enjoy a warm, healthy and nutritious meal at Armonia, they must now take the completely inadequate food in the camp.

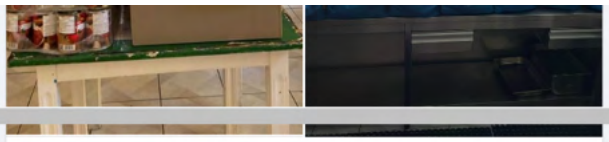
To support them, we are working hard to provide all members of our team with food packs with ingredients such as fruits, juice, vegetables and rice so that they might cook their own meals.

We want to express a huge thank you to our team for acting responsibly in this situation and staying at home.

We remain on hand to offer all the support we can and we will continue to update you of the situation as it develops.







22 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Anne van Dongen
Cyril Romann

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
31 Μαΐου 2021 ·

A massive thank you to Just Action for providing our restaurant guests with food packs!

Unfortunately, a member of our team tested positive for COVID-19 on Friday, and we have temporarily closed our free-restaurant for the next two weeks.

We take measures to prevent the risk of the spread of COVID-19 very seriously. As such, we are regularly testing all team members, contact tracing and practising social distancing.

All of our team members who were in direct contact with the infected person are self-isolating, and are also being supported by Just Action with food packs.

At the moment, no further positive cases have been confirmed. However, we continue to monitor the situation closely and will keep you updated on any developments.

For the time being we want to express our gratitude to Just Action for their solidarity and support.

Thanks to their help, we can continue to ensure that the most vulnerable members of the refugee community continue to receive the vital nutrition they need.



24 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
30 Μαΐου 2021 ·

On Sunday, 30th May, a peaceful protest was organised to demonstrate against the opening of the new refugee camp in Samos, and the EU asylum seeking process in general.

The Pan-Samian Peace Committee arranged a march from the location of the new camp, all the way to Vathy - a two hour walk in total - with

the intention of spreading awareness about these issues.

The objective of the march was to raise a unified voice against the inhumane treatment of refugees in Europe, resulting in thousands of people being trapped for years whilst they wait for a decision on their asylum seeking application.

Furthermore, the protest was an opportunity for the refugee community in Vathy to voice their frustration with the proposed plans of the new camp.

Whilst information about the new camp remains scarce, we believe the closure of the Vathy camp is the next step in further marginalising the refugee community, moving the problem out of sight as opposed to providing a meaningful solution.

We want to add our support to the refugee community and the Pan-Samian Peace Committee, advocating for a more humane asylum seeking procedure as well as the halting of new camp policy and a more meaningful alternative to detention.



28 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Μαΐου 2021 ·

On Sunday, our Founder, Jess, and Project Manager, Margherita spoke to Donate4Refugees about the situation on Samos.

Numbers in the current camp on Samos have been radically declining in the past year, decreasing by 72% since January 2020, according to figures from the UNHCR.

transfers, rejections on asylum claims, as well as reports of illegal pushbacks in the Aegean Sea.

This is all in preparation to move the camp on Samos to a remote hillside, that is a two hour walk from the nearest settlement.

Whilst information about the new camp is sparse, we are working hard to uncover as much as we can.

To hear our thoughts on the matter follow this link:
https://fb.watch/5JZYoch1Q2/





Nina Angousi και 23 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Μαΐου 2021 ·

Last night Med'EqualiTeam held a workshop on the COVID-19 vaccine.

COVID-19 has disproportionately affected the refugee community, with 1,000s of people being trapped in overpopulated camps with dismal sanitation facilities.

Similarly, lockdown restrictions have had a serious impact upon the camps' populations, leaving many people trapped day-in-day out in depressing and inhumane conditions.

We are therefore hugely relieved to learn that the vaccine for COVID-19 will soon be distributed on the Aegean Islands.

Thanks to Med'EqualiTeam, we have been able to provide our team of volunteers with accurate information about the vaccines that are available, enabling them to make an informed and balanced decision

We look forward to seeing the implementation of the vaccination programme, and will keep you updated as we go!



6 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
25 Μαΐου 2021 ·

Our team spent the weekend cooking up recipes from our new cookbook, No One Cooks Alone!

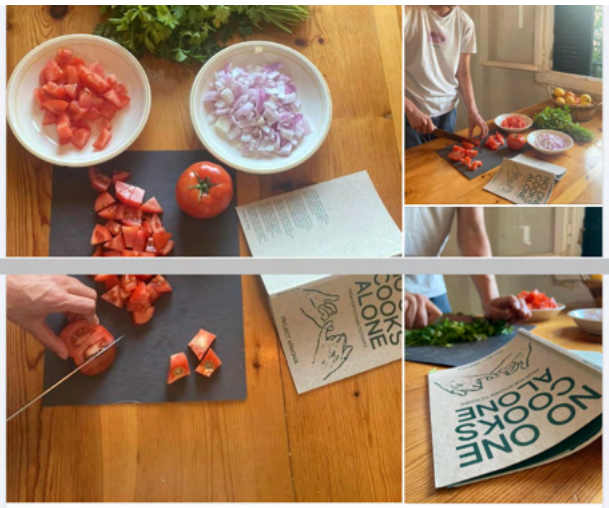
We made tabouleh, a Palestinian salad that's super quick and easy to prepare, as well as being perfect in this warm weather!

You can find out how to make this dish, and many others, by ordering your copy of No One Cooks Alone today - simply follow the link: https://www.projectarmonia.org/shop/

No One Cooks Alone is the Project Armonia cookbook, that pulls together recipes and stories from our community of volunteers; the recipes within are as diverse as our team, spanning continents from the Central Asian Steppelands to the West Coast of Africa.

All proceeds from the sale of this book will be invested directly into our free-restaurant, helping us in our mission to serve healthy, nutritious food to those who need it most.





16 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

This week, meet Murtadha!

"Hello, my name is Murtadha Basim, I am 24 years old and I am from Baghdad, Iraq.

I decided to work with Armonia because I wanted to be a part of this amazing team that helps to provide essential food to vulnerable people.

Armonia does a lot for refugees, and I wanted to volunteer to help the project succeed and achieve its goals and objectives.

I work in the kitchen as a chef and a food runner; I really love the work that we do here, and I am very happy to be part of this great group and work with these amazing people!

Before joining Armonia, I studied for a diploma in Tourism and Archeology and I also played for a football club back in Iraq.

I still love playing football and keeping fit."



25 6 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Murtada Basim
Nice
2

Μου αρέσει! Απάντηση 1 χρ.

Ali Aliraqi ···



Μου αρέσει! Απάντηση 1 χρ.

Murtadha Basim
Ali Aliraqi ···

Μου αρέσει! Απάντηση 1 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Γράψτε ένα σχόλιο...

Project Armonia ···
23 Μαΐου 2021 ·

Tune into Donate4Refugees today at 14.00 (UK Time), to hear Jess and Margheritta talk about Project Armonia, COVID and all things NGO related!



ΚΥΡ, 23 ΜΑΪ 2021
Voices from Samos | Jess & Margherita ☆ Ενδιαφέρομαι
Ενδιαφέρονται 24 άτομα

3

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia ···
21 Μαΐου 2021 ·

We're always working hard to make Armonia a lovely place to spend the day.

We believe it is important that our volunteers have a space where they feel safe, supported and relaxed whilst we work hard to provide 1,100 meals a day.

To that end, we've been digging in the garden, making furniture and pulling up weeds!

Now that the sun is shining, our team has a beautiful space at the back of our free-restaurant, where everyone can take a break from work, enjoy their lunch or have a cup of tea.

We've also been busy in the flower beds, planting tomatoes, herbs and spices, so that our volunteers can have some fresh produce to take home with them when the garden blooms!

We're looking forward to making the most of this space with the warmer weather and we're excited to see how our garden grows!





24 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
20 Μαΐου 2021 ·

Have you ordered your copy of No One Cooks Alone?

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To order your copy and support Project Armonia, please visit the link: https://www.projectarmonia.org/shop/



14 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
19 Μαΐου 2021 ·

Last night, a protest was organised in the centre of Vathy to stand in solidarity with the Palestinian community and the violence they have suffered over the past week.

They were joined by people from across the island, including locals, NGO workers and the refugee community.

We came together to voice our support for the residents of Palestine and to urge the international community to take a firmer approach in condoning the actions of Israel.

to the crowd and to stand arm in arm with those members of the Armonia family who are from Palestine.

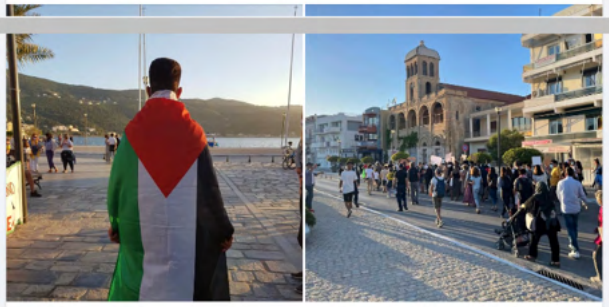
This past week has been exceptionally traumatic for many of our volunteers, who go to bed every night, fearing the safety of their family and friends.

This fear is compounded by the fact that our volunteers are trapped here, with no means to return home. Should the worst happen, they are unable to support their friends and family in their time of need.

Indeed, yesterday we were delivered the tragic news that one member of our community had had their family home destroyed, their brother losing his legs and dying a day later as a result of inadequate medical support.

Our thoughts and prayers remain with them today, and with the wider Palestinian community in their struggle, as we echo the words of Martin Luther King:

"Injustice anywhere is a threat to justice everywhere".



27 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
18 Μαΐου 2021 ·

Plans are underway to move the refugee community from the Vathy camp.

For the past year, construction has been ongoing to create a new camp, well outside Vathy, and a long distance from any other settlements.

This camp will be situated on top of a hill, far from any infrastructure and is a long walk on foot to any other communities, with no indication that there will be access to public transport.

The camp is rumoured to be able to accommodate up to 1,000 people, all of whom will be given substantial structures to live in that will offer significant protection against the elements, such as wind and rain.

Whilst the improved shelters are to be applauded, significant questions remain unanswered; namely who will be allowed to access the camp, how regularly people will be allowed to leave the camp, and what amenities will be available within the camp.

'quick fix' to the problems that have been created in the wake of the humanitarian crisis that began in 2015, and fears have begun to circulate that this new camp will effectively function as a prison.

Any attempt to simply move the problem to another area, keeping the refugee community out of sight can, in no meaningful way, be considered a pragmatic solution to a system that has robbed 1,000s of people of their basic human rights and kept them detained for years on end.

An approach is needed that seeks to properly and sustainably integrate the refugee community as opposed to further marginalising and avoiding the problem.

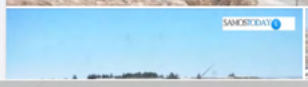
Although an official deadline for the move to the new camp has not been set, we continue to monitor the situation closely.

We are working hard to uncover as much information as we can, but details are scarce for the time being and we will keep you updated as more concrete, objective information becomes available.

Photo credit: Samos Today













35 7 σχόλια 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Moïsa Scarpa
Must be also far from the sea shores where people could until know appreciate the coolness at evening before going back to the camp and where children could have fun in the daytime playing on the beach and in the sea ...

Μου αρέσει! Απάντηση 1 χρ.

Sally Hyman
Nacht und Nebel
Night and fog
Disappearances

Μου αρέσει! Απάντηση 1 χρ.

Jacqui Hagen
Thank you for the updates.

Μου αρέσει! Απάντηση 1 χρ.

Essa Abdal
جزیره ها خود زندان است چی لازم برای زندان ساختن اینها ما به مدت ۳ سال میشود به جزیره لیسبوس زندانی هستیم حالا فرق نمیکند تا چند مدت دیگر خود به خود میمیرم از افسردهگی لازم نیست برای ساختن این زندانها

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

ابو جواد المكصوصي
اليونان شعب ودوله عنصريه

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amber Bauer
It's just depressing. 2

Μου αρέσει! Απάντηση 1 χρ.

Vanessa Marjoribanks
Amber Bauer substantial structures in an isolated prison without anyone external to bare witness to the situation. More than depressing. Especially given Greeces outwardly hostile refugees policies and practices at this time.

It's frightening.

Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη Amber B...

Γράψτε ένα σχόλιο...

Project Armonia
17 Μαΐου 2021 ·

This week meet Noori.

"My name is Abdulmajid Noori, I am 46 years old and I am from Kabul Afghanistan.

I have been working with Armonia since December 2020, and I worked as a chef in Tehran.

When I first heard there was an NGO on Samos I was very interested because I love cooking and I am excited to help people; I'm very happy to be working as a chef with Armonia and to be helping in the coordination of the project.

Armonia is a good team, and I am very happy to be working with this team to provide help and support for the refugee community."

team to provide help and support for the refugee community.



29 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής

Caron Nichols

At 46 year's old, that is so nice to hear you are part of Project Armonia xx

Μου αρέσει! Απάντηση 1 χρ

Project Armonia

14 Μαΐου 2021 ·

That's a wrap for Ramadan folks!

Throughout Ramadan we worked tirelessly to provide our guests with a range of delicious meals that they could enjoy once they broke their fast at the end of the day.

As always, we've been aided in this mission by our incredible team of volunteers, who have cooked up a whole host of incredible tasting dishes.

The Armonia team would like to extend an enormous thank you to our donors, whose generosity has enabled us to make this Ramadan a truly special occasion. Choose Love THREE PEAS help make a difference AASIA

Thanks to your hard work, kindness and commitment we have been able to cook with the most fantastic array of ingredients, such as chicken wings, goat, dates and black lemon, among countless others!

Thank you so much for your fundraising, we really would not have been able to mark this religious observance in the way we did without you.

Thank you, as well, to everyone who donated and made these fundraisers as impactful as they were.

Because of your generosity, we were able to make this Ramadan a truly wonderful occasion, not just for our team of volunteers, but for the 1,100 guests who come to our restaurant everyday.

Eid Mubarak!







Nina Angousi και 22 ακόμη 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
14 Μαΐου 2021 ·

We're hiring!

Project Armonia are looking for a hard working and committed individual to join our team and work as a Sous Chef in our free-restaurant.

In this role, you will play an integral part in helping serve delicious and healthy food to our restaurant's guests, as well as join a dynamic and diverse team working tirelessly to provide essential nutrition to those who need it most.

To find out more about this role, please email projectarmonia@gmail.com

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
14 Μαΐου 2021 ·

We're in search of a camera!

If you have, or know of anybody who has, a spare camera lying around, why not donate it today?

We work hard to bring our project to life in donor reports and on social media, and to do that we need to create stunning and engaging content.

With a camera, we can fully capture the impact your generosity has, attracting more donors and helping us expand the reach of our work.

If you are interested in donating a camera, then don't hesitate to get in touch! Please email info@projectarmonia.org





3 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
13 Μαΐου 2021 ·

Eid Mubarak!

It is the end of Ramadan, and we wanted to wish a joyous Eid al-Fitr to all those celebrating this religious festival.

We've been working hard throughout Ramadan to support all those fasting, cooking a series of special meals for our guests and volunteers to enjoy when they break their fast.

Yesterday we cooked a very special goat stew that we served with a pack of dates for all of our guests and the Armonia team.

Throughout Ramdan we have also been providing all of our volunteers with special food packs, full of ingredients for them to cook fantastic meals with their friends and family when they break their fast.

We would like extend a special thank you to all of our volunteers who have continued to tirelessly show up for work throughout Ramadan; we would not be able to do what we do without you!



Nina Angousi και 12 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
11 Μαΐου 2021 ·

It's Mental Health Awareness Week!

To do our bit to help spread awareness around mental health, we're sharing the Samos based report into the 'invisible' mental health emergency for asylum seekers.

This report was compiled by a group of NGOs on the island, and outlines the ways in which asylum seekers face serious threats to mental health through limited access to basic necessities, social exclusion, COVID-19, and the lengthy asylum seeking procedure; all of which combine with the impact and challenges of displacement.

The report draws on similar research made over the last three years, and demands fast action by the EU and Greek authorities to safeguard the mental health of asylum seekers.

There are also a set of recommendations, including mental and psycho-social service provision as well as dignified and humane living conditions.

Follow the link in our bio to read the full report.







19 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
10 Μαΐου 2021 ·

Yesterday was Europe Day; a day which commemorates peace and unity. In celebration of this occasion, Frontex - the EU Border Agency- announced the winners of its recent photo competition.

This competition sought to highlight 'cooperation with local authorities', 'frontier landscapes' and its 'helping hand at the border'.

This PR stunt is simply laughable; underneath the array of pretty pictures exists a dark and disturbing reality.

Over the past year, hundreds of illegal pushbacks have taken place on Greece's borders, costing the lives of refugees seeking safety, and putting at risk thousands more, and shaking our belief in 'EU values' to its core.

We stand side by side with other organisations that strive to uncover this disturbing truth, at a time when Frontex is undergoing extensive investigation for its involvement in illegal pushbacks.

We call on Europe - its citizens and politicians - to protect fundamental human rights and the rule of law.

Pushbacks are illegal. Stand up for refugees.



7 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
7 Μαΐου 2021 ·

It's Friday and we have cooked up another special meal for Ramadan!

Every Friday throughout Ramadan, we have been preparing some incredible meals for our guests to enjoy when they break their fast.

Today our chef AJ cooked up a lovely chicken stew from Sierra Leone, with aubergine and potato.

As you may know, we are exceptionally grateful for the hard work of THREE PEAS help make a difference who have been fundraising for us to provide these special meals during Ramadan.

A massive thank you to you and your team, as well as everybody who has donated to their campaign; your generosity has been greatly appreciated by all of our guests and volunteers.

To find out more about THREE PEAS help make a difference the amazing work they do, and how you can support them, please visit their page!



27 1 σχόλιο 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Looks amazing xx ❤️

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
6 Μαΐου 2021 ·

Have you ordered your copy of No One Cooks Alone?

This is the new cookbook from Project Armonia, bringing together recipes and stories from our free-restaurant.

The recipes within are as diverse and varied as our team, spanning continents from Central Asia to the West Coast of Africa.

All the proceeds from the sale of this book will be invested directly into the running of our free-restaurant, helping us continue to cook healthy and nutritious food for the most vulnerable members of Samos' refugee community.

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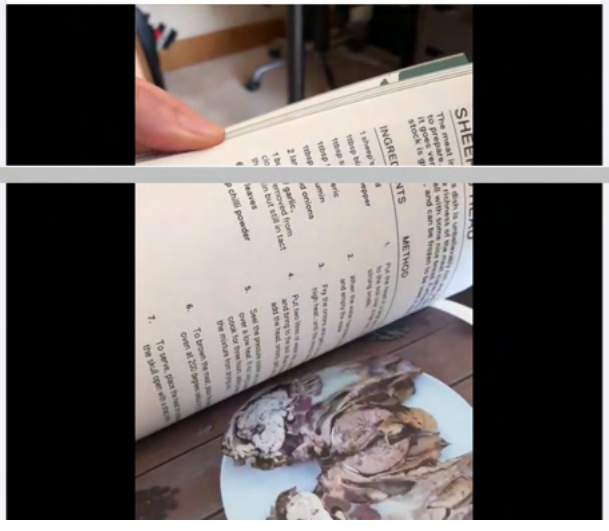
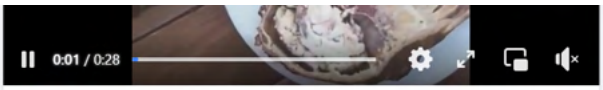




14 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
5 Μαΐου 2021 ·

We've set up a COVID testing station!

Following a small increase in the number of cases, we have introduced additional safety measures in the running of our free-restaurant.

We now provide each and every one of our team members with a weekly test. In doing so, we will be able to more quickly identify an outbreak of COVID, keeping our volunteers and guests as safe as possible.

We continue to monitor the COVID situation and will keep you updated of any developments.



44 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols

Μου αρέσει! Απάντηση 1 χρ.

4 Μαΐου 2021 ·

April was a great month for us at Armonia, with more guests, higher serving numbers and new vocational training!

If you're interested in knowing more about Armonia and our day-to-day operations, why not visit our website and sign up to our monthly newsletter?

https://www.projectarmonia.org/



19 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
...
Μου αρέσει! Απάντηση 1 χρ.

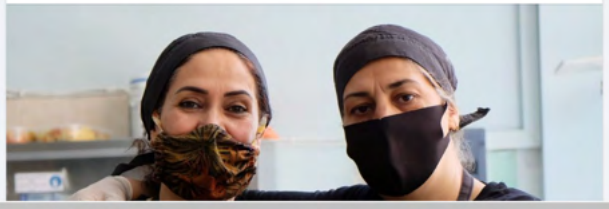
Project Armonia
...

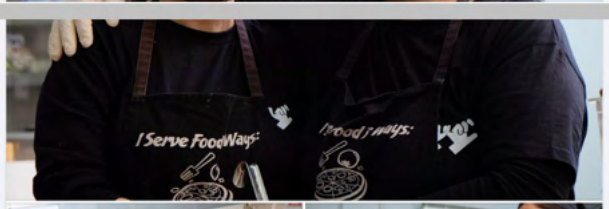
It's Ramadan, and to celebrate we've been cooking a range of special meals for our guests to enjoy when they break their fast.

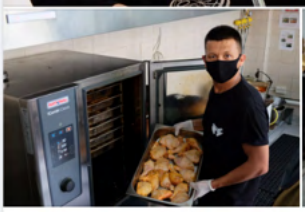
Today our chef, Noori, cooked up Quaboli, an Afghani dish made with chicken, raisins and carrot.

A massive thank you THREE PEAS help make a difference for supporting us throughout Ramadan, raising the funds for us to cook these amazing meals!

To find out more about this amazing project, and to support them in their mission, please visit their profile!









29 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
29 Απριλίου 2021 ·
...

A legal challenge has been filed by Legal Centre Lesvos against the Greek state at the European Court of Human Rights following "a shocking level of sophisticated inter-agency operations that form part of an illegal pushback strategy".

The lawsuit claims that the practice of pushbacks has become commonplace since March 2020; it is difficult to quantify exact figures, but journalists have recorded 100s of accusations over the past 12 months.

In at least one case, the EU Border Agency, Frontex, has been accused of covering up evidence of Greek pushbacks.

For more information, please follow the link:





THEGUARDIAN.COM

Greece accused of 'shocking' illegal pushback against refugees at sea

7 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
29 Απριλίου 2021 ·

It's Ramadan, and we're working hard to support all members of our community who are fasting.

With the help of Just Action we are distributing food packs to all of our volunteers throughout this period.

These packs are full of special ingredients for our volunteers to enjoy at the end of the day when they break their fast and cook for their friends or family.

We've been able to supply all of our team with cooking essentials, such as oil and rice, as well as fresh fruit, vegetables and some sweet treats!

A huge thank you to Just Action for supporting all of our volunteers throughout Ramadan and beyond.





Nina Angousi και 19 ακόμη 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

It's Pay It Forward Day today, a day which celebrates the positive impact of giving, and the ripples that acts of generosity create.

With one good deed at a time we truly can create a better world as the effect of our actions grow and evolve, benefiting people in unexpected ways!

If you feel like sharing the love today and having a meaningful impact upon people's lives, why not donate to Project Armonia today?

With a donation as little as 10EUR you can provide 10 healthy, nutritious and great tasting meals for as many as 10 people!

To donate, please follow the link: https://www.projectarmonia.org/



Nina Angousi και 18 ακόμη 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Απριλίου 2021 ·

We're expanding our capacity!

Since we opened in 2019, we have steadily increased our output to serve 1,100 meals a day.

However we're still keen to grow and to do that, we have been introducing new target groups, allowing more people to access our healthy, nutritious and great tasting food.

At the moment we cater to asylum seekers who are most in need. This includes; pregnant women, nursing mothers, disabled people, the elderly, medical referrals, minors, families and those no longer eligible to receive food in the camp.

We're working hard behind the scenes to further our reach and welcome more people to our free-restaurant, and we look forward to sharing our progress with you!



21 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Απριλίου 2021 ·

We've started computer classes with our volunteers!

At Project Armonia we work hard to provide our volunteers with vocational training and new skills that they can take with them when they move on from Samos.

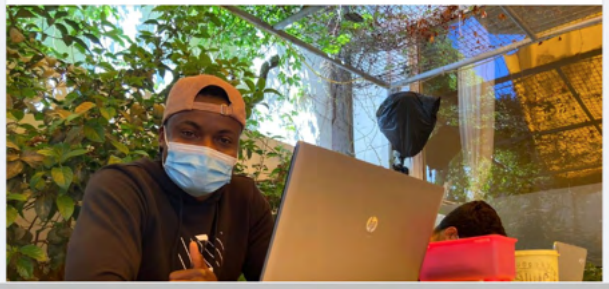
As such, we now provide computer classes for our volunteers who are keen to improve their digital literacy and become more proficient on the computer.

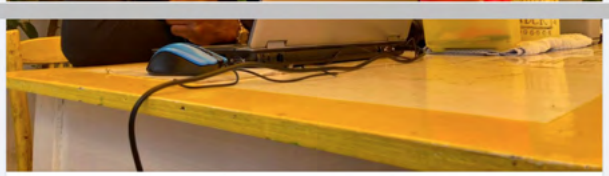
[redacted] sharing his computer skills with the wider Armonia team!

We're hoping to expand our vocational training capacity in the months ahead, so keep your eyes peeled to see our latest updates.

You can support us in our mission to increase our vocational training for our volunteers by following the link and donating today!

https://www.projectarmonia.org/





23 4 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Ali Iraker
Amnour, my friend, my beloved, may God protect you
Μου αρέσει! Απάντηση 1 χρ.

[redacted]
Μου αρέσει! Απάντηση 29 εβδ.

Ali Iraker
Μου αρέσει! Απάντηση 1 χρ.

Ali Iraker
Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

[redacted]

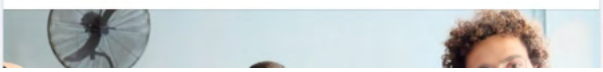
Project Armonia
23 Απριλίου 2021 ·

It's Ramadan, and to commemorate this religious observance, we've been cooking up a series of special meals for our guests to enjoy when they break their fast.

Today we served up Kafsa, an Arabic recipe, made with chicken, peppers, onion, ginger and bay leaves, lovingly prepared by Adel and Sanaa.

A huge thank you to THREE PEAS help make a difference for their fundraising efforts and supporting us through Ramadan!

Visit their page to find out more about their amazing organisation and the incredible work they do.





24 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
22 Απριλίου 2021 ·

Last week, NGOs based on Samos released a report on the 'invisible' mental health emergency for asylum seekers on Samos.

The report outlines the ways in which asylum seekers face serious threats to mental health through limited access to basic necessities, social exclusion, COVID-19 and the lengthy asylum seeking procedure; all of which combine with the impact and challenges from displacement.

The report draws on similar research made over the last three years,

the mental health of asylum seekers.

There are also a set of recommendations, including mental and psycho-social service provision as well as dignified and humane living conditions.

Follow the link to read the full report.



EUROPEMUSTACT.ORG

NGOs release new report on the 'invisible' mental health emergency for asylum seekers on Samos

19 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
21 Απριλίου 2021 ·

It is Ramadan, and many of our volunteers are fasting! To support them, we have been distributing special food packages.

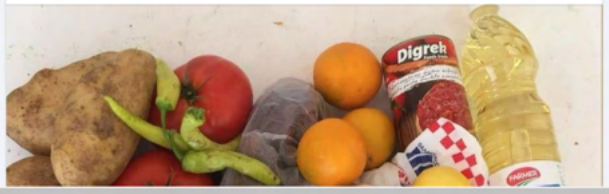
We wanted to express a special thank you to all of our amazing volunteers, who are still committed to the running of our free-restaurant throughout their religious observance.

Thanks to our team's dedication and hard work, we can continue serving 1,000 meals a day to those who need it most

To support our community through this period, we provided special food packages for our entire team, so that those fasting can stay fit and healthy, with good ingredients to prepare when they break their fast each day.

We will continue to support our volunteers throughout Ramadan, providing them with food packages and nutritious ingredients.

If you would like to support us in this commitment, please visit our website and donate today!





16 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
20 Απριλίου 2021 ·

We're recruiting volunteers!

If you're open to working in a fast-paced environment, with a large and diverse team, then why not become a volunteer with Project Armonia?

As a volunteer, you'll find yourself working in a variety of roles in our free-restaurant, from cooking nutritious meals to registering guests and supporting our incredible team.

You will be joining a dedicated team, who are united in their desire to serve warm, healthy and great tasting food to those who need it most.

For more information, please visit our website or email volunteering@projectarmonia.org



19 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Απριλίου 2021 ·

Our kitchen team has served up another delicious meal for our guests today in celebration of Ramadan! They prepared slow-cooked goat stew with dates and yogurt, served with basmati rice and fresh herbs!

Check out THREE PEAS help make a difference fundraiser for our

https://uk.virginmoneygiving.com/fund/threepeas6000meals



31 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
14 Απριλίου 2021 ·

Haven't managed to order a copy of 'No One Cooks Alone' yet? Check out the post below for the chance to win a copy!

Apriamo i Porti Bruxelles - Ouvrons les Ports Bruxelles produce a podcast 'The Timone' that tackles misinformation surrounding the refugee crisis. Check out episode 8 to hear from Adel and Margherita, currently volunteering at Project Armonia!



Apriamo i Porti Bruxelles - Ouvrons les Ports Bruxelles
9 Απριλίου 2021 ·

⛵🎧 Avete già seguito la pagina Instagram del nostro podcast "Il Timone"?

🎁 Correte, perché c'è una sorpresa per voi!

I nostri amici di Project Armonia - ONG che offre pasti alle persone vulnerabili sull'isola di Samos - hanno lanciato il loro primo libro di cucina!

"No One Cooks Alone" raccoglie ricette provenienti dai paesi d'origine dei volontari della comunità di Samos, come l'Asia Centrale, il Medio Oriente e l'Africa. I proventi della vendita del libro finanzieranno le attività di Project Armonia, che abbiamo raccontato nell'episodio "Isolati sull'isola, UE e Turchia arenati a Samos" (disponibile qui: https://www.spreaker.com/show/il-timone).

Per festeggiare, abbiamo deciso di mettere in palio una copia di "No One Cooks Alone" per i nostri followers!

Partecipare è semplicissimo! Ecco le istruzioni:
- Segui la pagina Instagram de Il Timone (https://www.instagram.com/iltimonepodcast/) e Project Armonia (@projectarmonia).
- Scrivi un commento a questo post taggando due dei tuoi amici ai quali cucineresti i piatti del libro
- Spediamo in tutta Europa!

Il giveaway si chiude sabato 17 Aprile 2021 alle 23.59. Il vincitore/trice verrà annunciat* domenica 18 Aprile!

Δείτε τη μετάφραση

12 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
13 Απριλίου 2021 ·

Ramadan Mubarak!

Today marked the first day of Ramadan- the ninth month of the Islamic calendar and the month of holy fasting.

To commemorate this special occasion, we prepared a special dish. Masoumeh and her team prepared a traditional Iranian recipe - a chicken stew with dried limes, split peas, and vegetables. Throughout the upcoming month, we will be continuing to provide special meals and sweet treats for all our guests!

We wish everyone a happy and peaceful Ramadan!



39 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Άλμπουμ **No One Cooks Alone | Cookbook**

Project Armonia
12 Απριλίου 2021 ·

Order your copy of our recipe book today!

The recipe for this sweet treat was contributed by SimSim, one of our former volunteers.

Basbousa is a sweet Somali dish that is delicious, as well as quick and

To find out how to make this dish and many more from the Central Asian Steppe Lands, the Middle East and Africa, order your copy of No One Cooks Alone today by following the link below!

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

https://www.projectarmonia.org/product/no-one-cooks-alone/



15 2 σχόλια

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Natasha Milne
How much for delivery to UK? For perhaps 4 copies?

Μου αρέσει! Απάντηση 1 χρ.

Συντάκτης
Project Armonia
Hey Natasha! Delivery is included in the price of each book 🙂

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
11 Απριλίου 2021 ·

This week meet Bartolo!

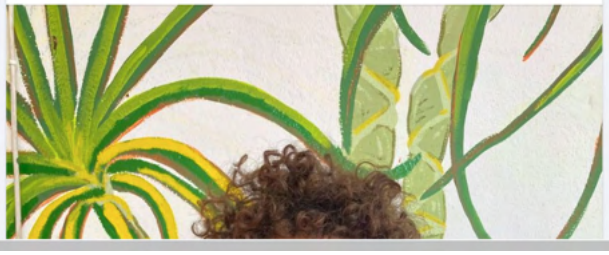
"I'm Bartolo, 25, From Modica a little town of Sicily, Italy.

Before coming to Samos, I was studying at the University of Gastronomic Sciences of Pollenzo in Italy, where I've learned to see food as a social connector and an instrument to connect with other people and therefore with our planet.

I decided to come volunteer for Armonia because I wanted to give my contribution to fight the dehumanizing conditions of the migration crisis that Europe is facing, and foremost to get to know different cultures.

In the project, I'm the Kitchen Coordinator, I manage the daily operation in the kitchen and work hand in hand with the chefs to ensure nutritious and culturally appropriate food to our guests. My favorite activities are the educational workshops we organize with all our volunteers.

I love to be part of Armonia team because every day is a new discovery. It never gets boring and our team is made of the most lovely people on earth, even though I cannot communicate with most of them because of our language barriers, I constantly learn from them how to be more human."





27 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

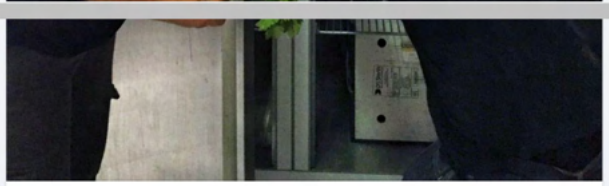
Γράψτε ένα σχόλιο...

Project Armonia
9 Απριλίου 2021 ·

A massive thank you to STELP - supporter on site for providing us with a brand new industrial fridge!

This donation has enabled us to store more food at chilled temperatures, helping us enormously as we seek to expand our daily serving capacity in the Armonia restaurant 🍽





22 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols

👌

Project Armonia
9 Απριλίου 2021 ·

Our friends over at THREE PEAS help make a difference are fundraising for our restaurant this Ramadan!

Starting next week, we will cook special meals to mark the start and end of Ramadan, as well as throughout the month, and provide sweet treats for all our guests!

This is possible due to the support of our partners. To check out the THREE PEAS help make a difference fundraiser, see below 💚



THREE PEAS help make a difference

6000 MEALS 💚💚💚
At the end of Ramadan 2020, Three Peas in partnership with Project Armonia were able to provide a special Eid al-Fitr (the festival of breaking of the fast) meal to 800 refugees in a camp in Samos.

This Ramadan we want to go bigger and further. Our target is to provide a meal to 1000 people of the refugee community every Friday as well as on the first and last day during Ramadan. To make this a reality we have a target of £5,500 to raise.

Please donate what you can @ http://Virginmoneygiving.com/fund/threepeas6000meals

Take a look at the great root level work undertaken by https://threepeas.org.uk and https://www.projectarmonia.org

Photo credit @Mauro Scattolini MauroS Photography

#lovewithoutborders
#humanity
#refugees
#Samos
#fundraisingforacause
#threepeashelpmakeadifference
#hope
#ramadan2021
#helpwhereyoucan
#greenisthecolorofhope

10

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
6 Απριλίου 2021 ·

We're recruiting volunteers!

and diverse team, then why not become a volunteer with Project Armonia?

As a volunteer, you'll find yourself working in a variety of roles in our free-restaurant, from cooking nutritious meals to registering guests and supporting our incredible team.

You will be joining a dedicated team, who are united in their desire to serve warm, healthy and great-tasting food to those who need it most.

For more information, please visit our website or email

volunteering@projectarmonia.org





26 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Άλμπουμ **No One Cooks Alone | Cookbook**

Project Armonia
1 Απριλίου 2021 ·

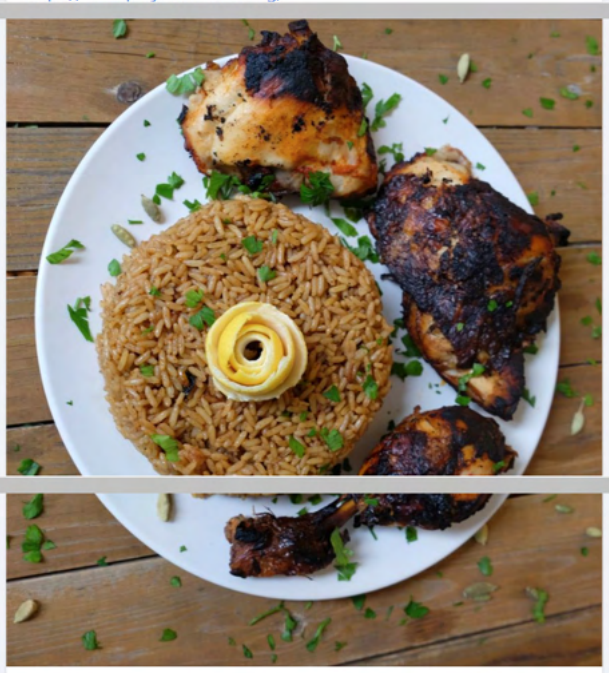
This Palestinian Chicken dish is amazing and comes from Yahya, one of the chefs at Armonia who has been with us since we opened.

We loved making this recipe, and it is incredibly tasty!

Find out how to make this dish and many others by visiting our website and ordering your copy of No One Cooks Alone today!

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

https://www.projectarmonia.org/



Nina Angousi και 26 ακόμη 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Απριλίου 2021 ·

It's been another great month for us at Armonia, with increased

If you're interested in learning more about Armonia and our news, why not visit our website and sign up for our monthly newsletter?



14 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
31 Μαρτίου 2021 ·

We've completed our basic first aid training!

Over the weekend, Med'EqualiTeam were kind enough to lead us in a first aid workshop, taking us through medical essentials, such as CPR and dressing wounds.

A huge thank you to Med'Equali Team for their time, everyone found the workshop enormously informative and practical.

We're always keen to expand our vocational training at Armonia, and we are looking forward to scheduling further first aid workshops, so that the wider Armonia team can learn these vital skills.



El Yas και 23 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

Meet Mohammed! He's one of the head chefs at Project Armonia, and is an integral member of our team.

With his and many others' hard work, we serve food to the most vulnerable members of the refugee community in our free-restaurant.

Recently, we released a cookbook, showcasing some of our volunteers' favourite recipes from their home countries.

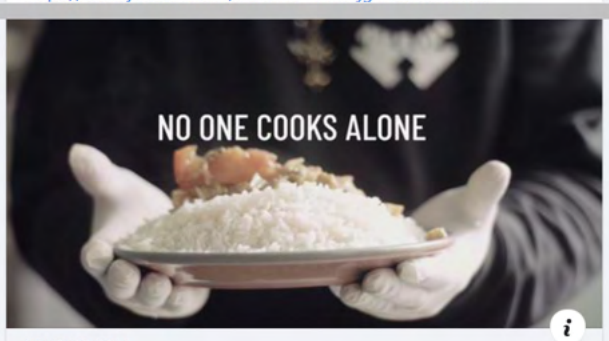
The recipes within this book are truly reflective of the diverse team at Armonia, spanning continents from the Central Asian Steppe Lands all the way to the Middle East!

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

To order your copy today, visit our website and support us in our mission.

https://www.projectarmonia.org/shop/

https://www.youtube.com/watch?v=b14Wjg9NtVs&t=26s...



YOUTUBE.COM

No One Cooks Alone - Mohammed D Interview

An interview with one of our head chefs.

15 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Άλμπουμ **No One Cooks Alone | Cookbook**

Project Armonia

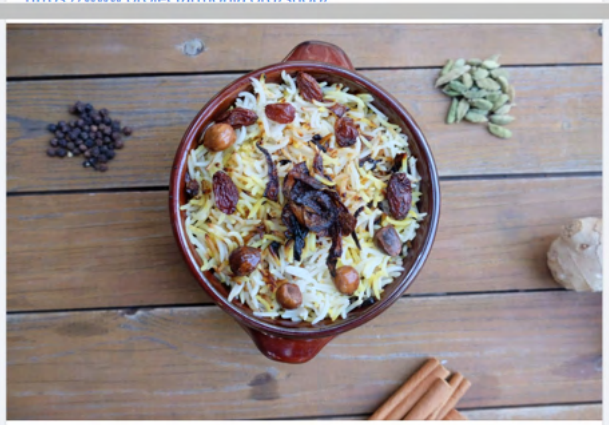
29 Μαρτίου 2021 ·

This is a traditional Yemeni dish called 'arz bil-muka-sarat. It is typically enjoyed on celebration days, but it's great on any day of the year - it is one of our favourites at Project Armonia!

Find out how you can make this dish, and many other amazing ones by visting and ordering your copy of No One Cooks Alone today!

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

https://www.projectarmonia.org/shop/



12

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
29 Μαρτίου 2021 ·

On Saturday we gave our first Sourdough Workshop!

We're always keen to expand our vocational training at Armonia, and work hard to provide as many classes for our volunteers as possible.

Bartolo and Safiye are the latest additions to the Armonia Team, and have both recently graduated from The School of Gastronomic Sciences.

They love sourdough, and were kind enough to teach a few of our chefs how to make sourdough, and prepare some amazing snacks, such as cinnamon buns and pizza!

Everyone was delighted with the workshop, and our chefs can now

We'll be posting Bartolo and Safiye's sourdough instruction pack soon, so keep your eyes peeled!



33 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Julia Minder
Simon Bader

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
26 Μαρτίου 2021 ·

Do you love food? Are you interested in diverse cultural cuisines? If so,

We've just released our cookbook, which pulls together recipes from our volunteer's home countries.

The recipes within are enormously varied, spanning continents from the Central Asian Steppe Lands all the way to the West Coast of Africa!

If you are keen to learn more about different ways of cooking from around the world, then this is the book for you!

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

To order your copy today, please visit our website:
https://www.projectarmonia.org/shop/





Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Άλμπουμ **No One Cooks Alone | Cookbook**

Project Armonia
25 Μαρτίου 2021 ·

This beautiful dish is great as a side or to be brought along to picnics in the summer!

It's called Tabouleh, and is popular throughout the Middle East and along the Mediterranean.

Find out how you can make it, by visiting our website and ordering your copy of No One Cooks Alone today!

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

https://www.projectarmonia.org/



10 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
24 Μαρτίου 2021 ·

If you have an old mobile phone that is still working, why not donate it to Project Armonia?

Mobile phones are a necessity in the smooth running of any organisation, and with such a large community, it is important that we can stay in touch with all of our volunteers, keeping them updated on

Beyond this, mobile phones provide a vital link between our community volunteers and the outside world, enabling them to contact loved ones, stay on top of current affairs and track their asylum seeking applications.

However, living in the camp, it is difficult to look after one's valuable possessions, and the risk of theft or water damage is extremely high.

As such, we would be enormously grateful for any second hand phones that could be donated to support our community volunteers should the need arise.

If you are interested in donating your phone, please contact us today

on projectarmonia@gmail.com

Have you got an old mobile phone just lying around?



Why not donate it today? Project Armonia

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Άλμπουμ **No One Cooks Alone | Cookbook**

Project Armonia
23 Μαρτίου 2021 ·

We've released a Project Armonia Cookbook, No One Cooks Alone!

This book will pull together recipes from some of our community volunteers, spanning continents from the Central Asian Steppe Lands, the Middle East and Africa.

The recipes within our incredibly special, being chosen by our chefs as dishes that best represent their home countries.

All proceeds from the sale of this book will be coming straight back to our community kitchen, helping us expand our operations and further the reach of our delicious and nutritious food!

Now available for order! Simply visit our website to find out more!

https://www.projectarmonia.org/



29 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
22 Μαρτίου 2021 ·

We're hiring!

We're hiring!

Project Armonia are looking for an organised and charismatic individual to join us as a restaurant coordinator.

We are looking for an organised individual who understands the daily requirements of a busy restaurant/takeaway.

We are a people-centric organisation, as such it is essential that candidates are team players, with strong abilities to communicate and lead with sensitivity and patience.

To find out more, please visit our website:
https://www.projectarmonia.org/

Or email projectarmonia@gmail.com



18 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
17 Μαρτίου 2021 ·

Have you had a chance to visit our new website yet?

We're keen to keep you updated with all the latest news from our beloved project; as such, you'll find a blog section, full of stories and events in the life of Project Armonia!

Follow the link to see what we've been up to, have a read of our news and a scroll through our photos.

https://www.projectarmonia.org/

Our latest blog posts



Weather on Samos

When I first came to Samos in September last year, I was unprepared for how severe the cold

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Μαρτίου 2021 ·

At Project Armonia, we believe access to healthy, nutritious and warm food is a fundamental human right; a right which has been denied to thousands of people living in the refugee camp on Samos.

This is the foundation of everything we do and has been our guiding philosophy ever since we opened our free-restaurant in 2019.

Since then, we've steadily increased our capacity and now serve over 1,000 guests daily, providing pregnant women, nursing mothers, disabled people and the elderly with the vital nutrition they need.

However, we're working hard to expand, and ensure that more people have access to the food our team of chefs prepare and cook daily.

To do that we need your help; visit our website to discover the various ways in which you can support us!

https://www.projectarmonia.org/



Nina Angousi και 36 ακόμη 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

15 Μαρτίου 2021 ·

This week, meet Abdali!

"My name is Mohammed Hasan Abdali, I'm 32 years old and from Yemen.

Having studied Biomedical Engineering, I worked as a customer service engineer for three years and in medical marketing for one year.

When I first came to Samos, I had a nihilistic perspective on life, seeing life as meaningless in our struggle for survival.

Since working here, I've come to see the goodness in life, and that we create our own meaning by helping people.

As one my favourite philosophers Nietzche says: "I was in darkness and I took three steps and found myself in paradise, first a good thought, the second a good word, the third a good deed."

I see access to food as an urgent mission for humanity to create balance and equality, from which we can support people to seek education and peace.

I've been working with Armonia for one year now. I help with the organisation and administration, helping register and receive our guests when they come to pick up their food.

I really believe in Armonia and the work we do to help the people on Samos, and I am excited to see our founders do this in other places too - I'm just delighted to be a part of this achievement."





Nina Angousi και 85 ακόμη 14 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Inês Matos
Amazing work!! **Anmar Abdali**, we can tell you're a reader
Μου αρέσει! Απάντηση 1 χρ.

Paul Thomas
Hi Abdali. Always the philosopher. Good to see you're looking well and helping others as usual.
Μου αρέσει! Απάντηση 1 χρ.

Pam Compton
Fantastic work. Stay safe and well xx
Μου αρέσει! Απάντηση 1 χρ.

La Vinia
❤️❤️❤️
Μου αρέσει! Απάντηση 1 χρ. Τροποποιήθηκε

Natasha Milne
❤️❤️❤️❤️❤️
Μου αρέσει! Απάντηση 1 χρ.

Fiona Wolownik
❤️❤️❤️❤️
Μου αρέσει! Απάντηση 1 χρ.

Anmar Abdali
😍😍
Μου αρέσει! Απάντηση 1 χρ.

Grace Pedersen
Lovely❤️❤️
Μου αρέσει! Απάντηση 1 χρ.

Wiebke Wonka
Great work, Abdali!!!!!
Μου αρέσει! Απάντηση 1 χρ.

Gerrit Eijzenga
You are great **Anmar Abdali** 😁
Μου αρέσει! Απάντηση 1 χρ.

Linus Müller

nice<3

Μου αρέσει! Απάντηση 1 χρ.

Nima Moradi
Josie Fgrn Adriana Parejo do u remember I told u, I will take him to Armonia 😜now u can see

3

Μου αρέσει! Απάντηση 1 χρ.

Adriana Parejo
Haha yes I remember! **Anmar Abdali** Armonia is

Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη Nima M...

Γράψτε ένα σχόλιο...

Project Armonia
11 Μαρτίου 2021 ·

A key role in the smooth-running of our restaurant is the registration team.

The registration team is responsible for welcoming our guests, distributing the amazing food that is cooked in our kitchen and making sure everyone receives the food that they need.

It's no mean feat keeping track of the 1,000 guests that come to our restaurant everyday, and we would simply be lost without the amazing work of the registration team!

It is thanks to their organisation and administrative skills that we're

However, to do that we need your help! Visit our website to find out about all the different ways you can support our project.

https://www.projectarmonia.org/



14 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
10 Μαρτίου 2021 ·

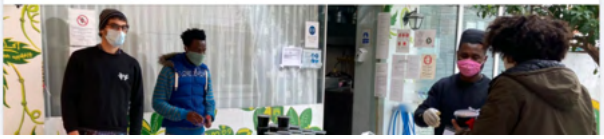
A huge thank you to our friends at Just Action!

As a result of their generosity, we've been able to distribute over 900 hygiene packs to our guests alongside our healthy and nutritious meals.

These hygiene packs contained essentials, such as shampoo, soap and toothpaste, and were enormously appreciated by everyone who visited the restaurant.

Of course, we've been closely with Just Action over the past few months, and these hygiene packs are just one of the amazing ways our organisations have come together to support the refugee community on Samos.

Watch this space to keep up to date with all of our work, and follow Just Action to find out more about their amazing project!





27 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
9 Μαρτίου 2021 ·

Thank you to our amazing team for all of their hard work!

A guiding principle in Project Armonia's mission is working with (not for) the refugee community.

Indeed, our team of 40 volunteers comes predominantly from the refugee community itself, using their skills to provide our guests with a taste of home in an unfamiliar place.

Our team is at the heart of everything we do, whether it's devising delicious menus, or recommending new ways of working in our fortnightly meetings, we would be lost without them.

It is a direct result of their commitment that we have been able to steadily increase our capacity to over 1,000 meals a day.

However, we're working hard to expand our reach, and for that we need your help!

Follow the link to donate today; every little helps, and with a donation of just 10 EUR, you can help us provide 10 healthy and nutritious meals to the most vulnerable members of Samos' refugee community.

https://projectarmonia.org/





35 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
8 Μαρτίου 2021 ·

It's International Women's Day!

Life in Samos' refugee camp can be degrading, depressing and dangerous for all residents,

Nowhere is this more acutely felt than in Samos' female refugee population, who face severe threats of gender based violence and inadequate access to proper healthcare.

Project Armonia works tirelessly to create a safe space for women. Whether it's ensuring pregnant women and nursing mothers get the nutrition they need, or championing our female volunteers, we are committed to supporting and promoting the rights of women.

Despite this, we are limited in the reach of our work. What is needed is a renewed and humane approach to immigration in Europe; an

approach that does not trap women in unsafe conditions, but treats them as people and protects their dignity.



23 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
8 Μαρτίου 2021 ·

We've launched our new website!

Follow the link to hear our latest stories, see some new photographs and find out more about our beloved project!

We're delighted with the new page and the fresh new look; a massive thank you to everyone who has helped us in the set up.

PROJECTARMONIA.ORG
Project Armonia
Non-profit organisation providing vital nutritious
the Greek island of Samos.

14 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
5 Μαρτίου 2021 ·

A huge thank you to all of our amazing team members this week!

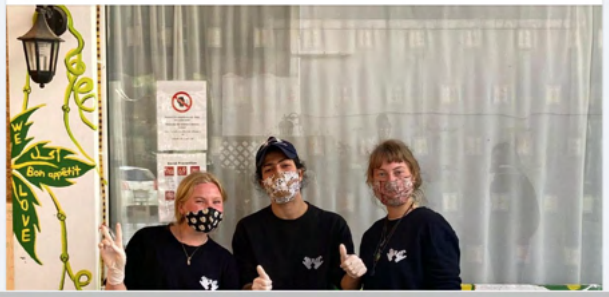
It's been a challenging week, with new COVID-19 regulations meaning we have been operating with a reduced team.

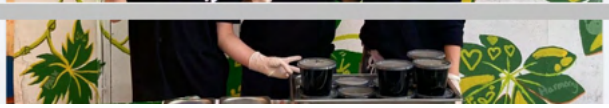
Despite this setback, we have been continuing to meet our targets, serving upto 800 meals today!

dedication from our incredible team, so a huge thank you to all of you!

A special thank you to Samos Volunteers who have provided us with additional volunteers throughout this period that we are understaffed.

We remain committed, as ever, to serving food to those who need it most, particularly during this trying time, and we will continue to keep you posted on our work.







21 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
4 Μαρτίου 2021 ·

We're working hard in our kitchen, as always!

Having closed on Monday to assess the new COVID-19 restrictions, we [redacted] prevention measures in place.

Since then, we're been serving 800 meals a day, with 965 guests coming to our free-restaurant today.

We remain committed in our mission to serving healthy, nutritious and delicious food to those who need it most.

With the new lockdown measures in place, it is once again the refugee community who have the most to lose.

Foot traffic into the town is limited to two hours a day, and only then for essential reasons. In addition to this, the camp authorities are operating a strict 'one-in one-out' policy at the camp entrance, leaving many residents trapped in dire and degrading conditions until the lockdown eases.

We are providing support wherever we can, namely ensuring the most vulnerable members of the refugee community continue to receive the vital nutrition that they need, and we will keep you updated of the situation as it progresses.



32 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
2 Μαρτίου 2021 ·

We went from strength to strength in February, building out our team, diversifying our meals and steadily increasing our daily serving numbers.

Needless to say, we're delighted with the numbers, and are keen to [redacted]

To do that, we need your help! Donate today via our website and help us in our mission to serve warm, healthy, nutritious food to those who need it most.

https://projectarmonia.org/





9 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
2 Μαρτίου 2021 ·

Project Armonia has opened today, in line with new COVID-19 restrictions.

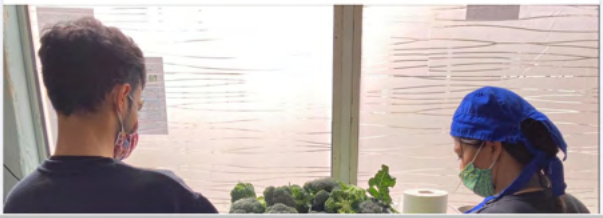
We have reduced our team size, asking only volunteers who live outside the camp to come into work since the 'one-in one-out' policy at the camp entrance makes it infeasible for camp residents to commit to a day-long shift.

Despite this set back, we remain committed to serving food to the most vulnerable members of the refugee community on Samos.

this to our guests during this time of crisis would only exacerbate the dire situation that has been forced upon the refugee community.

With foot-traffic in town being limited to two-hour essential trips only, it is the camp residents who bear the brunt of this lockdown, as they are effectively trapped in degrading and inhumane conditions.

Project Armonia remains on hand to offer support in whatever capacity we can, providing warm, nutritious and healthy food in this trying time, and we will continue to keep you updated as the situation develops.





19 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Μαρτίου 2021 ·

This week, meet Alpha!

Sierra Leone, West Africa.

I've been working with the Armonia project since 2019. I arrived here on Samos on 20th October, 2019.

I studied business administration at university in Sierra Leone where I obtained my bachelor's degree.

I decided to work with the project because I wanted to be part of a team that helps provide essential food supplies to vulnerable people,such as aged the elderly and pregnant or breastfeeding women.

This project does a lot for refugees, so I choose to volunteer and put my best into helping the project achieve its aim and objectives.

I work in the kitchen and also as a food runner's man. It's a huge project and I love working here."



Nina Angousi και 29 ακόμη 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Μαρτίου 2021 ·

The island of Samos has once again entered lockdown due to an increase in the number of COVID-19 cases.

A strict lockdown is in place, with people being allowed out for essential reasons only and a curfew of 18.00.

Project Armonia closed for the day (Monday 1st March), while we scoped out the feasibility of working under the new restrictions.

We are monitoring the situation closely, taking each day as it comes to see whether or not we will be able to serve food to those who need it most.

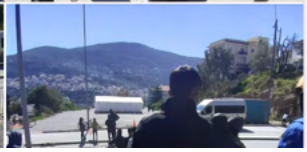
Once again, with lockdown restrictions increasing in severity, it is the refugee community who will be most adversely affected.

The camp authorities have restricted foot traffic to and from the camp, meaning thousands of people will be trapped in the camp's dire conditions until the lockdown comes to an end.

We remain on hand to offer whatever support we can and we will continue to update you of the situation as it develops.









34 7 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Janice Brown
It is the same here on Lesvos... Lockdown is difficult for everyone..
Here on Lesvos some NGO's are being allowed to carry on working within the camp due to working close with the residents of the camp that are volunteers..

Μου αρέσει! Απάντηση 1 χρ.

Amber Bauer
I'd heard there are four COVID cases within the Vathy Camp. Do you know any more? For those testing positive, where are they isolating? Many thanks ❤️

Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη Amber B...

Γράψτε ένα σχόλιο...

Project Armonia
26 Φεβρουαρίου 2021 ·

We've been busy behind the scenes!

For the past few months, we've been working tirelessly as a team to bring you a very special project, which we're super excited about!

Needless to say we're looking forward to sharing it with you in the next few days!





13 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
25 Φεβρουαρίου 2021 ·

We've been working hard behind the scenes for the past few months, to share something very special to share with you!

Watch this space to find out more in the coming days!



Nina Angousi και 31 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
24 Φεβρουαρίου 2021 ·

It's no mean feat cooking 1,000 meals a day, and it's a task that requires a lot of organisation and commitment.

volunteers from the refugee community itself.

As a restaurant that serves food to the most vulnerable members of the refugee community, the kitchen team is integral to our mission.

To minimise the workload whilst being prepared for the lunchtime rush, we've found it easiest to split the kitchen shift in two.

The first shift begins the afternoon before, with the head chef and their team washing, peeling and chopping all the vegetables to be used the next day.

The second shift is on the morning the meal is to be served, and thanks to the prepping from the afternoon before, the ingredients just need to be combined and cooked!

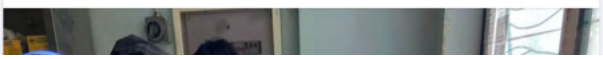
Our kitchen team really does an amazing job at Project Armonia, and we wouldn't be able to do what we do without them!

However, we're keen to expand our capacity, and for that we need you support!

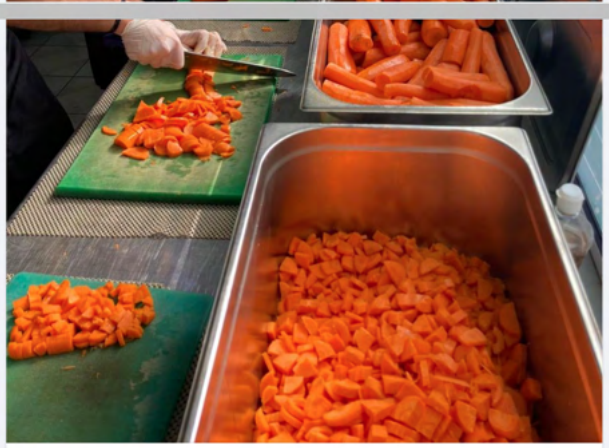
Every little helps, and with a donation of just 10 EUR, we're able to

To donate, and find out about other opportunities to support us, please visit our website.

https://projectarmonia.org/







36 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
23 Φεβρουαρίου 2021 ·

It's been a busy few days in the Armonia kitchen!

We're steadily increasing our capacity with each week that passes; needless to say, we couldn't do this without our amazing team of volunteers, such as the food packing team in action here!

The food packing team is responsible for portion sizes and communicating with the chef, so that we always have hot food ready to be served to our hundreds of guests.

It's a vital function in the Armonia kitchen that keeps everything ticking along as we serve up to 1,000 meals a day.

your support!

Every little helps, and with a donation of just 10 EUR, we are able to provide meals to 10 people.

To help us provide warm, healthy and nutritious meals to the most vulnerable members of the refugee community, donate today by visiting our website.

https://projectarmonia.org/



Nina Angousi και 19 ακόμη 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
well done xx
Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
22 Φεβρουαρίου 2021 ·

We're on a role with our meal servings at Project Armonia!

On Friday we served up 1,018 warm, healthy and nutritious meals to our restaurant guests, setting a new record for 2021!

We broke that again today, serving 1091!

We're obviously delighted with our rate of expansion, and are enormously grateful to all of our volunteers and their hard work that has made this possible.

However, we're still keen to do more and have our sights set on 2,000 servings a day by the end of 2021.

To support us in our mission follow our website and donate today; every little helps, and with a donation of just 10 EUR we are able to provide 10 meals to the most vulnerable members of the refugee community.

https://projectarmonia.org/



29 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Amazing guys, well done xx
Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
18 Φεβρουαρίου 2021 ·

We believe that good food is a basic human right, having the power to restore dignity and humanity, bringing people together and reaching across cultural barriers.

This is really at the heart of everything we do, and we work hard to ensure that all of our meals are packed full of fresh ingredients, vital nutrients, as well as some tasty herbs and spices.

Our amazing team of chefs comes from the refugee community itself, and brings with them recipes from their respective home countries, enabling us to give our guests a taste of home in an unfamiliar place.

With your help we can continue in our mission; serving healthy, nutritious food to the most vulnerable members of the refugee community.

Donate today via our website: https://projectarmonia.org/





21 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Amar Nassar

Project Armonia
17 Φεβρουαρίου 2021 ·

The island of Samos continues to be battered by intense winter weather.

For the last 24 hours, we have faced incredibly strong winds, which have dislodged roofing and uprooted trees.

Yet again it is the refugee community who stand to lose the most when the elements conspire against them.

Not only are shelters at risk of being blown away by the severe winds, but many of the refugee community live in the woodland surrounding the official camp due to overcrowding.

Here, the dangers of falling trees are very real, and many have spent a tense night on the hillside, waiting for the winds to drop.

These intense winds, combined with freezing temperatures this week, have once again made life impossible for the refugee community.

Last night, Samos volunteers opened their doors to accommodate up to 50 people from the camp, so that they might have somewhere safe and warm to sleep.

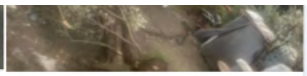
Project Armonia has been on hand to provide hot meals packed full of vital nutrition in the evening and in the morning.

However, we are well aware that these are simply temporary measures. What is needed is an effective migration and housing policy that does not keep people trapped in dangerous and depressing conditions for years on end!

Alongside other organisations, we have long called for the closure of refugee camps, in favour of safe accommodation, so that people do not have to spend the night in fear when the weather conditions turn.

While we await lasting and meaningful change to Europe's immigration policy, we remain on hand to offer whatever support we can, and extend huge thank you to all other NGOs on the island for their support over the last 24 hours!



19 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Φεβρουαρίου 2021 ·

We've teamed up with our good friends on Samos, Just Action

We're always keen to expand our reach and provide for as many people in need as possible.

That's why we added two new target groups to our restaurant list at the start of this year.

As well as serving pregnant women, nursing mothers, disabled people, and the elderly, we also provide for people who have had a second rejection on their asylum seeking process, and those who have been granted Greek residency.

Because of a bureaucratic failure, these two groups are no longer eligible for any financial support, and are not provided with any food in the camp.

This is obviously an impossible situation for those falling into these categories, and we have expanded our capacity accordingly, so that they might receive warm, healthy and delicious meals in our restaurant.

Just Action are also working hard to support those in need, and are providing those forgotten by the system with fortnightly food packs, full of essential cooking supplies and nutritious ingredients.

Those of our guests who are no longer receiving support in the camp, are given tokens to take to Just Action every two weeks, so that they can receive the support they need.

A massive thank you to Just Action for all their hard work! To find out more about their incredible project, please visit their profile.

To support us in our mission, and to help us expand our capacity, please visit our website and donate today. Every little helps, and a donation as small as 10 EUR is enough to provide 20 people with warm, nutritious food!

https://projectarmonia.org/





26 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
15 Φεβρουαρίου 2021 ·

Monday's are always busy at Armonia!

On a typical week day, we spend the afternoon peeling, washing and chopping vegetables so that we're ready to cook for our 800 guests the next day.

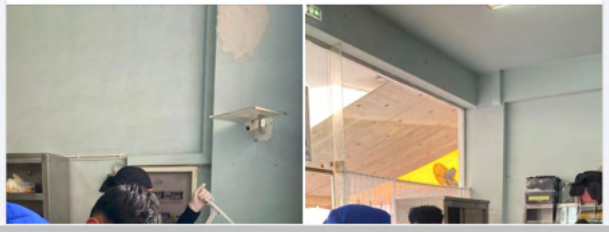
However, it's also important that our dedicated kitchen team get a proper weekend, with enough time to relax and rest, so that they feel refreshed and ready for another week of work.

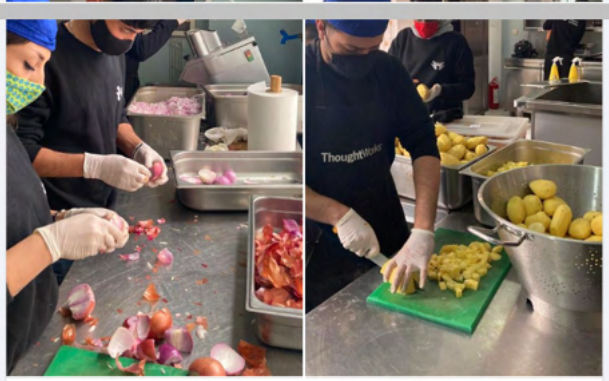
As a result, we spend Monday morning prepping and cooking all the food for that day, and the kitchen is an exciting hive of activity as we work to have everything ready for our 12 o'clock opening.

It's great to see everyone working together, so that we can continue our mission of providing warm, healthy and delicious food to those who need it most!

You can support us in our work too, by donating today. A donation as small as 10 EUR is enough to provide the ingredients for 20 nutritious meals!

https://projectarmonia.org/





26 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
11 Φεβρουαρίου 2021 ·

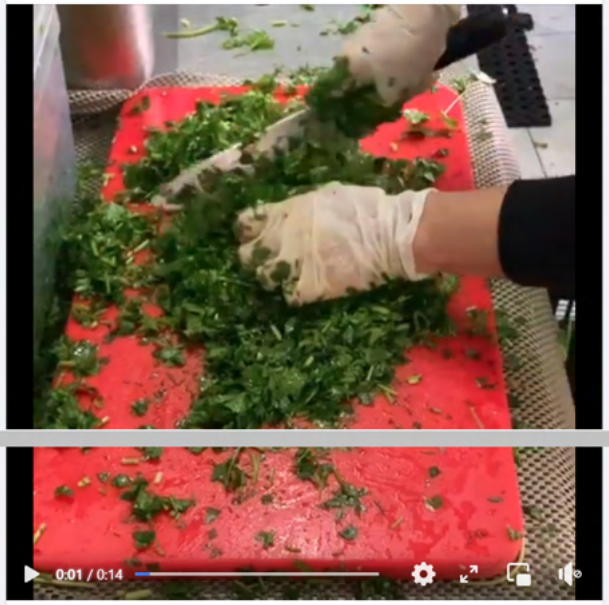
We're committed to providing all of our guests with healthy and nutritious food so that they might get the vital nutrients they need.

We also believe that our food should be delicious, and we work hard to ensure our recipes are packed full of fresh ingredients, as well as a wonderful array of herbs and spices!

However, we couldn't do the work we do without the support of our wonderful donors. We're completely funded through private donations, so visit our website to find out how you can help us in our mission.

Every little helps, and for only 10 EUR, you can provide a warm, healthy and delicious meal for 10 people!

https://projectarmonia.org/



15 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
10 Φεβρουαρίου 2021 ·

Last week, our friends at MSF were kind enough to visit our free-restaurant to lead our hygiene workshop!

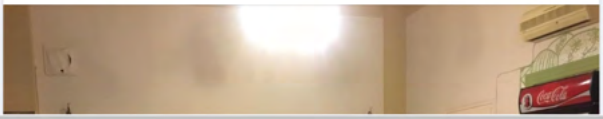
We firmly believe in the importance of vocational training at Armonia, and we are keen to provide our amazing team of volunteers with as many skills as possible before they continue their journey in Europe.

Hygiene training goes hand in hand with the skills our chefs have developed in our restaurant, improving their job opportunities as and when they leave Samos.

We look forward to building on this workshop, and we're hoping to bring our HCAAP training in-house this year, enabling us to award certificates to our chefs following the completion of hygiene modules.

We're very excited about this, and we will keep you updated on our progress.

In the meantime, a huge thank you to MSF for starting this process with their informative and engaging workshop!





34 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
9 Φεβρουαρίου 2021 ·

Last month, we started English lessons for our community volunteers!

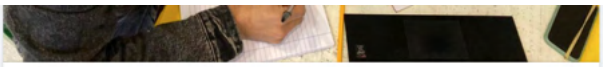
At Project Armonia, we are keen to provide our team with useful skills that they can take with them as they continue on their journey.

We believe proficiency in English is such a skill, and we are delighted to be starting these classes!

We've worked hard to make all of our lessons compliant with Greek COVID regulations. On a positive note, this means our classes are small in number, with a maximum of four students, increasing the contact time they have with the teacher.

We're looking forward to moving forward with these lessons in 2021, and keeping you updated on all our students' development!





Nina Angousi και 21 ακόμη 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
8 Φεβρουαρίου 2021 ·

This week meet Akbar!

"My name is Akbar and I am from the Bamyan Province in Afghanistan.

I joined Armonia about a month ago, but I have been on Samos since August 2019. Before starting work with Armonia, I studied English at the Alpha Centre and Banana House.

With Armonia, I work as a translator, registering guests, as well as working in the kitchen when I am needed and helping distribute food.

I decided to join Armonia because I wanted to become acquainted with many different people; I'm so happy I joined this wonderful team, and I am pleased to be serving people in need.

Outside Armonia, I work hard to practice my English. I also like playing football, and keeping fit with swimming and running."



23 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
4 Φεβρουαρίου 2021 ·

We are committed to providing the most vulnerable members of the refugee community with healthy, warm, delicious food.

The food situation in the refugee camp on Samos is beyond inadequate.

The queue to receive a meal can last several hours, and even then there is no guarantee that everyone will receive food.

Those that do receive food are given partially defrosted microwaveable meals, often past their sell-by date, housing mould

microwaveable meals, often past their sell-by-date, housing mould and maggots.

Project Armonia was established in 2019 to address this failure.

We serve 800 meals a day to those who need it most, such as nursing mothers, pregnant women, disabled people, the elderly and those who are no longer eligible to receive food due to bureaucratic issues.

Our recipes are packed full of vital nutrients and healthy ingredients to ensure that our guests receive the nutrition they need.

To support us in our mission, please visit the link in our bio and donate today!



23 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Kathy Isaac-Epp
So colourful and bright!!

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
4 Φεβρουαρίου 2021

A huge thank you to the students at Burggymnasium in Friedberg/Hessen for their fantastic fundraising skills in their #StayWithMoria campaign!

Thanks to your tireless efforts, we are able to continue our work, serving food to the most vulnerable members of the refugee community, in particular nursing mothers, pregnant women, the elderly, disabled people and those no longer eligible to receive food in camp.

Our free-restaurant provides a vital service for those in need, beyond this it is also a safe space for our amazing team of volunteers, who come from the refugee community itself.

At Project Armonia, our volunteers can learn new skills, develop their English abilities and work to a daily schedule.

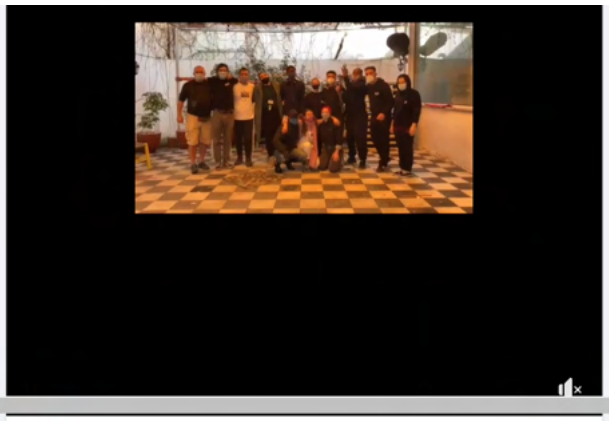
As such, your donations will also help our team in their work, developing our community and supporting our Armonia family!

We're all exceedingly grateful for your hard work, dedication and commitment; a few members of our team wanted to share their appreciation with you!

To support the students at Burggymnasium in their mission, follow the Stay with Moria campaign today!

https://staywithmoria.de/





14 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
3 Φεβρουαρίου 2021 ·

Our garden shelter has been completed!

We're keen to foster a comfortable and enjoyable working environment for all of our volunteers, and provide them with a space to take a break during their shift.

The garden at the back of our restaurant is a lovely space, and in the summer it is a great place to come, sit and take it easy.

Unfortunately, the winter months bring rain and wind, making it

protect our team from the elements, keeping them dry whilst they relax and enjoy a rest from work!





38 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

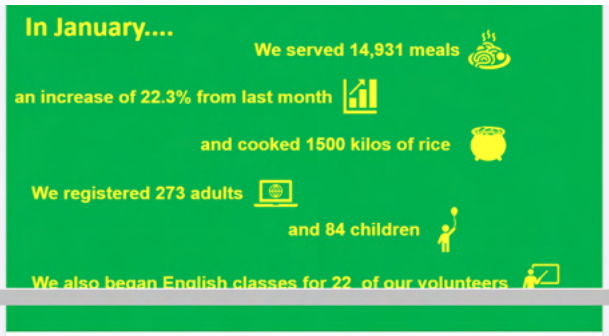
Γράψτε ένα σχόλιο...

1 Φεβρουαρίου 2021 ·

Our January Recap!

It's been a good start to the year, steadily increasing our serving numbers and expanding our outreach!

Watch this space to see how the rest of the year pans out!



29 1 σχόλιο 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Fabulous work xx

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
28 Ιανουαρίου 2021 ·

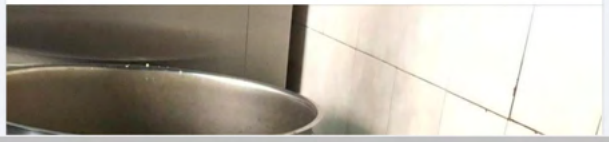
With the weather conditions deteriorating as the winter continues, the meals we serve at Project Armonia become all the more important.

We work hard to ensure all of our recipes are packed full of vital nutrients and healthy ingredients, as well as tasting delicious.

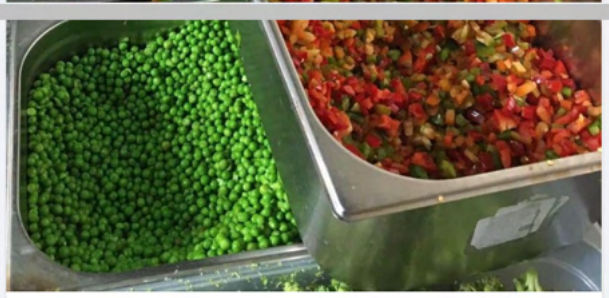
This is essential at all times, but with temperatures dropping and storms rolling in, it is vital that our guests keep warm and have enough energy to survive the winter.

We continue to provide warm, healthy, nutritious food for the most vulnerable members of Samos' refugee community, and we have steadily increased our capacity since reopening to almost 800 meals a day.

However, we need your support if we are to further expand our capacity; please follow the link in our bio to donate today and help us in our mission







34 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Ιανουαρίου 2021 ·

The freezing conditions from last week have broken, giving way to torrential rains and gale force winds on Samos.

Where many last week were in a bitter struggle to keep warm, they now risk having shelters flooded and blown away by this week's storms.

Whilst we continue to serve food to the most vulnerable members of the refugee community, the sad fact remains that many hundreds of people in the camp on Samos are living in these horrific weather conditions without access to vital nutrients, healthy food, or substantial accommodation.

This is a depressing reality for thousands of people across Europe at the moment as they wait to have their asylum seeking applications processed.

Despite our best efforts, the work of NGOs is not enough to address the systemic issues created by the EU's response to the current humanitarian crisis.

That's why we need your support; from sharing stories and staying informed, to writing to your MPs or donating to charity, there is a huge amount you can do to help address these issues!

To support us in our mission, visit the website and donate today https://projectarmonia.org/



19 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Ιανουαρίου 2021 ·

A huge thank you to YOO AG for setting us up with these computers!

Like any organisation, a key part of our work takes part in the digital sphere, keeping up to date with the world around us and communicating electronically.

More practically, we need computers to register and keep track of the

A quick computer that works well enables us to work more efficiently, meaning our work in the kitchen can have a bigger impact in the lives of our guests!

Once again, an enormous thank you to YOO AG for sorting this out, you have helped make a huge difference in our work!





22 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
25 Ιανουαρίου 2021 ·

This week, meet Margherita!

"I'm Margherita, I'm 28 years old and I come from Italy.

I've been the Project Manager at Armonia since November 2020, I'm in charge of Coordinating the day to day operations of the free-restaurant and managing the NGO.

Before coming to Samos I was working In Brussels, dealing with EU funds in the field of Vocational and Educational Training.

I decided to quit my office job to engage myself in a meaningful project on the ground with a real direct impact on people's life and have the chance to invest my time and competencies for good.

I'm very happy to be part of the Armonia family and to work closely with such an amazing and diverse community of strong courageous humans I get inspired from every day."



58 2 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

المغترب وافي
All respect and love for you to be a gentle and beautiful person. I wish you all continued health and wellness
Μου αρέσει! Απάντηση 1 χρ.

Nancy Lee Stallings
What are you hearing from them as far as you going there?
Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
19 Ιανουαρίου 2021 ·

Winter has hit Samos with full force. Over the past days, temperatures on the island have dropped rapidly. The past few nights have reached -6 degrees celsius.

Snow tops the hills across the island, including where Samos' refugee camp is located. On this hillside over 3,500 men, women and children reside. Most of whom live outside the camp's official perimeter in unstable make-shift shelters, with only a thin layer of tarpaulin to protect them from the sub-zero temperatures.

This is yet another winter on Samos that thousands of refugees and asylum seekers have been left to survive the freezing winter weather in tents.

In response to this emergency, for the past two evenings, we have been working with other organisations on the island to accommodate the camp's most vulnerable populations overnight. These include heavily pregnant women and nursing mothers.

To assist, we have provided freshly cooked meals to ensure that these vulnerable people can stay as warm and healthy as possible under the given circumstances.

A huge thank you to all the organisations involved for the great collaboration that made this emergency shelter possible.

Samos Volunteers, Glocal Roots, Action For Education, Help Refugees, Drop in the Ocean, Just Action, MedEqualiteam, Movement on the Ground



52 1 σχόλιο 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

René Flicker

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
15 Ιανουαρίου 2021 ·

That's a wrap for the week!

It's been a busy week, as we've served over 2,000 healthy and nutritious meals to our guests, and we're looking forward to the weekend.

The last job of the week, however, is our deep clean!

We do this every Friday to get everything set and ready for the upcoming week, and it's a great opportunity to wind down after a busy shift, play some music and enjoy each other's company while making sure everything is in working order!

Thanks to everyone in our team for all of their amazing work this week - see you on Monday!



47 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
13 Ιανουαρίου 2021 ·

We'd like to send a massive thank you to the team at Still I Rise for donating these classroom materials!

Next week we start English Classes for our community volunteers, so that they might have a wider skillset as they continue their journey in Europe.

Thanks to Still I Rise we'll be able to supply all of our students with pens, pencils and notebooks, helping us foster a better learning environment.



19

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
12 Ιανουαρίου 2021 ·

A huge thank you to Donate4Refugees for helping us to hit the ground running in 2021!

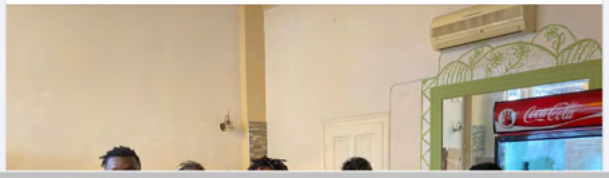
new knives, trays and a colander.

These utensils are a welcome addition to our kitchen and make life easier for our chefs when they're preparing to feed our 800+ guests!

We've also been able to kit our volunteers out with the Project Armonia sweatshirts! We like to provide our team with a uniform, so they don't get their clothes dirty when working in the kitchen.

With these new jumpers, our uniforms will also keep them warm when working through the winter!

Once again, a massive thank you to Donate4Refugees for providing us with these essentials; our team is delighted!





Nina Angousi και 39 ακόμη 3 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

forRefugees · Ακολουθήστε
Hello **Project Armonia** team 👋😁. It's great to see you and we're really happy to help you cook for more people and look so smart in your uniforms! Thank you so much for all you do on Samos 🧡🧡

Μου αρέσει! Απάντηση 1 χρ.

Carlotta Govi
💖

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
11 Ιανουαρίου 2021 ·

This week, meet Amar!

"Hi, my name is Amar Nassar, I am 22 years old, and I am from the Golan Heights in Syria!

I've been working with Project Armonia for seven months now, working mostly as a translator and helping with registration.

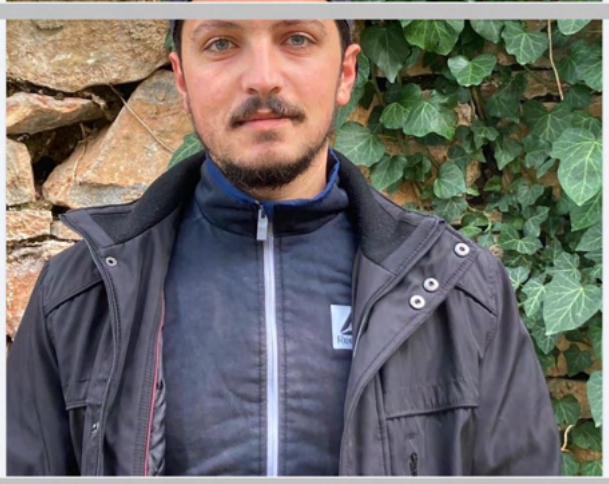
I had been learning English with another organisation, but then I discovered the wonderful work Armonia does and the ways in which they help people who really need it, providing healthy food for pregnant women and the elderly, and that is why I decided to start working with them.

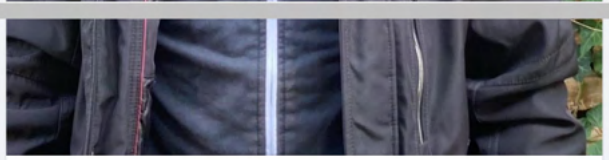
They are a really wonderful group of people and I love working with such a great team!

Besides working at Armonia, I enjoy horseback riding, driving, and keeping fit by playing sports."









104 32 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

محمد نصار
منور ابن العم
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Απαντήστε στο χρήστη محمد نصار...

محمود محمد ابوصهيب
الله يحميك ويسر دربك منور
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

الجبثاني آيس ابو علي
الله يقويك
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
آيس ابو علي تسلم
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Απαντήστε στο χρήστη ابو علي ...

عبد الرحمن عبدالله
Καλώς ήρθες ο Θεός να σε προστατεύει

Μετάφραση όλων των σχολίων

Mohamd Alhaj
منور خال
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

يوسف حسين
الله يقويك ياشريك
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
يوسف حسين
Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη يوسف حسين...

Mohammed Sy
منور ياكبير
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Mohammed Sy نورك ياحبيب
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.
Απαντήστε στο χρήστη Moham...

Ahmad ALalan
عمار نصار الله حيووو لشريك💚💚
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
Ahmad ALalan حبيب قلبي 💙💐
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.
Απαντήστε στο χρήστη Ahmad ...

ابو غازي نصار
الله حيوو حماك الله ياغالي
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
ابو غازي نصار الله يسلمك عم 💐💙
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.
Απαντήστε στο χρήστη ...ازي نصار

ابو يوسف
منور
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
ابو يوسف 💙💙
Μου αρέσει! Απάντηση 1 χρ.
Απαντήστε στο χρήστη ...بو يوسف

Sohaib Muath
معدنك طيب عمار الغالي 🌹🌹❤️
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
Sohaib Muath ...الغال
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.
Απαντήστε στο χρήστη Sohaib ...

ام موسى غانم
الله يفرجا عليك شيخ الشباب
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
ام موسى غانم الله يسلمك يارب عل جميع ان شاء الله
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.
Απαντήστε στο χρήστη ...وسى غانم

ابو ينال ينال
الله حيوووووو
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
ابو ينال ينال حي اصلك ❤️
Απαντήστε στο χρήστη ينال ينال ...

AbdAlrahman Mulki
منور يا ملك حبيب قلبي الله يسعدك
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Yosef Alalan
منور جار. واهم شي# مارس#الرياضة. 🌺🌺
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Amar Nassar
Yosef Alalan شو بدنا نساوي منضيع وقت 😄
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Yosef Alalan
عمار نصار الله يقويك
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.
Απαντήστε στο χρήστη Yosef Al...

Diaa ALalan
حيهم الجار
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

احلا عمار ولله

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

هادي رحال

Μου αρέσει! Απάντηση 1 χρ.

Hadi Zaitoun
عمار حيهم ياااا شريك

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 1 χρ.

Deborah Condon
Good work, Amar!

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
8 Ιανουαρίου 2021 ·

December was the first full month we have been open since COVID restrictions were introduced on Samos.

It has been a busy but rewarding month, and we're delighted with the results, having served 300 meals on our first day, we've steadily increased to 800!



14 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
6 Ιανουαρίου 2021 ·

We're digging up our garden!

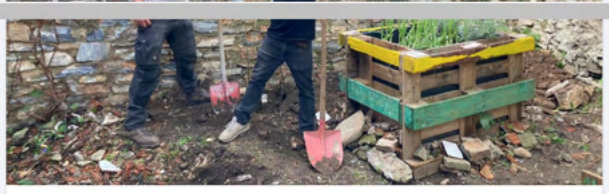
The outside area of our restaurant is a lovely place for our volunteers to come and take a break during a busy work day.

Unfortunately in the winter it's exposed to the wind and the rain, meaning it can't be enjoyed when the weather worsens.

That's why we're covering a part of it with tarpaulin, so that there's a shelter for our volunteers to come, sit and enjoy the fresh air whilst working in the restaurant.

We'll have the holes filled with concrete and fitted with support poles, so that this chill out space can survive the roughest of weather!





34

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
4 Ιανουαρίου 2021 ·

We're back open for our first day in 2021; we're delighted to be moving into the new year, and we have lots to look forward to!

Thanks to you, we were able to end 2020 on a huge high, almost doubling the target for our Christmas fundraiser.

As a direct result of your generosity, we were able to distribute 800 food packs to the most vulnerable members of Samos' refugee community at a time when the weather is at its harshest.

And because you kept on giving, we have additional funds to take with us into the new year, which will enable us to improve and expand in the coming months.

Needless to say, we are very excited and we will keep you updated on all of our operations as we move through the year.

For now, we would simply like to say, a huge thank you to everyone who has supported us, in any and every capacity.

We are not able to do the work we do without the kindness and generosity of people like you, so from the bottom of our hearts, thank you!

Happy new year and best wishes!



46 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
4 Ιανουαρίου 2021 ·

PROJECT ARMONIA IS HIRING!

Project Armonia is looking for a new, full-time Kitchen Coordinator to help us in the running of our free kitchen, set up in 2018 to cater to the most vulnerable of Samos' refugee population.

With a team of 40 volunteers from the refugee community, we serve 800 healthy and nutritious meals to the elderly, disabled people, pregnant women, nursing mothers and people no longer eligible to receive food in camp.

Requirements: minimum age - 25, fluency in English, experienced chef, hygiene training, and experience working with refugees/asylum seekers.

The post is for a minimum term of 6 months, and will be compensated with accommodation and a stipend.

To apply please send a CV and covering letter to volunteering@projectarmonia.org



We are a grassroots NGO supporting refugees on Samos with vital nutrition, dignity and basic human rights. Our project is a free-restaurant run by refugees for refugees. We work with a team of 40 people from the refugee community, cooking 800 fresh and healthy meals for the most vulnerable members of Samos' refugee population.

We provide for children, pregnant or breastfeeding women, people with disabilities, the elderly, and those no longer eligible for food in camp (with a second rejection or residency). Our restaurant is a safe and welcoming space where people can eat and escape the inhumane conditions of the camp.

island. Our aim is not just to distribute food, but to provide an educational and communal space for our volunteers.

Everyday we offer our volunteers from the refugee community the chance to engage in meaningful



29 14 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
29 Δεκεμβρίου 2020 ·

A massive thank you to everyone who has donated to our Christmas fundraiser - thanks to your generosity, we have been able to soar past our initial target!

One of our amazing volunteers, Richard, has a personal message of gratitude he would like to share with you!

We will still be running our fundraiser in the run-up to New Year, and any additional proceeds will be used to expand our kitchen and increase our capacity, so that we might be able to continue our important work into 2021 and beyond!

To find out more about our Christmas fundraiser and our day-to-day operations this winter, please follow the link:
https://www.chuffed.org/.../project-armonia-christmas.../



27 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

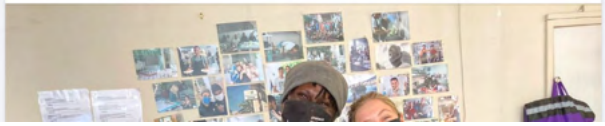
28 Δεκεμβρίου 2020 ·

A massive thank you to the fantastic team at Just Action

Our community volunteers were delighted with their Christmas presents, which provided them with vital food supplies and useful tools, such as this solar-powered charging bank!

We are really grateful for all of your amazing work, and our volunteers have all expressed a sincere thanks for your generosity.

For those of you unacquainted with Just Action, please visit their Facebook page to keep up to date with the vital role that they play in supporting the refugee community on Samos.





Nina Angousi και 30 ακόμη 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Δεκεμβρίου 2020 ·

Merry Christmas from all of us here at Project Armonia!

We've had an amazing week; thanks to your donations, we were able to distribute our food parcels to our restaurant guests on Christmas Eve.

We would like to send a heartfelt thank you for your amazing generosity!

With your kindness and support, we have been able to provide 800 food parcels to Samos' most vulnerable refugees at a time when the elements are particularly harsh.

Your contributions have made a huge difference, and we are enormously grateful.

There's still time to donate and support this great cause! Any additional proceeds will be used to expand our kitchen and increase our capacity, so that we might be able to continue our important work into 2021 and beyond!

armonia-christmas.../



23 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
23 Δεκεμβρίου 2020 ·

That's a wrap folks!

Three days of hard and dedicated work and we've packed 800 food parcels; we'll be distributing these to our guests tomorrow, in time for Christmas Day.

Once again, thank you so much to everyone who has donated. We really can't stress this enough, but your generosity will make a massive impact for Samos' most vulnerable refugees this Christmas.

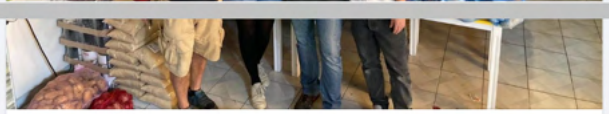
Thanks to you, over 800 people will be able to enjoy warm, nutritious and healthy food over the Christmas period, at a time when conditions are particularly challenging.

There's still time to donate and support this great cause! Any

our capacity, so that we might be able to continue our important work into 2021 and beyond!

To find out more, please visit https://www.chuffed.org/.../project-armonia-christmas.../





55 3 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

أمي جنة علوش



Μου αρέσει! Απάντηση 1 χρ.



Μου αρέσει! Απάντηση 1 χρ.

أمي جنة علوش
May the Lord Jesus Christ protect you. I love you in you

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
22 Δεκεμβρίου 2020 ·

We've been busy packing today!

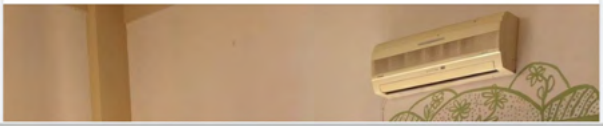
Thanks to the success of our Christmas fundraiser, we're now preparing our food packs for distribution among our 800 restaurant guests.

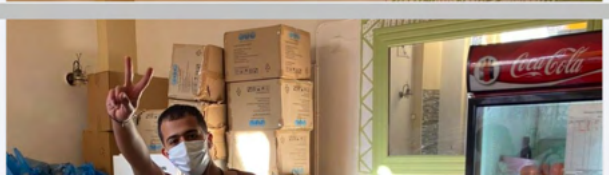
The food parcels will be made up of nutritious fresh fruit and veg, cooking essentials such as oil, and a few sweet treats to be enjoyed over the Christmas period.

We would once again like to say an enormous thank you to everyone who has got involved; your generosity will mean many members of the refugee community will be able to enjoy warm, healthy food this Christmas.

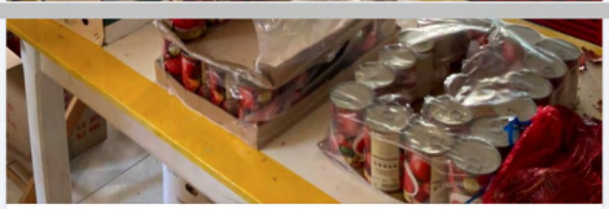
There's still time to donate and support this great cause! Any additional proceeds will be used to expand our kitchen and increase our capacity, so that we might be able to continue our important work into 2021 and beyond!

To find out more, please visit https://www.chuffed.org/.../project-armonia-christmas.../









24 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
21 Δεκεμβρίου 2020 ·

We are thrilled to announce that we have already smashed the target of our Christmas fundraiser - all within 24 hours!

Because of your speedy donations, we were able to order the food and begin packing as of this morning!

This is the largest food order we have ever placed, and we were pleased to have our team of amazing volunteers on hand to help us unpack.

From the bottom of our hearts - thank you so much! Your generosity will have an enormous impact on many people this Christmas.

We will still be running our fundraiser in the run-up to Christmas, and any additional proceeds will be used to expand our kitchen and increase our capacity, so that we might be able to continue our important work into 2021 and beyond!

To find out more about our Christmas fundraiser and our day-to-day operations this winter, please follow the link in our bio.



58 7 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols

Amazing work **Jessica Nichols** xx 🤞❤️🎄

Μου αρέσει! Απάντηση 1 χρ.

أمي جنة علوش ···



Μου αρέσει! Απάντηση 1 χρ.

أمي جنة علوش ···



Μου αρέσει! Απάντηση 1 χρ.

أمي جنة علوش ···



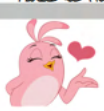
Μου αρέσει! Απάντηση 1 χρ.

أمي جنة علوش ···

Look, how does Vicky work?

Μου αρέσει! Απάντηση 1 χρ.

أمي جنة علوش ···



Μου αρέσει! Απάντηση 1 χρ.

Giulia Cicoli ···

This video is adorableeeee 😍😍

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia ···

20 Δεκεμβρίου 2020 ·

This week, meet Mohammed 👋

"Hi! My name is Mohammed Danblli, I am 24 years old and I am from Sogoda in Togo!

I am one of the head chefs at Armonia, and I love cooking in our kitchen. I learnt to cook when I was a little boy with my mother who owns a local restaurant in Togo.

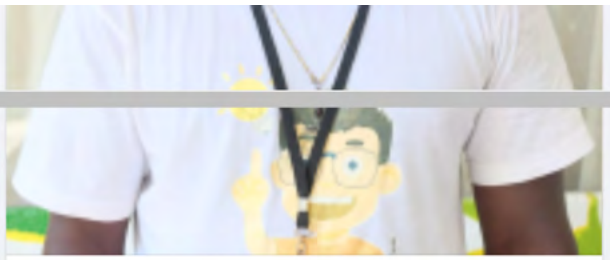
I saw Armonia was doing a great job when I arrived in Samos; I think the work they do is very important, and so I wanted to join and work together with them.

Armonia is a really great project and they are doing a good job helping people; I really enjoy making delicious food and serving it to people who need it most.

I love working with our team. We are like one big family; it does not matter where you are from, what colour you are or what your religion is; everyone works well together - we are one in the kitchen.

I would like to thank everyone who has helped Project Armonia! We really need as much support as we can get to make the most of all the work we do; we need more kind hearted people to help the refugee community, because life here on Samos is not easy!"





29 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Mohammed AL Ahmadi
You are a great person. Keep giving to the refugees. I wish you success in your life.🌹❤️🌹

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
19 Δεκεμβρίου 2020 ·

We have launched our Christmas fundraiser!

The winter weather has settled in Samos; with torrential rains, gale force winds and plummeting temperatures, the refugee community will be left particularly exposed to these bitter elements.

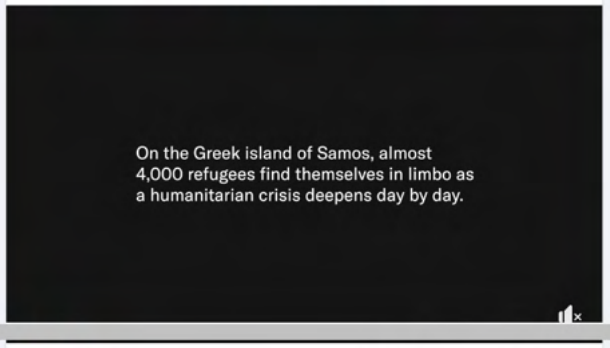
When many around the world will be sitting in the comfort of their own home this Christmas, the people in the camp on Samos will be left out in the cold, in a strange and hostile land far away from home.

Whilst our restaurant serves food to the most vulnerable of the camp residents, we will also be compiling 800 parcels, full of vital nutrients, good quality ingredients and some sweet treats to distribute to our guests in the run up to Christmas.

Through these food parcels we hope to return some power to the refugee community, enabling them to cook some nutritious and delicious food for their families and allowing them to come together this Christmas and share in the warmth of good food.

We would be enormously appreciative for any donations that help us reach our target, and help us provide some vital ingredients for people who need it most 🎁

Follow the link below to donate
http://www.chuffed.org/.../project-armonia-christmas...



29 2 σχόλια 12 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
❤️❤️❤️

Μου αρέσει! Απάντηση 1 χρ.

Hamid Nikzade
Thank you very much project Armonia

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
16 Δεκεμβρίου 2020 ·

At Project Armonia, we're committed to teaching our volunteers new skills.

Cooking for hundreds of people a day is a big responsibility and can be quite daunting for even the most experienced of cooks.

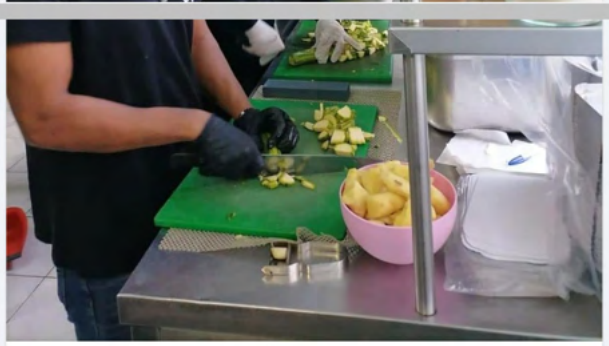
However, we are keen to allow all of our volunteers with an interest in food the opportunity to prepare meals in the kitchen.

That is why in the new year, we will be teaching 3 more of our 40-strong team kitchen skills so that can begin catering en-masse.

They will be joining our current team of head-chefs, and serving incredible dishes from their home countries, spanning the Middle East and Africa!

We're delighted to be adding to our ranks of amazing chefs, but more importantly than this, our volunteers are gaining valuable work related skills that they will be able to take with them when they are able to move on from Samos.





32 1 σχόλιο

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Abdellah Sultan

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
15 Δεκεμβρίου 2020 ·

Winter is here on the island of Samos!

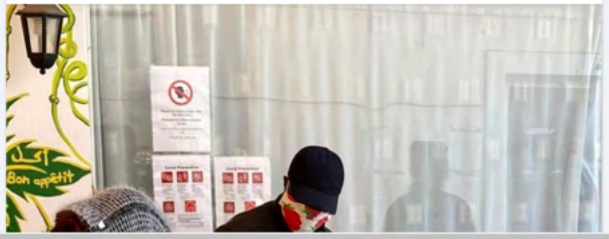
With temperatures dropping rapidly, torrential rain and strong winds battering the island, the refugee community is left in a bitter struggle for survival throughout winter.

Many of those staying in the camp on Samos live in makeshift structures that are completely inadequate. Sleep becomes an impossibility when their shelters leak, are blown away by the winds and provide no insulation against the freezing temperatures.

through constant overuse and hot water does not run, meaning camp residents have nowhere they can go to get dry and warm.

At Project Armonia, we believe that warm meals are a vital necessity, particularly in these awful conditions.

With healthy and hot food, we hope to restore some dignity to our guests. Beyond this though, our food serves as vital nutrition for those who need it most to make it through the winter, such as the elderly, breast-feeding and expecting mothers, and disabled people.





22 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
14 Δεκεμβρίου 2020 ·

This week, meet Asadullah! 👋

"Hi, my name is Asadaullah Nabizada; I am 20 years old and I am from Afghanistan!

I've been working with Armonia for seven months now and I help out wherever I can; washing dishes, cleaning up after work, helping with translation and registering our guests at the entrance.

I like working at Armonia because I like helping people; it makes me happy to communicate with so many different people and get to know them better, as well as serving food to people who need it most.

For me, humanity is the most important thing in life, and at Armonia I am surrounded by kind and sincere colleagues; they are like a family to me - I never feel lonely when I work here!

Outside of Armonia, I've been working hard on my English, taking courses with different organisations on Samos.

In my spare time I like playing football (my favourite team is Real Madrid) and watching movies."





25 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
10 Δεκεμβρίου 2020 ·

Our community volunteers do such an amazing job in the kitchen, and we work hard to support them in any way we can!

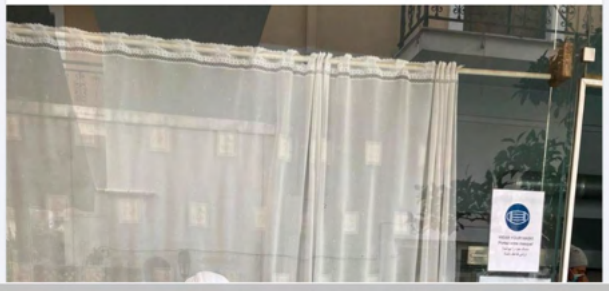
We've designed a breakout space in the office, where they can wash their clothes, take a hot shower, or simply relax.

With the sanitation facilities in the camp being broken, unhygienic and simply disgusting, it is important that our volunteers have a space where they can feel refreshed, recharged and re-energised.

enjoy a hot meal, so that they're feeling fit and healthy for work.

And we have given them all a tupperware box (with extra for families) so they can take supper home with them at the end of the day.

This means they can enjoy a warm and nutritious meal at the end of the day, go to bed on a full stomach, and feel ready for the next day of work!





42 2 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Abdellah Sultan
💖

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
9 Δεκεμβρίου 2020 ·

other organisations on Samos, have been doing some incredible work in the past few days with their winter distributions!

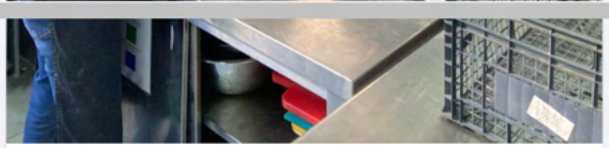
With a committed team, they have been ensuring the refugee community on Samos is equipped for the cold winter months by distributing sleeping bags and blankets, alongside other essentials.

We've been supporting them behind the scenes, cooking warm food for all the amazing volunteers working on these vital distributions, so that they have the energy they need to keep up the good work!

Thank you to Refugee 4 Refugees Dråpen i Havet and all the other volunteers for their hard work and dedication!







61 3 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Abdellah Sultan



Amar Nassar

❤️❤️❤️

Μου αρέσει! Απάντηση 1 χρ.

Κορυφαίος θαυμαστής
Caron Nichols

👌❤️

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
8 Δεκεμβρίου 2020 ·

We've been open for a week and a half now, and in that time we've served up 2,481 delicious, healthy and nutritious meals!

We continue to serve food to pregnant and breastfeeding women,

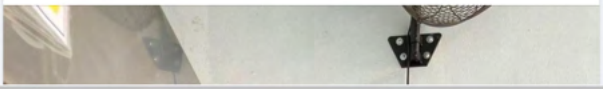
target.

A large number of the refugee community are no longer eligible to receive food or financial support, and have now been left in an impossible situation where they must fend for themselves.

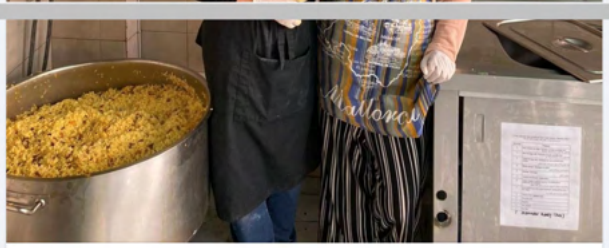
Those who have been left in this terrible position are people who have received a second rejection on their asylum seeking application and those who have been granted Greek residency.

It is a tragedy that so many people are now left without proper nutrition or financial means, facing starvation as we enter the bitterly cold winter.

We're working hard to fill this gap, and as of last Monday we have expanded the list of people eligible for meals at the Armonia restaurant, to accommodate these members of the refugee community.







64 5 σχόλια 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Great work, well done xx

Μου αρέσει! Απάντηση 1 χρ.

Pam Compton
Well done, you are starsx

Μου αρέσει! Απάντηση 1 χρ.

Farima Kardeh
what a nice chefs!

Μου αρέσει! Απάντηση 1 χρ.

Chloé Mandelbaum
You both look beautiful. I miss you so much azizam

4

Μου αρέσει! Απάντηση 1 χρ.

Farima Kardeh
Chloé Mandelbaum We miss you so much ma che'rie

Μου αρέσει! Απάντηση 1 χρ.

Απαντήστε στο χρήστη Chloé M...

Γράψτε ένα σχόλιο...

Project Armonia
7 Δεκεμβρίου 2020 ·

Meet our volunteer coordinator, Simone 👋

"Hi there, I'm Simone!

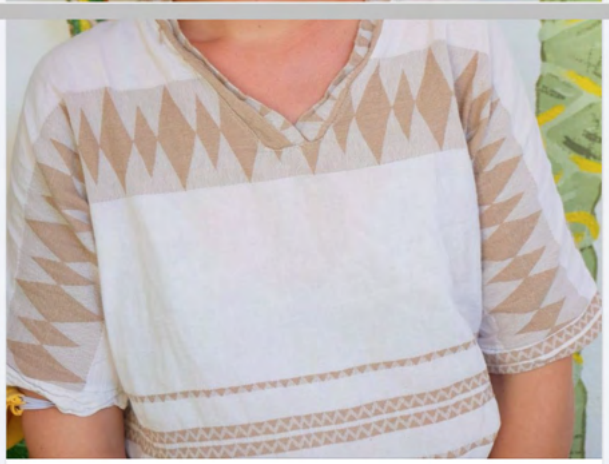
I am the Volunteer Coordinator here at Armonia, which means I am the point of contact and support for all of our amazing volunteers!

I decided to leave the Netherlands at the beginning of 2019, and have been travelling since then; walking the Camino de Santiago, studying in a Buddhist monastery in Nepal, and making podcasts about the Middle East.

I've been working with Armonia since September 2020 and I've been really happy to be here. It is great to see the restaurant open once more and see the real impact of the work we do here.

I find the work we do here so important, and it has been lovely to get





Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Amar Nassar
❤️❤️🌸🌸

Μου αρέσει! Απάντηση 1 χρ.

المغترب وافي
You are beauty and you are love with all respect and appreciation

Μου αρέσει! Απάντηση 1 χρ.

Abdellah Sultan
💖

Μου αρέσει! Απάντηση 1 χρ.

Saxx Kay
Astonishing beauty my favourite one



Μου αρέσει! Απάντηση 1 χρ.

Mohammed AL Ahmadi
You are a wonderful person, I wish you the best and I am glad that you are in Armonia❤️🌹❤️

Μου αρέσει! Απάντηση 1 χρ.

MA Afghan
💛💛💛💛💛💛

Μου αρέσει! Απάντηση 1 χρ.

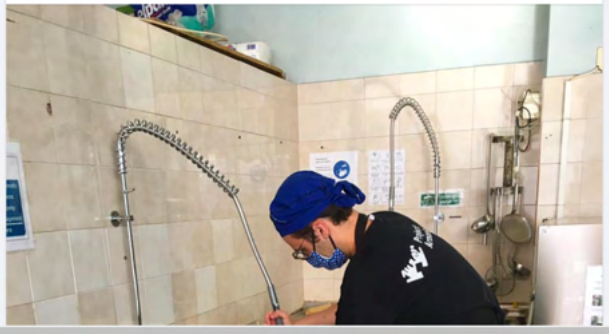
Γράψτε ένα σχόλιο...

Project Armonia
1 Δεκεμβρίου 2020 ·

OUR NEW KITCHEN SINK!!

We've been busy making a few internal changes so that we could open this week. One of these has been the installation of our new kitchen sink, which means we can wash our enormous pots and pans inside!

A huge thank you to our amazing partners Donate4Refugees for making this possible!





47 5 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Abdellah Sultan
So happy with you😊

Μου αρέσει! Απάντηση 1 χρ.

Sara AC

Μου αρέσει! Απάντηση 1 χρ.

Uschi Wohlgefahrt Braun
So happy with you

Μου αρέσει! Απάντηση 1 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Looks great guys xx 👌❤️

Μου αρέσει! Απάντηση 1 χρ.

forRefugees · Ακολουθήστε
So happy to be able to help the very wonderful Project Armonia and everyone who depends on their amazing food each day. LOVE that sink... not sure it's big enough though 😂🧡 Thank you Jess, Fiona & team for all you do!

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

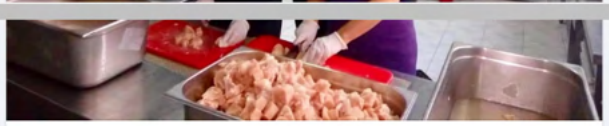
Project Armonia
30 Νοεμβρίου 2020 ·

WE'RE OPEN!!

After a busy week of renovations and ensuring we meet all COVID-related legislation, we opened our doors this morning to begin serving delicious and nutritious food to those who need it most!

Needless to say, we're all very excited and are looking forward to keeping you updated as we move through the winter and into next year!





Nina Angousi και 96 ακόμη 8 σχόλια 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Anmar Abdali
Good opening ❤️

Μου αρέσει! Απάντηση 1 χρ.

Shaafici Mustafe
Bravo.

Georgia Papadopoulou
Excellent

Μου αρέσει! Απάντηση 1 χρ.

Dunstan Alexander
https://www.facebook.com/majubahil/

Μου αρέσει! Απάντηση 1 χρ.

Suzie Heinemann
Great news! All the best! Xx

Μου αρέσει! Απάντηση 1 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Well done on the re-opening xx 👌❤️

Μου αρέσει! Απάντηση 1 χρ.

Saxx Kay

Best project in samos ammonia

Μου αρέσει! Απάντηση 1 χρ.

εξαιρεθεί.

Γράψτε ένα σχόλιο...

Project Armonia
26 Νοεμβρίου 2020 ·

A huge thank you to all those who donated to our Autumn Fundraiser - Keeping Our Community Connected.

With your generosity, we were able to easily meet our target of 1,500 euros and provide our volunteers from the refugee community with mobile phone data and electrical charging packs.

It has been a hectic and chaotic couple of weeks here on Samos, with lockdown restrictions, an earthquake, tsunami and two campfires, all within a short space of time.

These products were of vital importance during this state of emergency, allowing our community to contact us in their time of need, thus enabling us to coordinate effective response to those who lost everything.

More importantly than this, these products have put the power back in our volunteers' hands, giving them the opportunity to get in touch with loved ones back home, letting them know that they are alive and well.

We are unbelievably grateful for everyone's support in these trying times; your kindness and generosity have made such a powerful impact for the lives of those on Samos.

Thank you!





54 4 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Moritz Stiefel
Love!

Κορυφαίος θαυμαστής
Caron Nichols
👌❤️👍

Μου αρέσει! Απάντηση 1 χρ.

ابو عدي نورس

Μου αρέσει! Απάντηση 1 χρ.

Amar Nassar
❤️❤️❤️

Μου αρέσει! Απάντηση 1 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
25 Νοεμβρίου 2020 ·

Whilst Samos remains in a state of lockdown and our day-to-day operations have ceased, there are plenty of other NGOs across Samos continuing to do great work!

Refugee4Refugees and Help Refugees are two such NGOs, collecting material donations from around the world and distributing them throughout the refugee community.

There's a lot of work that goes on behind the scenes at the warehouses of these two great organisations, and our Project Armonia volunteers have been pitching in to lend a hand where needed.

With Refugee4Refugees, in the past few weeks, we've been busy packing over 500 hygiene packs full of soap, toothpaste and other essentials, as well as diaper bags for families with babies.

We've also been helping them sort and organise their warmer clothing, so that they're ready for the onset of winter.

And with Help Refugee we have been sorting and organising their emergency supplies in the warehouse.

Refugee 4 Refugees Choose Love



38 1 σχόλιο 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Well done for all you are doing at this difficult time xx ❤️

Μου αρέσει! Απάντηση 1 χρ.

Project Armonia
18 Νοεμβρίου 2020 ·

Despite the new COVID-19 regulations limiting our usual activities, we are still able to compile food packages for our community volunteers.

These packages have essential nutrients in the form of fresh vegetables and fruit, as well as long lasting tins of chopped tomatoes, bags of rice and loaves of bread.

Whilst we would love to be serving food to our customers in the restaurant, we're happy to have the opportunity to provide our volunteers with these food packs; enabling them to cook healthy, nutritious and tasty food during lockdown.



24 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
13 Νοεμβρίου 2020 ·

Our Autumn Fundraiser ends tomorrow, and so far we have raised 1,295 euros of our 1,500 euro goal!

We are enormously grateful for the donations we have already received, and we would be delighted to see this fundraiser go all the

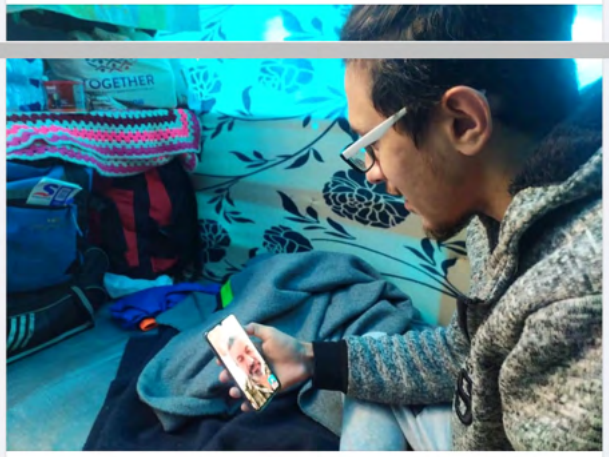
Our ambition is to provide our volunteers from the refugee community with emergency provisions, following the earthquake on Friday 30th October, and the subsequent tsunami and camp fires that have left over 900 people without shelter.

The money from these donations will go to mobile phone data and electrical charging packs.

In a crisis of this magnitude, our mobile phones are an essential lifeline, allowing us to monitor the situation on the ground, as well as check-in with loved ones, letting them know we are safe.

Beyond this, data and a fully charged mobile phone will allow our volunteers to keep in-step with government advice, and keep communication channels open, allowing us to effectively respond to those in dire need.

Now more than ever, the refugee community needs you support. Please follow the link in our bio to support this campaign.



16 1 σχόλιο 3 κοινοποιήσεις

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Amar Nassar
❤️❤️❤️❤️❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
12 Νοεμβρίου 2020 ·

Following the fire on 11th November that destroyed 700 people's shelter, several of our NGO partners met with the camp authorities to offer whatever support they could.

Inside the camp, a temporary food serving station was set up after the camp's official food facility was destroyed in the fire. Outside, a plan was made to distribute sleeping bags, blankets and tents. We helped out on this distribution to ensure those affected by the fire could receive emergency items.

There has, however, been no instruction given as to where those who have lost absolutely everything might be able to pitch their tents.

Once again, hundreds of people have been failed by an inadequate system, and must now begin to rebuild what precious little they had; all of this in the face of lockdown restrictions from the global pandemic and the onset of winter.





39 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
11 Νοεμβρίου 2020 ·

The refugee community has once again been failed by the European Union's neglect and lack of humane migration policy.

At approximately 08.00 this morning, Wednesday 11th November, a fire broke out in the Samos camp in the food facilities, destroying between 500 and 700 people's shelters and hospitalising at least a dozen.

This is the second serious fire in a week, and the seventh within 12 months in the Samos camp.

These fires are the natural result of an inadequate system that forces thousands of people to live in cramped, inhumane and depressing conditions for months, sometimes years, on end while they wait to hear if they will be granted asylum.

Organisations and individuals have long demanded a resolution to this nightmarish situation, and yet their pleas remain unheard and once again the Samos refugee community find themselves without shelter.

Once again hundreds of people have lost what precious little they had.

Once again the stability of hundreds of people has been uprooted.

Once again hundreds of people are forced to rebuild from absolutely nothing.

This is all a result of the European Union's consistent and persistent failure to seriously address the crisis that is unfolding in Greece and other refugee camps around Europe.

We ask the EU how long this will have to go on for?

How many more people will be hospitalised due to burns and smoke damaged lungs?

How many more people will have to wonder where they will sleep for the night now that their shelter is gone?

We ask these questions to bring these issues to light, and if we continue on this course many more people will see their lives reduced to ashes.

Don't stand silently by and let the refugee community be failed again. Demand more of the European Union and bring this crisis to their attention. Share these posts, write to MEPs, sign petitions and make your voice heard!

#europemustact

#refugees #crisis #ngo #disaster



55 21 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
11 Νοεμβρίου 2020 ·

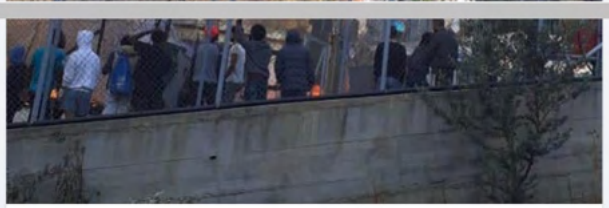
FIRE ALERT: at approximately 08.00 this morning, Wednesday 11th November, a fire broke out in the camp of Samos and continues to engulf the camp in flames.

Whilst initially limited to a small area near the camp's food facility, the blaze is now spreading throughout the camp, despite the best efforts of the fire brigade.

We are still waiting for reports coming out of the camp, however we have thus far received no reports of death or injuries.

We continue to monitor the situation closely and remain on standby to offer any support needed.





41 1 σχόλιο 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Nick Stephen
Why so many fires...?

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
5 Νοεμβρίου 2020 ·

With lockdown restrictions being eased as the threat from COVID-19 lessened last week, we had initially been hoping to open on Monday 9th November.

Following the severe earthquake on Friday and rumours abounding of another lockdown, however, we are reviewing the situation.

Our building's structure remains secure, although a chip in the restaurant window has now spread into a serious crack which threatens to shatter across our eating area.

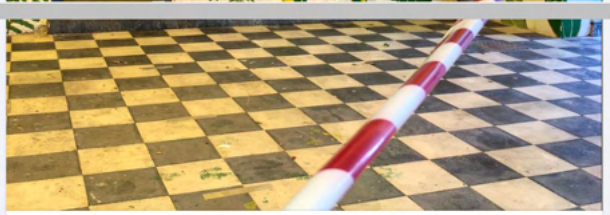
We take the safety and well-being of our guests with utmost seriousness and are working hard to replace the window.

Although we are currently sourcing a contractor, maintenance and repair teams are, understandably, in high demand at the moment.

However, we remain confident that we will be able to solve the problem.

We will keep you updated as the situation develops, and look forward to sharing photos when we eventually open!





23 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
4 Νοεμβρίου 2020 ·

After the devastating magnitude 7.0 earthquake on Friday 31 October Samos is attempting to rebuild. Although, many areas and buildings across the island remain in ruins and cordoned off with red tape.

The island is still unsafe. We continue to feel consistent and persistent aftershocks. Since Friday, there have been over 200 aftershocks varying between magnitudes of 1.0 and 4.6.
In the wake of this natural disaster, we have been trying to support the local community the best we can.

Today, we provided 65 fresh, hot meals for those staying in temporary camps in Vathy, unable to return to their homes because of damage and destruction from the earthquake.

On top of this, we provided kitchen and food supplies to the social initiative 'The Other Man'. This community kitchen has been cooking on the waterfront of the town, providing food for both locals and refugees in need!



43 4 κοινοποιήσεις

Γράψτε ένα σχόλιο...

Project Armonia
4 Νοεμβρίου 2020 ·

SAMOS UPDATE:
In the early hours of Monday morning, a fire broke out in the surrounding area of the Samos' refugee camp, otherwise known as the 'jungle'.

Whilst there is no clear information on how the blaze started, the fire spread quickly through a predominantly French and Lingala speaking section, destroying between 100 and 130 structures.

Over 200 people (including 10 families) were displaced. They were met by us and a collective of other responding organisations on a patch of ground outside the camp. Here, we provided them with masks, water and emergency blankets.

the day of the fire, our volunteers also assisted our partner organisations with the distribution of sleeping bags and tents to those affected.

Despite the situation on the ground having calmed, and life on Samos slowly returning to normality, the camp on Samos has never been fit for human habitation. The events of this terrible weekend have only exacerbated the dire and depressing conditions that the refugee community are forced to live in.

Our thoughts are with those of the refugee community who have once again lost everything and must now rebuild a life in what was already a challenging and hostile environment.

We have launched a fundraiser to support our community affected by the recent disasters. A huge thank you to all who have donated so far! To make a contribution to our fundraiser, follow this link: https://chuffed.org/.../autumn-fundraiser-keeping-our...

Please also sign the following petition calling for the evacuation of the camps: https://www.change.org/.../eu-commission-fire-moria-camp...



13 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
3 Νοεμβρίου 2020 ·

Project Armonia is raising funds to support our community volunteers in a time of crisis.

On Friday October 30th, an earthquake of 7.0 magnitude struck the island of Samos, causing a tsunami and destroying the lives of many. Following a weekend of consistent and persistent aftershocks, disaster struck again as the refugee camp was engulfed in flames.

We are now asking for donations, so that we might supply our community with mobile phone data and electrical charging packs.

In the face of a crisis of this magnitude, our mobile phones become a necessity, allowing us to monitor the situation and keep ourselves safe, as well as stay in touch with friends and family and tell them we are safe.

These products are also of the utmost importance to keep our community informed on the latest government advice in response to this emergency. They will also enable us to assess the needs of those who have lost everything, and effectively support them in this time of desperation.

Now more than ever, the refugee community needs your support. Please follow the link below to support this campaign

https://chuffed.org/.../autumn-fundraiser-keeping-our...



17 10 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

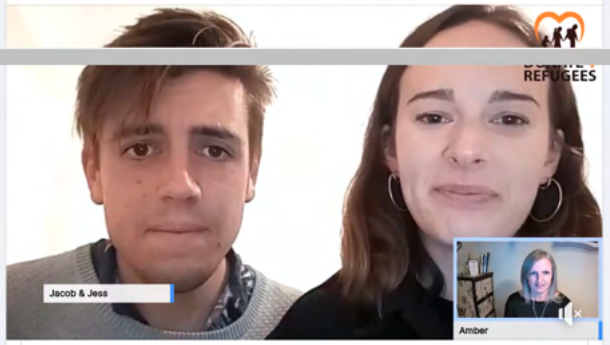
Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** κοινοποίησε ένα βίντεο από την playlist **Live From-The-Ground**.

2 Νοεμβρίου 2020 ·

Tonight our co-founder Jessica Nichols joined representatives from our partner organisations Action for Education and Donate4Refugees to discuss the 7.0 earthquake that rocked Samos on Friday 30th October and the fire in the camp that followed in the early hours of this morning.

Jess and Jacob shared their first-hand experiences on the frontlines of disaster response, and detailing appropriate and effective ways for people to get involved and help!



Ο χρήστης **forRefugees** έκανε μετάδοση live.

2 Νοεμβρίου 2020 ·

#Samos | The small island of Samos was rocked with a magnitude 7 earthquake on Friday, and last night fire destroyed a large area of the Vathy Refugee Camp. Tod... **Δείτε περισσότερα**

22 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Jacqui Hagen
So good to hear this update, thank you Jess and Jacob.

Μου αρέσει! **Απάντηση** 2 χρ.

Project Armonia

2 Νοεμβρίου 2020 ·

⚠️ FIRE ⚠️

At about 4.30 this morning, a fire broke out in the left side of Samos's 'jungle'. We are currently on site monitoring the situation. The damage from the fire is currently unconfirmed, but looks extensive.

We are working in collaboration with other NGOs to provide help where we can. After the fire, together we distributed emergency blankets, masks and water.

We remain on standby and will keep you updated.







47 5 σχόλια 17 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Kathy Isaac-Epp
Praying for safety for all.

Océanne Emma
Stay safe!
Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Hoping everyone is safe xx
Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Oh no 🙈 stay safe!
Μου αρέσει! Απάντηση 2 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Γράψτε ένα σχόλιο...

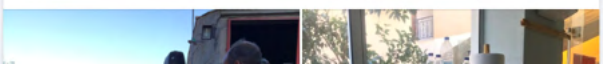
Project Armonia
31 Οκτωβρίου 2020 ·

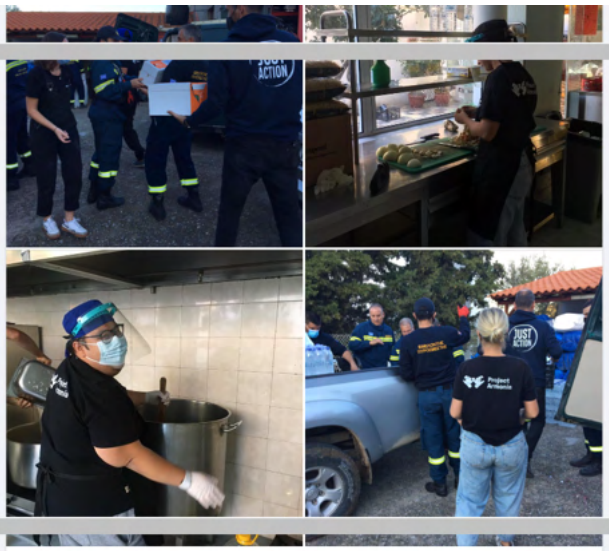
Following the earthquake, our partners Just Action have been in close communication with the island's authorities to offer any assistance possible from the NGO community here on Samos.

As a result, the Samos municipality asked us to cook 200 meals for locals throughout the town who have had their property destroyed, or whose homes are not safe to re-enter.

Following a structural check of the kitchen and gas canisters, we decided that the kitchen was safe for use. We cooked up 250 fresh, cooked meals for those in need. In addition, we supplied water, biscuits, solar lamps and baby food thanks to stock from the emergency supplies of Choose Love.

We continue to monitor the situation closely and will be on hand to provide support in any means necessary throughout the following days.





77 4 σχόλια 10 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Ciara Coakley
You guys are amazing!! Well done! Sending you all love ❤️
Μου αρέσει! Απάντηση 2 χρ.

Rayees Nesar Kapisa
Very good good luck all of you.👍🙏
Μου αρέσει! Απάντηση 2 χρ.

Monica Liberati
Let us know if you need extra cash at this time
Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Well done - keep me updated **Jessica Nichols** and **Fiona Wolownik** xx
Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
31 Οκτωβρίου 2020 ·

SITUATION UPDATE:
Yesterday at 13.51 an earthquake was recorded at a 7.0 magnitude, 14km off the coast from the town of Karlovasi on Samos. The island's residents remain on high alert, as a second tremor is expected within the next 48 hours and with multiple tremors since.

Following the initial shock, residents were immediately told to evacuate coastal areas and head for higher ground due to fears of a

receding once more. As a result, there has been extensive damage to property across the island, particularly in Vathy, Pythagorio and Karlovasi, and the island's airport remains shut.

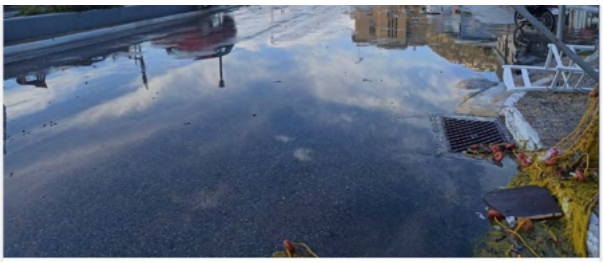
8 people have been admitted to hospital with non-threatening injuries, and a teenager flown to hospital in Athens to receive emergency treatment.

Two teenagers have been killed in the town of Vathy after a wall fell on them as they returned home; our thoughts and prayers are with their friends and family in this challenging time.

We continue to monitor the situation closely and will provide further updates as necessary.

Photo: Samos24.gr





31 1 σχόλιο 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Κορυφαίος θαυμαστής
Caron Nichols
Stay safe and keep in touch - let me know how you are. Thinking of you xx

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
30 Οκτωβρίου 2020 ·

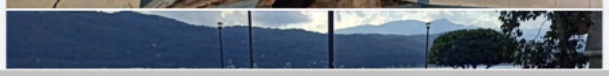
SITUATION UPDATE: At approximately 13.30, an earthquake registered at 7.0 on the Richter Scale, somewhere off the coast of Samos. The shock was felt throughout the island, and the town of Vathy evacuated immediately after tsunami warnings. The earthquake was also felt beyond the island in wider Greece, Bulgaria and Turkey.

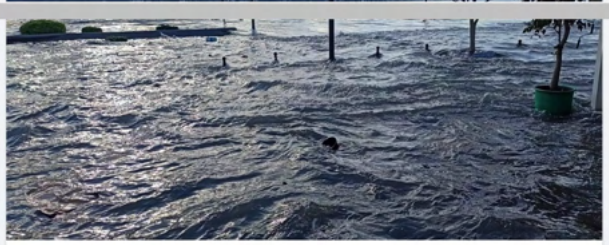
We are relieved to report that our volunteers remain in good health. We are following the advice of authorities and avoiding tall buildings and the coastline as aftershocks continue to rattle the island.

teenagers who were killed by a collapsing wall during the quake. Our thoughts are with their friends and families.

Photos: Samos24.gr







36 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
28 Οκτωβρίου 2020 ·

Life in the camp on Samos is challenging at the best of times, with many people going without basic amenities such as electricity and running water.

These problems have become inescapable the global pandemic, with all members of the refugee community being forced to stay in these inhumane conditions day-in day-out whilst the camp is on lockdown.

To ease their burden and break up the awful monotony of lockdown life in the camp, we have been busy compiling entertainment packs for our community volunteers.

These have included exercise books, pens and pencils, as well as sudokus, maths problems and brain teasers to keep people active.

For entertainment, we also bought our volunteers some packs of cards and dice, and compiled a sheet of card games they can play, such as Rummy, Caboodle and Go Fish!



20 2 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

المغترب وافي

Μου αρέσει! Απάντηση 2 χρ.

المغترب وافي
all the respect and appreciation

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
25 Οκτωβρίου 2020 ·

Project Armonia is raising funds to provide our community volunteers with electric charging packs and mobile data.

With Samos' refugee camp still on lockdown, these products are essential to fulfill vital services that are no longer available to members of our community.

This fundraiser will provide essential power so that our volunteers can charge their phones, continue learning online and keep in touch with loved ones; offering them a distraction from the dire conditions in

The pandemic has reminded all of us how vital regular communication with friends and family. For people trapped in this unfamiliar, hostile and undignified environment, a mobile phone offers a portal to loved ones, who can offer us comfort and support in our time of need.

The community needs your support in this time of need. Please follow the link below to support this campaign!

https://chuffed.org/.../autumn-fundraiser-keeping-our...





16 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
25 Οκτωβρίου 2020 ·

This week meet Mohammed! 👋

"My name is Mohammed Saleh Al-Ahmadi, I am 27 years old, and I identify as a traveller, photographer and writer.

I left Yemen for Malaysia in March of 2016 because of the war and devastation. Here I worked in a restaurant for two years and two months, until I acquired professional culinary skills.

I then began my journey to Greece, going through Turkey and arriving on the island of Samos in 2019.

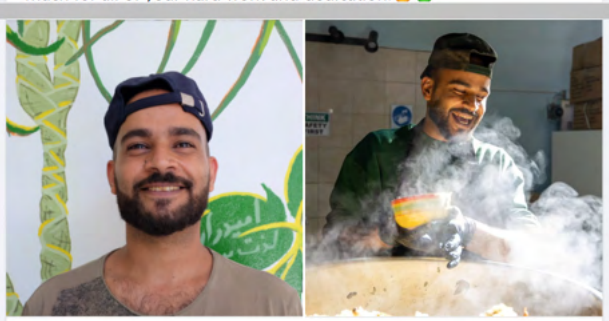
Whilst here, I have searched for NGOs to work with, and I have found that Project Armonia is the best organisation that helps refugees, providing healthy and nutritious meals for vulnerable refugees.

This really motivates me, and I love working here; all the volunteers work as one body, and we are united with a bond of humanity as we provide great meals for the elderly, sick and pregnant.

Project Armonia is the one thing that has made me happy on the island of Samos, as I am able to serve refugees healthy meals with joy and love.

Thank you Project Armonia!"

We're equally delighted to have Mohammed in our team, thank you so much for all of your hard work and dedication!💛💚



46 10 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Yahia Al Masri
👏👏👏
Μου αρέσει! Απάντηση 2 χρ.

Esmail Al-qublani
Hey Armonia
You got the best person with the best personality ever
Take care of him ❤️
Μου αρέσει! Απάντηση 2 χρ.

Hagi Muridi
Mohamed well sacrifice i thank you for your hard work for the community and I urge you to continue.
Μου αρέσει! Απάντηση 2 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Γράψτε ένα σχόλιο...

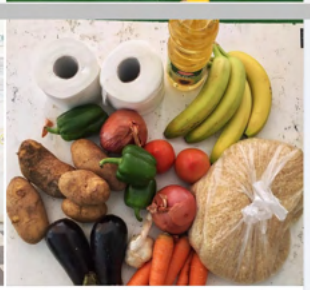
Project Armonia
22 Οκτωβρίου 2020 ·

Lockdown restrictions for the camp on Samos have added further tensions to the dire food situation here.

Those members of our community who have been granted Greek residency are no longer eligible to receive meals from the camp. In addition to this, when people are granted residency, they no longer receive financial support from the government. As a result, those with residency are struggling to find food.

Project Armonia is working hard to fill this gap. Before the lockdown was officially introduced, we distributed basic food packs to all of our volunteers from the refugee community to help tide them over.

And throughout the lockdown, we have been providing more food stuffs such as rice and vegetables to our community volunteers who live outside the camp, have been granted residency, and are now denied access to food.

33 1 σχόλιο 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Well done for all you do xx ❤️

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
20 Οκτωβρίου 2020 ·

We are committed to empowering all members of the refugee community.

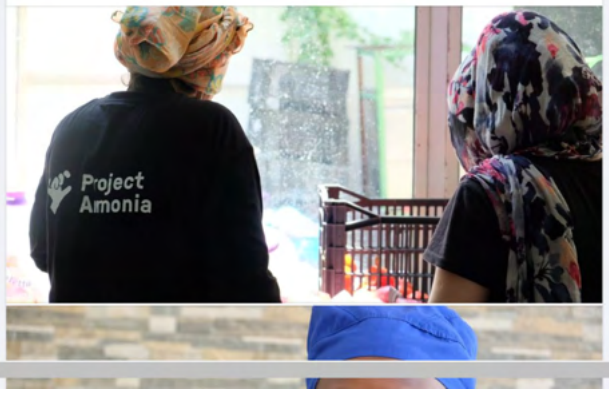
A key part of this involves representing and empowering the female population of the Samos camp.

Comprising one-fifth of the population, women in the camp face discrimination, as well as violence and sexual assault.

It is essential to address these injustices by providing a safe space, where women might feel valued and develop skills.

When we opened our doors in 2019, we employed 2 women in our kitchen and restaurant; as of October 2020, we now employ 13 women across our NGO.

We are delighted with the increase, and moving into 2021 we hope to continue our work, introducing more women to the team and continuing our regular women's days for our volunteers





37 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

المغترب وافي

help the refugees, as you give our voice to the world

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
12 Οκτωβρίου 2020 ·

This week meet Razak! 👋

"My name is Karim Razak, I was born in Freetown, Sierra Leone and I am 20 years of age. I started working at Project Armonia on 1 March 2020. Before, in Sierra Leone, I was working in my parents' international business. There, I was the main candidate of controlling all properties, supplying of good building materials, provisions, car dealing and also taking care of the workers and other task.

On Samos, I made up my mind to work as a volunteer in one of the voluntary NGOs which is the best in the island when it come to matter of giving out, helping the helpless, especially people with sickness.

The things we are doing in Armonia are as follows: Mainly we cook different types of foods five times per week. Within that period of time, we are almost 30 volunteers in the restaurant which is organised into two shifts and different types of activities to push the restaurant going with it duties.

My favourite activities in the restaurant are handing out food tokens, cleaning of the bathrooms, washing big cooking pots, food distribution, working in the kitchen and organising people that are coming for food because of the pandemic at hand.

I like working with this team because they are people with human compassion, kind to people and give lot of privileges whether they know you or not! They speak one language, racism is prohibited, their culture is one. And to crown it all ,they always lift their volunteers whenever they fall when it comes to matter of everything!

My hobbies are football and music. I like playing football and listen to cool melodious songs and miming some of the songs as well. My favourite foods include pizza, ice cream and cassava leaves.

Thanks you very much for the pleasure p. Armonia"



44 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

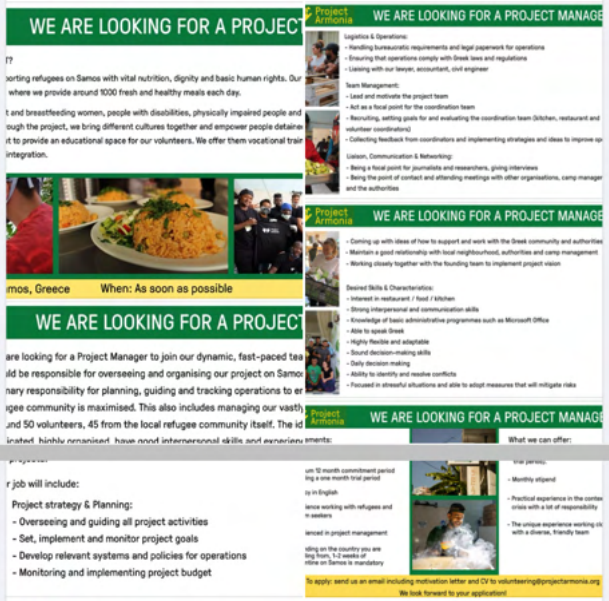
Γράψτε ένα σχόλιο...

Project Armonia
5 Οκτωβρίου 2020 ·

Want to join our diverse friendly team? We are currently recruiting a project manager!

As project manager you would be responsible for organising and overseeing our operations on Samos 🍽️

See below for more information including requirements, job



18 3 σχόλια 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Al-derhani Salah
We hope to join you

Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
الخبره في الطبخ جيدا، انتم كويسين جدا❤️

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
3 Οκτωβρίου 2020 ·

Meet the newest member of the Armonia kitchen team!

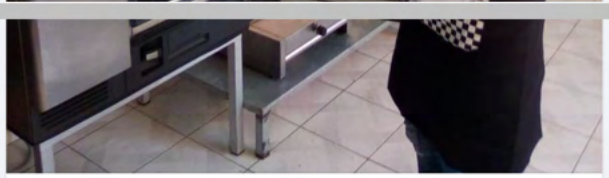
Thanks to donations from our partners AASIA we were able to purchase a new oven for our kitchen.

This crucial piece of equipment will allow us to increase variety in our food. It will also improve the efficiency of how we prepare rice - allowing us to feed more people each day! This new team member will cook an incredible 30kg of rice every hour! Plus our chefs are very happy avoid backache from cooking almost 100kg of rice per day manually in our cooking giant pots. Now it's as simple as pressing a button!

Thank you AASIA for your support and solidarity over the past months 💚🧡💚







34 2 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Marc-Antoine Pineau
Really Happy 😀

Μου αρέσει! Απάντηση 2 χρ.

Marc-Antoine Pineau
So happy ! 👍😊🧿🙏

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
2 Οκτωβρίου 2020 ·

SAMOS UPDATE

The number of reported COVID-19 cases within the camp continues to grow by the day. As of Wednesday 30 September, there were 76 positive cases, including 2 staff members. In addition, there have been 6 reported cases amongst the local Greek community. As a result, the lockdown on the camp has been extended from 29/09 to 12/10.

Within the camp, health infrastructure is completely inadequate to deal with such an outbreak and the virus has been spreading quickly. The designated isolation units are already over capacity. On top of this, to access basic services such as sanitation facilities and food, people must put themselves at further risk by entering packed lines. It

Amongst the 4500 camp residents are many who are severely vulnerable to COVID-19. This includes elderly people and people with chronic diseases - those who we usually feed at the Armonia restaurant.

Due to the lockdown and for safety measures, our usual services are currently suspended. But please join us in calling Europe to act. We need a new, humane migration policy that stops putting asylum seekers' lives at risk. Make your voice heard in our collective petition to European leaders, by following this link:
https://www.change.org/firemoriacamp

This video was taken in the camp food-line by one of our community volunteers during the camp's previous lockdown. We are currently keeping in close contact with our big team of volunteers living in camp and trying to support them as much as possible.





18 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
29 Σεπτεμβρίου 2020 ·

This month we provided over 8000 healthy meals to people in need 🍽

This would not have been possible without our amazing donors and partner organisations such as Volunteers for Humanity

Volunteers for Humanity have been supporting us for the past 6 [illegible] vulnerable!

Thank you for your support and solidarity 💚💛💚



Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Amazing number of meals - wonderful support from Volunteers for Humanity 👌❤️👍

Μου αρέσει! Απάντηση 2 χρ.

المغترب وافي
نحن اللاجئين في اليونان جئنا من أجل **Caron Nichols**
حياة أفضل لكن الحياة في الكامب لا تليق للحيونات
نتعرض للضغوط النفسية والجسدية نريد من يساعدنا في الحصول على حريتنا في تحديد مكاننا
نحن الآن محبسون في أسوا الظروف في الجزر اليونانية وتحت ظل كورونا حياتنا في خطر من دون رعاية صحية او [illegible]
ونستخدم دورات المياه نفسها ودور الطعام واحد للجميع
#أنقذونا

We, refugees in Greece, have come for a better life, but life in the camp is not suitable for animals
We are subjected to psychological and physical pressure. We want someone to help us gain our freedom to locate us
We are now trapped in the worst conditions on the Greek islands and under the shadow of Corona, our lives are in danger without health care or social distancing because thousands here live in one place and use the same bathrooms, and where food is the same for everyone.
#saveus

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Απαντήστε στο χρήστη Caron Ni...

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν

Project Armonia
26 Σεπτεμβρίου 2020 ·

This weekend, meet Newsha 👋👋

"Hello, I am Newsha. I am 27 years old. I am from Sanandaj, Kurdistan Province, Iran. I love cooking, horseback riding, sports and horror movies.

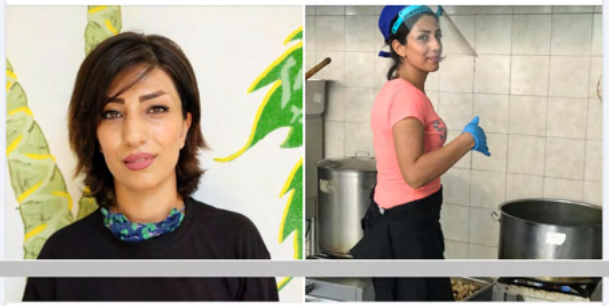
I started working in the Armonia Restaurant 7 months ago. When I arrived in Samos, I had no information about Armonia until I accidentally saw a notice on a wall. Having been informed of the location of this restaurant, and I knew that the camp food was completely unhealthy, I decided to go to Armonia Restaurant and be a member of this large, humane and benevolent family. I started working a few days later.

I am a cook here and I love cooking very much. This is a very beautiful place. The family of Armonia are all good and loving people. Everyone there is active, including Iranians, Afghans, Arabs, Somalis, Africans.

different race.

Here, the creators of this project are trying their best to provide good and quality food to the people. I am very happy to be a member of this family. Thanks to Armonia, I love you, and nowhere in the world will I forget Armonia's kind family. And if there is such a project in the road ahead, I would definitely like to help."

Thank you so much Newsha for being a part of our team 💛💚



83 5 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Marie-Claire Müri
Great job thank you Newsha.
Μου αρέσει! Απάντηση 2 χρ.

Hasan Majnan
تعلم **Trad Haaj** من خالتك ارمونيا 2
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Trad Haaj
Hasan Majnan خالتي فيونا 2

Απαντήστε στο χρήστη Hasan M...

أمي جنة علوش

👍

Μου αρέσει! Απάντηση 2 χρ.

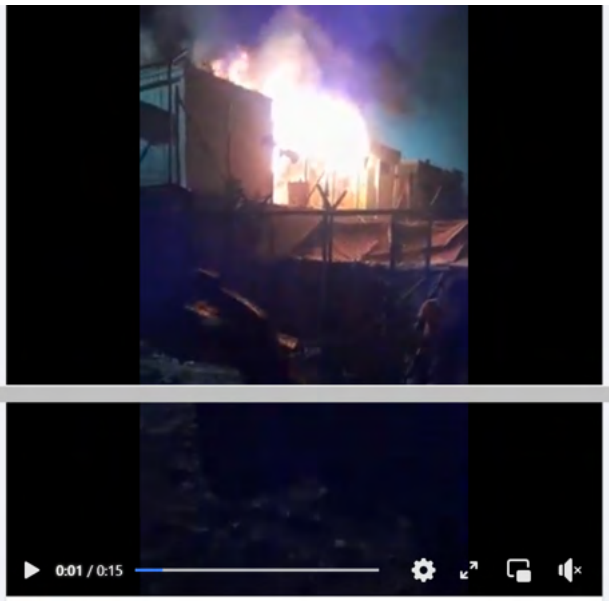
Γράψτε ένα σχόλιο...

Project Armonia
21 Σεπτεμβρίου 2020 ·

Tonight another fire broke out in Samos's refugee camp.

The blaze broke out on the minors level, inside the official camp perimeter. Two minors have been taken to hospital with burns. It is estimated that 3 housing containers were destroyed.

The current container being used to isolate confirmed COVID-19 cases remains intact. The total cases confirmed within the camp has now increased to 21.



30 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Σεπτεμβρίου 2020 ·

Thankfully, the direction of the wind carried the fire away from camp, avoiding catastrophe.

With two cases of COVID-19 being confirmed within the camp today, we cannot imagine the level of fear, anxiety and tension the people living there are now feeling.

After the events on Lesvos last week, this additional alarming news again signals the fact that the Aegean islands need to be evacuated immediately.

To try to prevent further tragedies, join us in signing the following petition to evacuate these unsafe, inhumane camps:
https://www.change.org/firemoriacamp



CHANGE.ORG
Sign the Petition
Fire Moria Camp: Call for urgent evacuation and radical change

16 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

Today, 2 cases of COVID-19 were confirmed in Samos's refugee camp. As a result, the camp has been put on full lockdown for the next two weeks.

Currently, there are over 4700 refugees living in and around this facility built for just 650 people. With such gross overcrowding, social distancing is impossible. Not only this, beyond inadequate sanitation facilities and deplorable living conditions make safety unattainable for

those who live there.

On the ground, we are currently assessing the safest way to support the residents of the camp in the weeks to come.



39 1 σχόλιο 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Thomas Weinen
Thank you dir all your good work!

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
13 Σεπτεμβρίου 2020 ·

Meet Ahmad Tamim 👋

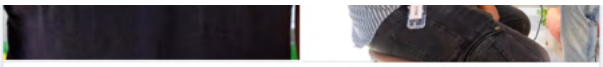
Tamim is 26 years old and from Afghanistan. He enjoys reading, sport and fitness. Back in Afghanistan, Tamim worked in banking as a customer service officer.

In Project Armonia, Tamim is one of the first faces our guests see each day! Each afternoon, Tamim works on our guest reception. Here, he [illegible] distributes meal tokens to hundreds of our daily guests. Alongside this, he also volunteers with MSF (Medecins Sans Frontieres) as a community outreach volunteer 💪

He says, "Many thanks to Armonia and it's founders because they opened this restaurant and helped refugees. And a thank you to all the volunteers who work daily in each section of the restaurant. I love you guys, I always appreciate all of you."

Tamim, thank you for being a part of our team!





41 7 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Kabir Khoja Sidiqi
موافق باشید تمیم جان
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

حبیب الرحمن عزیزی
موفق باشی تمیم جان
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

محمد
موفق باشی تمیم جان
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Arash Sakhizada
موفق باشی آغا تمیم
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Parwiz Nayab
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Nawid Ghafari
Tamim Rahmani at first let me to congratulate you your new career and wish you more success and great achievement head, secondly I am sure you have a great talent to prove yourself to achieve in your aims, and wish you have life full of joye ahead
Μου αρέσει! Απάντηση 2 χρ.

Jawid Zafari Zafari
موفق باشی تمیم جان
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
11 Σεπτεμβρίου 2020 ·

After the fires in Moria camp on Lesvos, the end of this week brought

This morning, bulldozers started to clear parts of the 'Jungle' around the official camp perimeter in Vathy, Samos.

From what we can determine, the aim was to destroy empty structures and those belonging to people who have recently been granted refugee status. Apparently, this was to make the road above camp more accessible incase of fire.

However, the majority of the structures destroyed were being lived in. Many of the people living here came to flee war and persecution. Now, they are again left homeless, their possessions destroyed and do not know where they can spend the coming nights.

Once again this week, refugees and asylum seekers being left without their basic human rights such as safety and shelter.

Today, we have come together with the other NGOs on the island to help the people who lost their homes with essential items.





59 14 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
9 Σεπτεμβρίου 2020 ·

Last night a huge fire tore through Moria camp on the Greek island of Lesvos. By morning, most of Moria was completely destroyed leaving thousands of people displaced.

After these events, the Greek government declared a state of emergency on the island of Lesvos, allowing them to mobilise all forces to the island.

home to almost 13,000 asylum seekers. The majority of these people spent the night sleeping on the streets. On top of this, facist groups on the island have started to attack NGO workers trying to help the people affected by the fire.

Concerningly, the facility for isolation of COVID-19 cases was also burnt down. At the time, the structure hosted 78 people, including 35 positive cases who have now been randomly displaced.

As it stands, the cause of the blaze still remains unclear. However, it can be said for sure that locking almost 13,000 vulnerable people into an overcrowded, beyond unsanitary facility during a pandemic would lead to disaster and uncontrollable tensions. If Europe continues to ignore such inevitable, avoidable catastrophes this most certainly will not be the last one that we witness.

#EuropeMustAct

Photos: Stand By Me Lesvos and A Motamedi



42 10 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

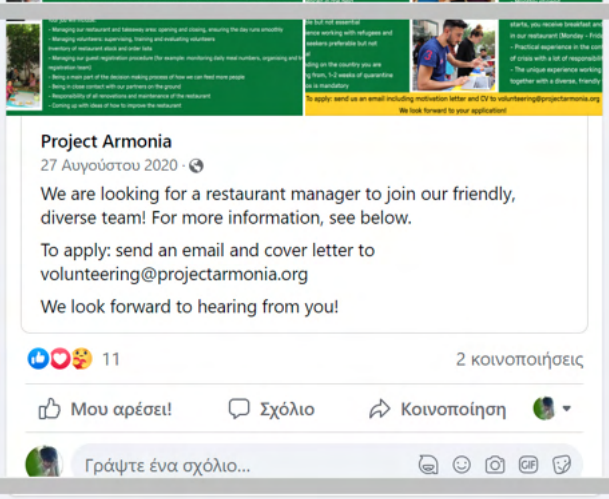
Project Armonia
7 Σεπτεμβρίου 2020 ·

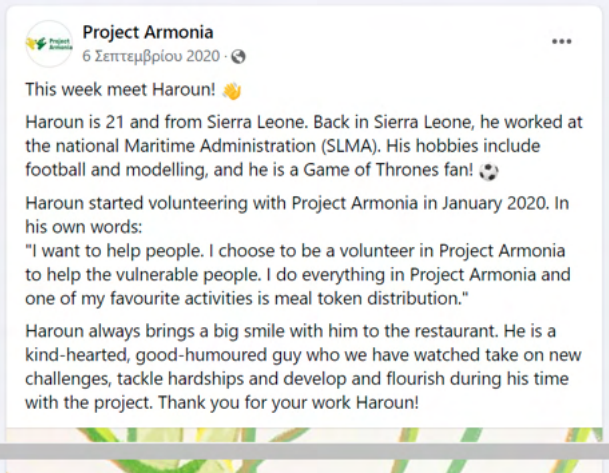
Interested in joining our team? We are still looking for a restaurant coordinator to help manage our daily operations and work closely with our large, diverse team! 💪

Read more below! To apply, send a motivation letter and copy of your CV to volunteering@projectarmonia.org




OUR PROJECT ABOUT?
grassroots NGO supporting refugees on Samos with vital nutrition, dignity and basic human rights. Our project is a free-restaurant
for refugees. Our aim is to work with mostly refugees to empower the community. Each day we provide around 1000 fresh and healt
h a team of around 60 volunteers, the majority from the refugee community itself.
de children, pregnant as well as breastfeeding women, people with disabilities, physically impaired people and the elderly with
g space where they can eat and escape from the inhumane conditions of the camp. Through the project, we bring different cu
and empower people detained on the island. Our aim is not just to distribute food, but to provide an educational space for our
rs. We offer them vocational training where they can improve their chances of sustainable integration.
tion: Vathy, Samos, Greece When: As soon as possible
Project Armonia WE ARE LOOKING FOR A RESTAURANT COORDINA
Project Armonia WE ARE LOOKING FOR A RESTAURANT COORDINA


Project Armonia
27 Αυγούστου 2020 ·
We are looking for a restaurant manager to join our friendly, diverse team! For more information, see below.
To apply: send an email and cover letter to volunteering@projectarmonia.org
We look forward to hearing from you!
11
2 κοινοποιήσεις
Μου αρέσει!
Σχόλιο
Κοινοποίηση
Γράψτε ένα σχόλιο...


Project Armonia
6 Σεπτεμβρίου 2020 ·
This week meet Haroun! 👋
Haroun is 21 and from Sierra Leone. Back in Sierra Leone, he worked at the national Maritime Administration (SLMA). His hobbies include football and modelling, and he is a Game of Thrones fan! ⚽
Haroun started volunteering with Project Armonia in January 2020. In his own words:
"I want to help people. I choose to be a volunteer in Project Armonia to help the vulnerable people. I do everything in Project Armonia and one of my favourite activities is meal token distribution."
Haroun always brings a big smile with him to the restaurant. He is a kind-hearted, good-humoured guy who we have watched take on new challenges, tackle hardships and develop and flourish during his time with the project. Thank you for your work Haroun!





45 2 σχόλια 2 κοινοποιήσεις

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Sheku Sankoh
Nice

Μου αρέσει! Απάντηση 2 χρ.

Raquel García Sanz



Μου αρέσει! Απάντηση 2 χρ.

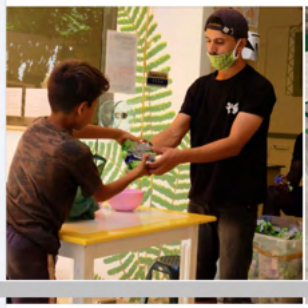
Γράψτε ένα σχόλιο...

Project Armonia

We now provide nutritious baby food in the Armonia restaurant!

Thanks to donations from Heimatstern e.V. Verein FAIR., Choose Love and AVC Schweiz we can provide our smallest, frailest guests with a healthy, delicious smoothie!

All the donated products are organic made with a mix of fresh fruits purees including pear, blueberry, orange and banana 🍌🍏🥕🍇





37 2 σχόλια 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

المغترب وافي
All respect and appreciation to my brother Ahmed Wafi

Μου αρέσει! Απάντηση 2 χρ.

Amar Nassar
💙💙💙💙

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
1 Σεπτεμβρίου 2020 ·

🍽 In August we cooked up a total of 16,595 fresh, nourishing meals for our guests! 🍽

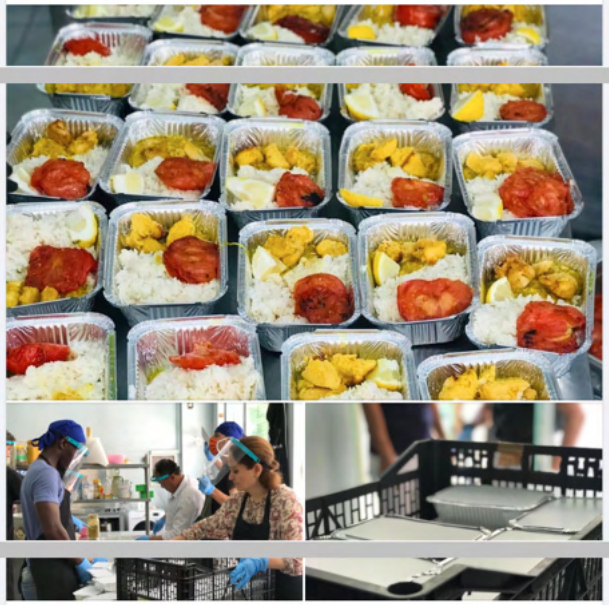
A huge thanks to our hardworking volunteer team for making this possible and for everyone who has donated recently! 💪

Our restaurant is free for refugees. We want to ensure the most vulnerable of Samos' refugee camp can receive at least one decent meal each day. In the coming months, we plan to expand our capacity to feed more people. To do this, we need your help.

We are entirely reliant on donations. One meal served costs us €1. Please spare what you can to allow us to feed more people in need. Food is a basic human right.

To help out, donate using the link below:

https://projectarmonia.org/#donate



52 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
31 Αυγούστου 2020 ·

We are looking for a kitchen coordinator to join our team!

This role involves working closely with our friendly, diverse team of volunteer chefs at the centre of our project 🍽!

See more information about the role below! To apply, send a copy of your CV along with a motivation letter to volunteering@projectarmonia.org

We look forward to hearing from you!



13 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

30 Αυγούστου 2020 ·

This Sunday meet Ibrahim! 👋

Ibrahim is 28 years old from Aleppo, Syria. He has been an Armonia volunteer for the past 7 months.

Before coming to Samos, Ibrahim was in the Syrian national triathlon team. In 2017, he won third place in the West Asian Championship held in Aqaba, Jordan. At university in Syria, Ibrahim studied Physical Education, graduating in 2019. Not long after, he was forced to flee war-torn Syria.

In Ibrahim's own words: "I chose to work with Project Armonia because they help vulnerable people such as pregnant women, the elderly and people suffering from health problems. I love to help people. I like all the different jobs in the restaurant- all the work there is equal and aims to help refugees who live a difficult life in the camp. I love working with the Armonia family because they are nice and kind."

Outside of volunteering, Ibrahim's hobbies include sports such as cycling, swimming, running, music and painting. His favourite films include Mr. Bean 🚴‍♂️🏊‍♂️

Thank you for being a part of our team Ibrahim!



37 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
28 Αυγούστου 2020 ·

In the Armonia restaurant, we aim not just to distribute food, but to offer refugees and asylum seekers a taste of home in a foreign place. Therefore, our hardworking chefs from the local refugee community cook familiar flavours and dishes from their home countries 🍽

Qubuli pulao (قابولی) is a regular dish served in our restaurant. It is a traditional meal from Afghanistan much loved by our guests and volunteers.

This delicious dish is made up of steamed rice mixed with meat, raisins, caramelised grated carrots, fried onions and spices. Our kitchen team serves it with a refreshing tzatziki sauce or fresh side salad!





41 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

We are looking for a restaurant manager to join our friendly, diverse team! For more information, see below.

To apply: send an email and cover letter to volunteering@projectarmonia.org

We look forward to hearing from you!



16 10 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
23 Αυγούστου 2020 ·

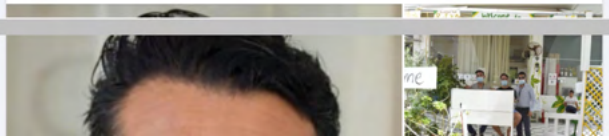
Each Sunday we will be introducing you to a member of our amazing team!

This week meet Nemat - a longstanding member of the Armonia team! Nemat is 41 years old from Afghanistan. He has been volunteering with Project Armonia for almost 9 months.

He says, "I decided to be a volunteer with Armonia because I want to be useful for humanity. I love every part of Armonia, my favourite parts are working in the kitchen and on tokens for the guests".

Nemat loves reading and writing, and his favourite dish is Quabuli - a dish frequently served at the Armonia restaurant.

Before coming to Samos, Nemat was a fruit seller in Iran and an experienced English teacher. At Armonia, before lockdown, he started his own English class to help his fellow volunteers develop their language skills.





48

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
22 Αυγούστου 2020 ·

Over the past few months, we have heard increasing reports of "illegal pushbacks" in the Aegean Sea by Greek authorities.

Allegedly, Greek authorities have been putting asylum seekers in life rafts, driving them back to Turkish waters and abandoning them there.

since March of this year, 1,072 asylum seekers have been abandoned at sea by the Greek coastguard.

Not only are these acts inhumane and extremely dangerous, but they violate International and European law.

Greece has publicly denied any such illegal activity. Whilst Kyriakos Mitsotakis, the Greek Prime Minister, has labelled these allegations as "a misinformation campaign" by Turkey in an interview with CNN

With news outlets dominated by reports of the ongoing pandemic, such violations of human rights at Europe's borders have been largely absent from the mainstream media. Attention needs to be brought to these illegal actions, whilst European leaders need to stand up and take responsibility for the safety and basic human rights of those that wish to seek asylum here.

Read the full article by following this link:
https://www.nytimes.com/.../greece-migrants-abandoning...

See Kyriakos Mitsotakis's interview with CNN using the following link:
https://www.facebook.com/watch/?

Photo taken from Aegean Boat Report



20 4 κοινοποιήσεις

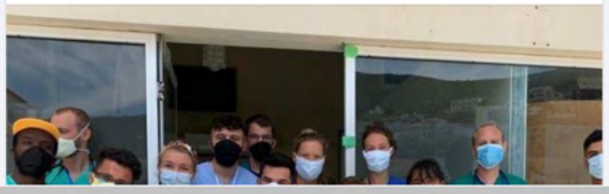
Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia

20 Αυγούστου 2020 ·

Shoutout to our amazing partners Med'EqualiTeam 💚💛





Choose Love
20 Αυγούστου 2020 ·

This team put a call out for help. They couldn't believe the response.

Our partner Med'EqualiTeam offer primary healthcare to the thousands of people who live in the camp on the Greek island of Samos. During lockdown and operating with just a skeleton staff, they asked the other organisations on the island if they could help.

Soon volunteers from our other partners Action for Education and Refugee 4 Refugees came and helped with crowd control and translation, Still I Rise and Samos Volunteers used their laundry facilities to wash medical scrubs and masks every day, Glocal Roots and Refugee Law Clinic Berlin offered their apartments so incoming medical volunteers had somewhere to quarantine upon arrival, and Project Armonia ensured the most vulnerable patients could get a hot meal.

Because of this incredible teamwork, the clinic remained open throughout lockdown, ensuring hundreds of patients could more easily access vital healthcare.

This unique collaboration further proves that the hardest times

to you 💛💛💛

38

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
17 Αυγούστου 2020 ·

Have a look at SRF's reportage from Samos. They follow one of our long-term volunteers, Adel.

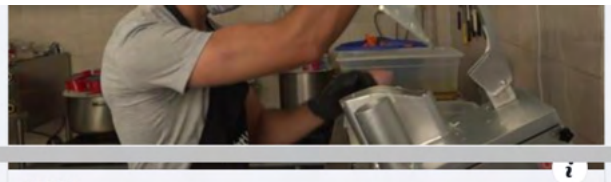
Adel fled Aleppo, Syria leaving his family and life behind in order to find safety. He has now been in Greece for three years and is still waiting to be granted asylum.

In the video, Adel shows the atrocious conditions in which he and

be granted asylum. He also describes how he attempts to make a change and ease the suffering of some of the most vulnerable camp residents.

Now during COVID-19, life in the camp is even more terrifying. Please help us continue our work on Samos by making a donation: https://projectarmonia.org/#donate





SRF.CH

Samos – Essen für Flüchtlinge - Play SRF

Vor drei Jahren floh Adel Akash vor dem Krieg in Syrien. Gestrandet...

35 1 σχόλιο 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

المغترب وافي
God is the helper, and God willing, his conditions will improve for the better

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia

16 Αυγούστου 2020

These are the faces that make up the Project Armonia team.

Our team on the ground is made up of over 50 hardworking volunteers. We are an incredibly diverse team, from a total of 17 different countries. The vast majority of our volunteers are from the local refugee community itself.

As a collective of individuals, we have come together from a wide range of backgrounds and traditions to provide refugees and asylum seekers with nourishing food. Instead of seeing our differences as something that could divide us, we view it as an example of how people can come together and work successfully across multiple language and cultural barriers to help those in need.

Every Sunday, we'll be introducing you to a member of this incredible team. Stay tuned!



Majida Alaskary και 74 ακόμη 4 σχόλια 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Rayees Nesar Kapisa



Μου αρέσει! Απάντηση 2 χρ.

Δείτε 2 ακόμη σχόλια

Project Armonia

5 Αυγούστου 2020

Last week, Samos had its first confirmed cases of COVID-19. As it stands, there are currently 3 confirmed cases on the island. These confirmed cases are not camp residents.

In light of these recent developments, we have increased our safety precautions in the Armonia restaurant so we can continue to provide nutritious, safe food to our hundreds of daily guests.

However, when they return to camp, their safety is not guaranteed. They live in overcrowded, squalid conditions. They have to share

bathrooms and sanitation points with hundreds of other people. Most of them live in make-shift structures withing inches of each other, in the unbearable summer heat which makes isolation and safe social distancing impossible. With the camp around 10 times its intended capacity, the lives of the people forced to live in the camp are at risk.



40 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
1 Αυγούστου 2020 ·

For this occasion, we served a special dish for our guests to take-away thanks to the support of a donation from THREE PEAS help make a difference!

Our kitchen team prepared sheep meat in a yogurt, saffron and tomato based sauce topped with crispy onions and accompanied by a fresh side salad.

We wish everyone a happy Eid!



32 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

المغترب وافي
good

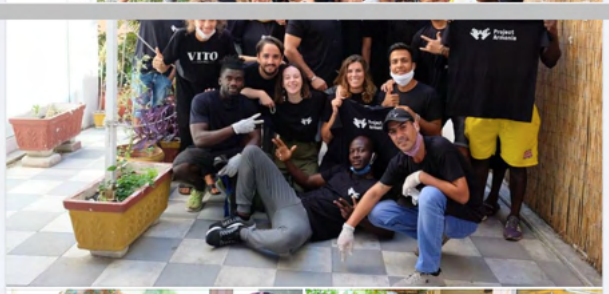
Μου αρέσει! Απάντηση 2 χρ.

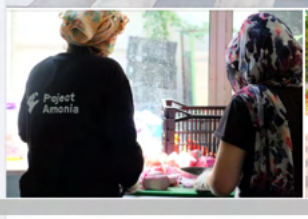
Project Armonia
31 Ιουλίου 2020 ·

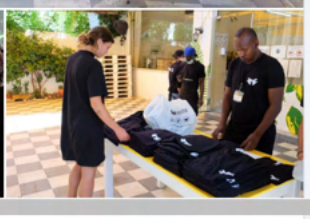
We recently recieved 150 new working uniforms for our dedicated and hard-working team!

A big thank you from our team in Greece to the amazing people from Vito Pizza Bakery in Basel, Switzerland for making this possible!💛💚









36 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

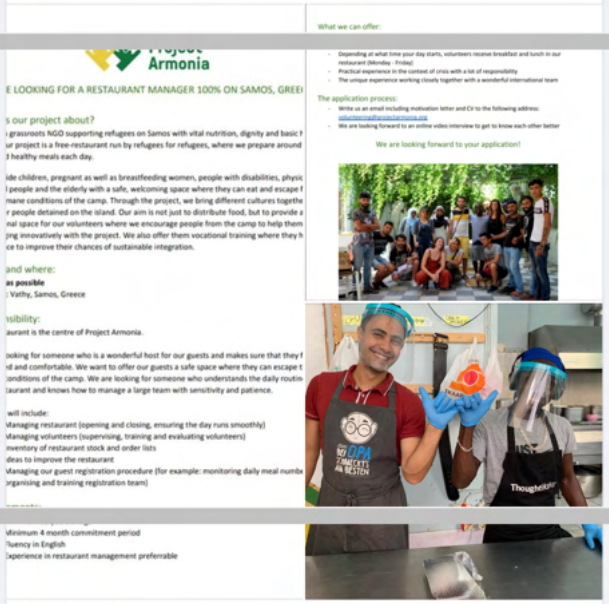
Γράψτε ένα σχόλιο...

Project Armonia
31 Ιουλίου 2020 ·

We are looking for a restaurant manager to join our friendly team on Samos!

To find out more read below. To apply, send a cover letter and CV to volunteering@projectarmonia.org

We look forward to hearing from you!



17 1 σχόλιο 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Μπαρμπαρα Χ.
Hi, I can help you call me

Μου αρέσει! Απάντηση 2 χρ.

Ο χρήστης **Project Armonia** γιορτάζει γενέθλια.
29 Ιουλίου 2020 ·

We would like to wish a huge thank you to everyone who has supported and helped us along the way. Since the 29th July 2019 we have distributed over 120,000 meals and worked with around 100 volunteers from 22 different countries. This could not have been possible without you!

Here are some birthday wishes from our Armonia family!



82 11 σχόλια 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Nemat Tajik
It amazing and I wish the best for this big family

Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Happy birthday and well done on all your hard work xx
❤️❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

Happy birthday

Μου αρέσει! Απάντηση 2 χρ.

Yassir Arafat
Happy birthday Project Armenian..💙

Μου αρέσει! Απάντηση 2 χρ.

عقيل زكي
Happy birthday 🎈🎉

Μου αρέσει! Απάντηση 2 χρ.

Naser Ansari
Happy birthday armonia❤️

Μου αρέσει! Απάντηση 2 χρ.

Marie-Claire Müri
Happy birthday Armonia and congratulation to all of you who are working for it. THANK YOU!

Μου αρέσει! Απάντηση 2 χρ.

Suzie Heinemann

Μου αρέσει! Απάντηση 2 χρ.

Richard Bell
Well done for caring and well done for getting through a year with some huge challenges to overcome. Wishing you love and the strength that you need to continue you vital work , carry on opening people's eyes to the reality of the refugee's plight in this world. Hope your team all enjoy celebrating your birthday you should feel justly proud of yourselves

Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε

MA Afghan
Happy birthday project Armenia

Μου αρέσει! Απάντηση 2 χρ.

Liz Clifton
Happy birthday to all of your great team 🙏

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

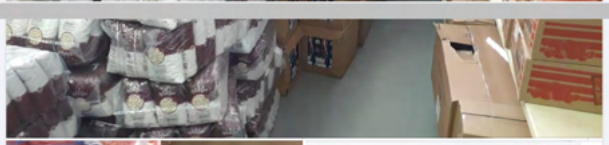
Project Armonia
24 Ιουλίου 2020 ·

Recently, Project Armonia has started to support those from the local Samos community who are in much need of food.

Together with Help Refugees, Just Action and Refugee4Refugees we have provided food for local Greeks across the island in collaboration with Samos's Social Market. This initiative supports struggling Greek people with much needed dry food items every month.

We are very happy to be able to support this project!









Κοινωνικό Παντοπωλείο Σάμου

Ευχαριστούμε θερμά τις Μη Κυβερνητικές Οργανώσεις: JUST ACTION, REFUGEES 4 REFUGEES, ARMONIA και HELP REFUGEES για την γενναιόδωρη δωρεά τους στο Κοινωνικό Παντοπωλείο Σάμου. Με αυτή τους τη προσφορά εξασφαλίστηκε η διανομή τροφίμων, για τον μήνα Ιούλιο, στους ωφελουμενους της δομής σε όλο το νησί.

47 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
22 Ιουλίου 2020 ·

Have a listen to our co-founder Fiona Wolownik's virtual TEDx talk about the importance of food and sustainable integration for refugees

Fiona explains how she ended up on Samos and decided to dedicate her time to provide the nutritious food, dignity and basic human rights refugees here are otherwise denied. She also describes how Project Armonia aims to facilitate the sustainable integration of refugees into host communities.

https://youtu.be/PHJowMofHP4





YOUTUBE.COM

The importance of food and sustainable integration for refugees | Fiona Wolownik | TEDxBasel

76 6 σχόλια 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Liz Schurter

🙏

Μου αρέσει! Απάντηση 2 χρ.

Anmar Abdali

True, most of violence and fighting inside the camp

Armonia project it's great idea for make more feeding, more stability and peace.
You explained everything, thanks Ms. Fiona 😉

Μου αρέσει! Απάντηση 2 χρ.

ابو جواد المكصوصي



Μου αρέσει! Απάντηση 2 χρ.

Hasan Majnan

برافو

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Seydou Baba

May God bless you in your project and always protect you

Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής

Caron Nichols

🙏❤️

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia

13 Ιουλίου 2020 ·

Thank you so much to HU Welcome Tandems for their recent fundraiser!

HU Welcome Tandems are a group of volunteers at the Berlin Institute for Empirical Integration and Migration Research (BIM at the Humboldt University in Berlin.) Their project brings together people with a refugee history who want to find their way into the university system after their arrival in Berlin with Berlin students.

They recently chose to fundraise for Project Armonia to enable us to continue to provide healthy and nutritious meals for those most in need.

They raised an incredible €3,587 euros of their €2,500 target!

Thank you so much to them and everyone that supported their campaign!





43 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
9 Ιουλίου 2020 ·

Today we celebrate one month since reopening the Armonia restaurant after the COVID-19 lockdown in Greece. Have a look and see what our team has been upto in this time!



94 8 σχόλια 25 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Sabine Burckhardt
Tolles Video mit zwei starken Frauen !! **Gratuliere** macht weiter so .
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Liz Clifton
Fantastic! So glad you are open again - you do a great job ❤️
Μου αρέσει! Απάντηση 2 χρ.

Moïsa Scarpa



Μου αρέσει! Απάντηση 2 χρ.

Marc-Antoine Pineau
Great Team ! Great work ! Great Help ! 💙🧿🙏
Μου αρέσει! Απάντηση 2 χρ.

Nick Stephen
Great to see you on camera **Jessica** (Jess). So pleased that you guys have bounced back and are starting to do your good work again. Hope you have a good second half of the year!
❤️ from me and **Marilyn** xx
Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Lovely to see you're open and able to provide much
able to open fully soon xx 🙏🤞❤️
Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Very nice, wonderful, conciliate, loved

Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Great job Jess, Fiona and all of you lovely volunteers

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

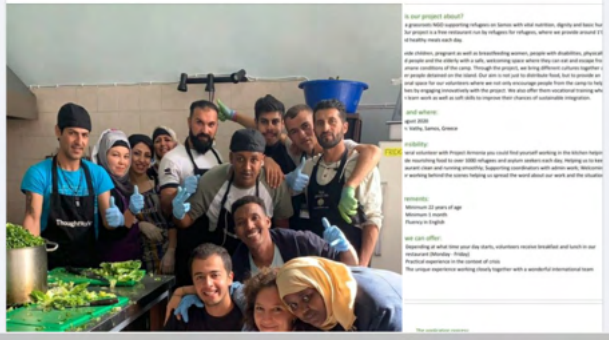
Project Armonia
9 Ιουλίου 2020 ·

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
2 Ιουλίου 2020 ·

Want to join our close-knit, diverse hardworking team?

We are looking for volunteers to join us in Samos! Read more below!







51 2 σχόλια 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Maaike Vledder

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
12 Ιουνίου 2020 ·

We have reopened!

As lockdown is being lifted in Greece we have been able to start providing nourishing meals once again!

Due to COVID-19, for the safety of camp residents, we have re-opened only for takeaway, ensuring our guests follow safe social distancing measures and our staff are protected.

Since Tuesday we have provided over 1700 healthy meals to our returning customers as well as registering new ones to receive free food at our restaurant





97 4 σχόλια 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Marie-Claire Müri
Have a good restart and thank you for your great job.

Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
That's great news xx

Moïsa Scarpa



Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Great job jou have re-opened.

Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε

Γράψτε ένα σχόλιο...

Project Armonia
12 Ιουνίου 2020

Ab Minute 18 ist der Beitrag von Grenzenlose Wärme - Refugee Relief Work e.V. zusammen mit uns zu sehen!

Grosses Dankeschön an alle die mitgewirkt haben!

Δείτε τη μετάφραση

Grenzenlose Wärme - Refugee Relief Work e.V.
12 Ιουνίου 2020

Vor ein paar Wochen kam von der WDR Lokalzeit aus Dortmund die Anfrage, wie sich unsere ehrenamtliche Situation aktuell gestaltet und wir erzählten von unserem Podcast.
Vergangenen Mittwoch wurde der Beitrag ausgestrahlt in dem auch viele Eindrücke der Situation in Thessaloniki und auf Samos dargestellt wurden.
Unterstützt wurden wir dabei durch das Bildmaterial von O-Young Kwon I oyphoto.com der im Januar die Arbeit von Medical Volunteers International e.V. und Wave - Thessaloniki begleitet hat und die Menschen, die dort versorgt werden, in den Fokus gestellt hat. Die weiteren Bilder wurden ins zur Verfügung gestellt von der NGO Project Armonia die auf Samos unermüdlich wichtige Arbeit leisten und deren Mitbegründerin auch Gast in unserer letzten Podcast Folge bei Radio Nordpol war.

anmerken, dass auch ohne unsere Anwesenheit die großartige Arbeit in Griechenland fortgeführt wird und wir bei unseren Einsätzen lediglich unterstützend unter die Arme greifen, wo es gerade benötigt wird.
Nichtsdestotrotz ist es unser aller Aufgabe, gegen das Vergessen der Situation an Europas Außengrenze zu arbeiten!

Vielen Dank für all eure Unterstützung in der Vergangenheit!

#leaveNoOneBehind
#togetherforbetter

https://www1.wdr.de/.../video-lokalzeit-aus-dortmund...

Δείτε τη μετάφραση





WWW1.WDR.DE

Lokalzeit aus Dortmund | 10.06.2020

Themen: Eichenprozessionsspinner auf dem Vormarsch | Coronavir...

4 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

11 Ιουνίου 2020 ·

A big thank you for everyone who has fundraised for us over the past couple of months!

In times of a pandemic thank you for coming together to raise money for those stuck in deplorable conditions without sufficient access to sanitation facilities, safe places to isolate and vital nutrition. Thanks to such fundraisers we are allowed to continue providing vital nutrition and a safe space to escape Samos's refugee camp.

Here are a few links for fundraisers ending soon, you can help them achieve their fundraising goals:

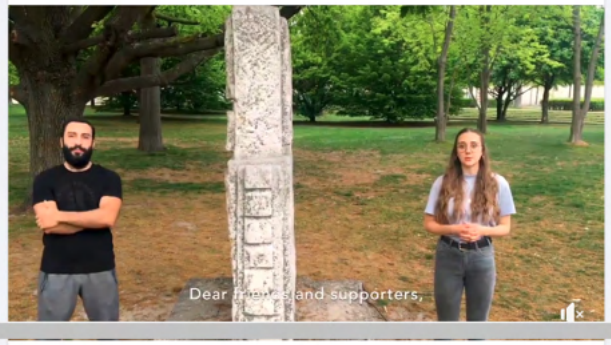
Dedicated volunteers at HU Welcome Tandems have been campaigning to raise money for our project. The video below shows more about the situation on Samos and our work. Help them reach their goal of 2500 by donating using the following link!

https://www.gofundme.com/f/soforthilfe-samos...
(euro donations)

Tara Springate and Sophie have completed a half Olympic triathlon in support of Project Armonia, you can donate using the following link: (UK donations)

https://www.gofundme.com/.../tara-and-sophies-half...

Thank you for your solidarity and support! We couldn't do it without you 💚💛💚



Akram Damas και 27 ακόμη 2 σχόλια 9 κοινοποιήσεις

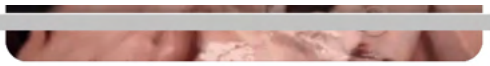
Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Mgdolen Grshta ···





Μου αρέσει! Απάντηση 2 χρ.

Michaela Deußer
Klasse so Aktionen sollte es noch viel mehr geben die solch eine gute Tat verbringen dann gäb es vielleicht weniger Armut in unserer Welt



Μου αρέσει! Απάντηση Δείτε τη μετάφραση 6 εβδ.

Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** είναι με τους **Sebastian Heinze** και **Aybüke Yildirim**.
4 Ιουνίου 2020 ·

Podcast with Grenzenlose Wärme
is now on Spotify! German ONLY!

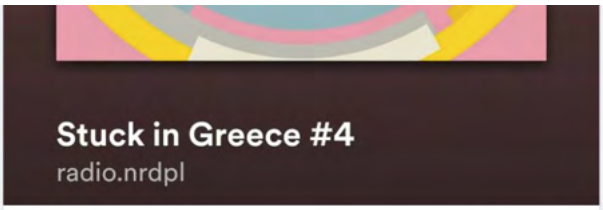
Die vierte Folge der Podcastreihe #stuckingreece von Grenzenlose Wärme - Refugee Relief Work e.V. ist bei Radio Nordpol Online gegangen. Als Gast dabei war Aybüke Yildirim als Mitbegründerin von @projectarmonia und erzählt über die Situation auf Samos. Einmal mit und ohne die Auswirkungen der Coronapandemie und über die Feuer, die vor gut vier Wochen im Camp gewütet haben und deren Ursprung.

Ein grosses Dankeschön geht nebst Grenzenlose Wärme auch an Seebrücke Dortmund und youngcaritas Dortmund!

> Podcast με απεριόριστη ζεστασιά
> είναι τώρα στο Spotify! ΜΟΝΟ Γερμανικά!
>
> Το τέταρτο επεισόδιο της σειράς podcast #stuckingreece από τον Grenzenlose Wärme - Refugee Relief Work e.V. μπήκε online στο Radio Nordpol. Επισκέπτης ήταν ο Aybüke Yildirim, συνιδρυτής του @projectarmonia και μιλάει για την κατάσταση στη Σάμο. Μια φορά με και χωρίς τις συνέπειες της πανδημίας του κορωνοιού και για τις πυρκαγιές που μαίνονται στο στρατόπεδο πριν από τέσσερις εβδομάδες και την καταγωγή τους.
>
> Ένα μεγάλο ευχαριστώ πηγαίνει επίσης στο Seebrücke Dortmund και στο youngcaritas Dortmund !

· Απόκρυψη μετάφρασης · Βαθμολογήστε αυτό τη μετάφραση





9 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Project Armonia
22 Μαΐου 2020 ·

For solidarity and humanity.
Evakuieren JETZT


ACAT-Schweiz, AGILE.CH, AGORA, aid hoc, Amnesty International Schweiz, ARAVOH - Association pour les Requérants d'Asile à Vallorbe Œcuménique et Humanitaire, arbeitskreis tourismus & entwicklung (akte), Ärzte ohne Grenzen | Médecins Sans Frontières (MSF) Schweiz, Asile LGBT, Associazione Movimento dei Senza Voce, AsyLex, Autonome Schule Zürich, Basel hilft mit, Basisgruppen-Bewegung Schweiz, Be a Robin, Be Aware And Share, Be-Höme, Bereich OeME-Migration der Reformierten Kirchen Bern-Jura-Solothurn, Berner Beratungsstelle für Sans-Papiers, Bewegung für den Sozialismus Zürich (BFS), Brot für alle / Pain pour le prochain, C.E.D.R.I. / Europäisches Bürgerinnen Forum, CAMPAX, Centre de Contact Suisses-immigrés (CCSI), Genève, Centre de la Roseraie, Centre social protestant de Genève, Cercle Martin Buber, cfd - Die feministische Friedensorganisation, ClimbAID, Collectif Vaudois de Soutien aux Sans-Papiers (CVSSP), Collectif de soutien aux sans-papiers de Genève, Collectifs romands de la grève féministe et des femmes*, Coordination asile.ge, Cuisine sans frontières, DAHUMAS - Dachverband freiwillige humanitäre Hilfe Schweiz, Demokratische Jurist_innen Schweiz, Droit De Rester Lausanne/Fribourg/Neuchâtel, elisa-asile, Evangelische Frauen Schweiz, Everyday, just a Smile, FIZ Fachstelle Frauenhandel und Frauenmigration, Forum Anabaptiste pour la Paix et la Justice, Frauen für den Frieden, Freiplatzaktion Zürich, Gesellschaft für bedrohte Völker GfbV, Gewerkschaft Unia, Glocal Roots, Groupe d'Accueil des Migrants du Mont (GAMM), Grundrechte.ch, Gruppe für eine Schweiz ohne Armee GsoA, HEKS, Heivetas, Humanistische Atheisten, humanrights.ch, IG Sans-Papiers St. Gallen, Interaction-suisse, Internationaler Sozialdienst Schweiz, Jesuiten Flüchtlingsdienst Schweiz, Jüdische Stimme für Demokratie und Gerechtigkeit in Israel/Palästina, Kune Aid, L'AMAR, Le Groupe de travail Interculturel SEA-RES, Ligue suisse des droits de l'Homme, Section Vaudoise, Netzwerk migrationscharta.ch, Marche mondiale des femmes, Medico International Schweiz, Mini Deckl, MITEINANDER LANGENBRUCK, Mouvement Jurassien de Soutien aux Sans-Papiers et Migrant.e.s, Migrationskommission des Schweizerischen Gewerkschaftsbundes SGB, One Happy Family, One Love, Open Borders Caravan Bern, Operation Libero, Paul-Grüninger-Stiftung, Project Armonia, Public Eye, Rainbow Spot - permanence LGBTIQ+ Asile-migration (Lausanne), Rostplatz, RECIF Neutchâtel, Reitschule Bern, Religiös-Sozialistische Vereinigung der Deutschschweiz, RISE Attorneys at Law Zürich, Rota-Migrantische Selbstorganisation, SAH Schweiz, Sans-Papiers Anlaufstelle Zürich, SAO Association für Frauen auf der Flucht, Schweizer Freundeskreis von Givat Haviva, Schweizerische Beobachtungsstelle für Asyl- und Ausländerrecht (SBAA), Schweizerische Flüchtingshilfe, Schweizerischer Friedensrat, Schweizerischer Katholischer Frauenbund, Schwizerchrüz, Seebrücke Schweiz, Solibu, Solidar Suisse, l'exclusion et la xénophobie, StopPauvreté / StopArmut, Terres des Femmes Schweiz, The Voice of thousands, Theologische Bewegung für Solidarität und Befreiung, Together Human, Transgender Network Switzerland TGNS, Unser Recht, Verein FAIR, Verein für Menschenrechte und Solidarität in der Schweiz (VEMMESS), Verein Miteinander Vaizeina, Verein Netzwerk Asyl Aargau, Verein Solibrugg Beratung- und Schreibstube für Flüchtlinge, Verein Tipiti, Verein MITEINANDER, Vivre Ensemble | asile.ch, voCHabular, Volunteers for Humanity, VPOD-SSP, Wir alle sind Bern, Wo Unrecht zu Recht wird, youngCaritas, Zunder - Migration jetzt, Zurich Legal

Evakuieren JETZT
22 Μαΐου 2020 ·

Unterzeichnerorganisationen

Wir sind 131 Schweizer Organisationen aus den verschiedensten Bereichen, aber eines haben wir gemeinsam:

Wir fordern die Einhaltung der Menschenrechte.
Wir fordern den Bundesrat und das Parlament auf zu handeln.

Abwarten gefährdet Menschenleben.

www.evakuieren-jetzt.ch

ACAT Suisse Schweiz Svizzera
Agile.ch Die Organisationen von Menschen mit Behinderungen
Agora Asile Accueil
aid hoc
Amnesty International Schweiz
Ärzte ohne Grenzen / Médecins Sans Frontières (MSF)
Elisa Asile
AsyLex
Autonome Schule Zürich - ASZ
Basel hilft mit - Bahm
Be a ROBIN
Verein Berner Beratungsstelle für Sans-Papiers
Bewegung für den Sozialismus - BFS
Brot für alle
Pain pour le prochain
Campax
La Roseraie: Centre d'accueil et de formation pour personnes migrantes
ClimbAID
Collectif Vaudois de Soutien aux Migrant-e-s
Cuisine sans frontières
Dahumas
Demokratische Jurist_innen Schweiz / Juristes Démocrates de Suisse
Droit de Rester Neuchâtel
Droit De Rester - Fribourg
Droit de rester pour tou.te.s
Elisa Asile
Everyday, just a smile
FIZ Fachstelle Frauenhandel und Frauenmigration
Frauen für den Frieden Schweiz
Freiplatzaktion Zürich
Gesellschaft für bedrohte Völker (GfbV) Schweiz

Gewerkschaft Unia
Glocal Roots
grundrechte.ch
GSoA - Gruppe für eine Schweiz ohne Armee
HEKS - Hilfswerk der Evangelischen Kirchen Schweiz
Helvetas Schweiz
Humanistische Atheisten
humanrights.ch - Menschenrechte Schweiz
Interessensgemeinschaft Sans-Papiers St.Gallen
InterAction - Association Suisse pour les Intersexes
KUNE
Ligue suisse des droits de l'Homme
medico international schweiz
Mini Decki Schweiz
One Happy Family - Community Center
Open Borders Caravan Bern
Operation Libero
Project Armonia
Public Eye
Rainbow Spot - Permanence lgbtiq+ Asile/Migration - Vaud
Rastplatz
Reitschule Bern
ROTA - Migrantische Selbstorganisation
SAH (Schweizerisches Arbeiterhilfswerk)
Sans-Papiers Anlaufstelle Zürich SPAZ
SAO Association
Schweizerische Flüchtlingshilfe SFH
SKF Schweizerischer Katholischer Frauenbund
schwizerchrüz.ch Michael Räber
Seebrücke Schweiz
Solidar Suisse
Solidaritätsnetz Ostschweiz
Solidarité sans frontières
Solidarité Tattes
Solinetz Zürich
Solinetz Luzern
Spendendepot Zürich
Heilsarmee Schweiz / Armée du Salut Suisse
StopExclusion Genève
StopPauvreté
TERRE DES FEMMES Schweiz
The Voice Of Thousands
Together Human
TGNS - Transgender Network Switzerland
Unser Recht - Notre Droit - Nostro Diritto - Noss Dretg
Verein FAIR.
voCHabular
Volunteers for Humanity
VPOD Schweiz
Wir alle sind Bern
Wo unrecht zu recht wird
Zunder - Migration jetzt

Δείτε τη μετάφραση

7

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
16 Μαΐου 2020 ·

From one of the camp residents on Samos (Anonymous):

"From one asylum seeker to all human rights activists or to everyone in every place of this society, and for all those whose hearts are for the refugees who have been forced to flee their country:

I hope you are aware of the recent events on the Greek island of Samos. After several fires in two days, hundreds of tents and containers were set on fire and hundreds of families were displaced. But no-one cares about the situation for asylum seekers.

Lots of the families have a few months old baby and spent nights without a blanket, tent or sleeping bag in cold night weather and the hot weather and the scorching sun of the days passed.

Please, Please and thousand please do some things for all the refugees before it is too late.
Before their children get sick and die.
All of these are human and a quiet life is their right.

Do not allow some countries to exploit asylum seekers in their own country. their children get sick and die.

All of these are human and a quiet life is their right.

Do not allow some countries to exploit asylum seekers in their own country."

Photo by Ahmad Ebrahem



Akram Damas και 47 ακόμη 9 σχόλια 14 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Dan Guame
Tamina thanks so much that you are posting this message to the world.to see how human are leaving..greec.samos.
Μου αρέσει! Απάντηση 2 χρ.

Majoor Rima
Hello i have a question for 2 Syrian young man who are in Samos camp. They ask me if there are people who can help them with clothes and some food?
Thank you. Grts Rimke
Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Rimke Majoor McGregor hello, i am a co-founder of Armonia. I will send you a private message.
Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε

Απαντήστε στο χρήστη Majoor ...

المغترب وافي
I hope that the European Union will intervene and end this farce, and all the respect and appreciation to you is a passionate institution
3
Μου αρέσει! Απάντηση 2 χρ.

Majoor Rima
Hello i have a question for a Syrian young man, he's now 5 months in Samos camp,,he is very lonley, and he don't have nothing,no Clothe no food etc. Can somebody help him please?
2
Μου αρέσει! Απάντηση 2 χρ.

Ahmad Ibrahim
Rimke Majoor McGregor
where is he now ?
Μου αρέσει! Απάντηση 2 χρ.

Majoor Rima
Ahmad Ebrahem on Samos in the refugee camp.

Ahmad Ibrahim
Rimke Majoor McGregor
I can secure food for him, so please contact me
2
Μου αρέσει! Απάντηση 2 χρ.

Moïsa Scarpa
Rimke Majoor McGregor please contact R4R , and Omar Alshakal
Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Majoor ...

Γράψτε ένα σχόλιο...

Project Armonia
3 Μαΐου 2020 ·

Since three separate fires broke out in the camp of Vathy, Samos last weekend, people have been forced to settle themselves on a field and streets just in front of the official camp.

This morning at 6:30 the rain hit them. Having no possibility to cover their "homes" from heavy rain and thunderstorm, it ended up that men, women and children got soaked with no option but waiting for the next sunny day to dry out their blankets, tents and clothes. 🌧️

One of our volunteers living in these conditions wrote to us in the morning: "Water is entering our tents. It's raining today inside our tents. We cannot sleep, stay warm nor protect us. Our situation is getting worse every day. I don't know when we will find peace. And this is supposed to be Europe?"

🗣️ These people need to be evacuated. Not only with the ongoing pandemic their lives are at risk. Rais your voice, sign & share following petitions:
- www.evakuieren-jetzt.ch/
- http://chng.it/FPmZRvbtjf
- http://chng.it/f4SCVRhShV

#evakuierenJETZT
#evacuerMAINTENANT
#LeaveNoOneBehind
#EuropeMustAct



37 2 σχόλια 21 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Adel Iglesias
It is a strange thingg what is this nonsensee what is this humanity, only God can save them

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
29 Απριλίου 2020 ·

⚠️ A recap and some impressions of what has been happening on Samos the last days.

At around 19:00 on Sunday evening, a fire broke out in Samos's refugee camp. Given the gross overcrowding in and around the camp, the fire spread very rapidly destroying people's make-shift homes displacing around 80 people. Many did not have time to gather any of their possessions, stripping them of the few things they had left and leaving them without shelter and anywhere to go.

The firefighters took time to respond, waiting on the road while people living in the camp rushed to the flames with buckets of water, desperately trying to put the flames out. After a short while, the fire was put out by firefighters.

The response from some of the NGOs on the ground was to set up tents for those displaced on a small expanse of land directly below the

camp. However, when trying to set up tents, they were obstructed by locals.

As it is currently Ramadan, many of the people affected by the fire had not eaten or drank anything all day. Our team rushed to the kitchen to start preparing hot meals for those displaced.

Later in the evening, at around 21:00, another fire started in camp - this time much bigger and spreading much faster. Meanwhile, we receive reports of fighting in camp from our volunteers living there and see the police fire tear gas into the camp.

Due to COVID-19, people were at first obstructed from fleeing the entrance at the camp's base. But, as the fire spread, and more and more people rushed down, the barriers were opened. Men, women and children came down in increasing numbers, many screaming in agony from burns.

It took firefighters around 4 hours to put the second fire out. In the meantime, NGOs on the ground were gathering essential non-food

200 hot meals to unaccompanied minors being held away from other displaced people. However, extremely high tensions made it next to impossible to distribute any other essential items except some water. This meant that people were left to sleep rough on the street. Many had still not eaten after breaking fast, meaning they had to go over 24 hours without eating.

To add to this unimaginably horrible situation, at around 11:00 the following morning yet another fire broke out and more fights within the camp as people were getting more and more devastated, helpless and hopeless. More and more people were displaced and forced to head to the already crowded land and roads below. There is not yet an official figure of how many people were displaced by the fire but we estimate it to be around 1000 people.

On top of all this, we are in the time of a pandemic. COVID-19 regulations are forcing people all over the world to stay home. How are these refugees and asylum seekers supposed to stay home? How are they meant to practice social distancing? Thousands of people remained trapped in and around a camp that's 10 times it's official

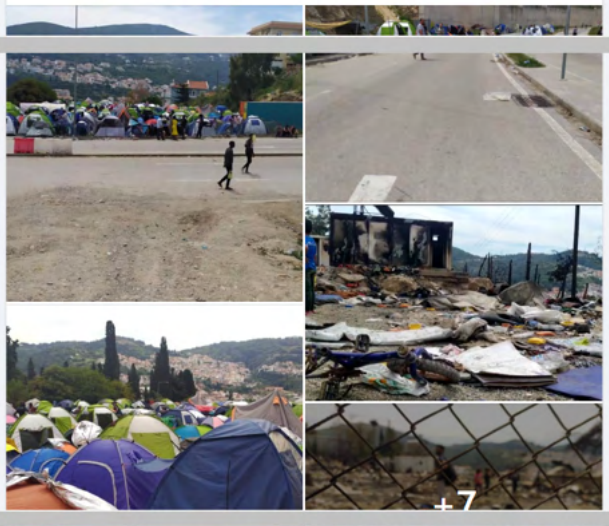
scared. They fear more fights, more fires and coronavirus. They are helpless, hopeless and now in times of COVID-19 they don't have any distraction from the inhumane and dangerous circumstances they experience everyday.

In a time where the world is staying home and staying safe, please take a moment to imagine how terrified these people must be now.

COVID-19 knows no borders and neither should we. People cannot be kept in conditions like this where such disasters are inevitable. Samos's refugee camp, and others like it across the Aegean islands need to be evacuated immediately.

🗣️ Raise your voice and sign the following petitions:
- https://bit.ly/3cOJNHC
- www.evakuieren-jetzt.ch/

All pictures are taken by our amazing volunteer and family member Ahmad Ebrahem! Our thoughts and hearts are with all of you - stay safe! 💛💚



85 25 σχόλια 46 κοινοποιήσεις

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Yannick Poueffou Toukam
Mon Dieu ne nous tourne pas le dos

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Chacha Gundagir
Craig Reynolds read and forward if you understand why war is on the outside as well as inside... This is daily life for these people. Let's try and help them eh...???

Μου αρέσει! Απάντηση 2 χρ.

Nick Stephen
Is **Jessica Nichols** at the camp? Please send her our love and admiration. We will sign both the petitions. xx 🇬🇧🇬🇷🇪🇺

Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Nick Stephen thank you! Yes, Jess is on the ground! I will forward your message to her 😊❤️

Μου αρέσει! Απάντηση 2 χρ.

Nick Stephen
Aybüke Yildirim Thank you Aybűke. We have donated 50 Swiss Francs to Project Armonia. ❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Nick Stephen thank you a lot! 💛💚 Really appreciated!

Απαντήστε στο χρήστη Nick Ste...

Ladouce Perle

😭

Μου αρέσει! Απάντηση 2 χρ.

Ladouce Perle
Mercedes Spencer's Lacapricieuse ma soeur DIEU nous aime .rendons lui grâce chaque jour de nos vies.tu vois comment samos est devenu? Vraiment courage à eux

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Απαντήστε στο χρήστη Ladouce...

No one will ever understand what they are going through...I just can't think of forgetting the stress on that island... living on a prison island with heartless Greeks... 😭😭😠😠

Μου αρέσει! Απάντηση 2 χρ.

Jean Claude Tchounou
Oh seigneur accorde nous ta pitié

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Junior Nole
😢😢😢🙏🙏🙏🙏

Μου αρέσει! Απάντηση 2 χρ.

Athena Kipseli Queen
😭

Μου αρέσει! Απάντηση 2 χρ.

زهور الربيع

😭

Μου αρέσει! Απάντηση 2 χρ.

Moo Apdo
😥

Μου αρέσει! Απάντηση 2 χρ.

Tidjane Ibaka Diallo
Des coins qui ont fait saigner

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Mohamed Mouner
😔😔😔😔😔😔
Μου αρέσει! Απάντηση 2 χρ.

Suzie Heinemann
I think this is a very fair and true report of what happened. Thank you.
Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
😥
Μου αρέσει! Απάντηση 2 χρ.

Moïsa Scarpa
Thank you 🙏 The EU institutions are accountable for all this despair , for their criminal anti migration politics , and all those who knows and stay silent are complicit .
Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε

Marie-Claire Müri
No words. I am so sorry for you and all the people there.
Μου αρέσει! Απάντηση 2 χρ.

René Flicker
Thank you for your report.
This is so terrible
Μου αρέσει! Απάντηση 2 χρ.

Deirdre Martin
Devastating. 😢 2
Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
28 Απριλίου 2020 ·

Solidarity is the word we all should keep in mind these days. Solidarity with those who are less fortunate than most of us. Solidarity with those who can't #stayhome or practice #socialdistancing because they live in an overcrowded, unsanitary refugee camp.

COVID-19 knows no borders and neither should we. The Journey Stories enabled our two co-founders - Jessica Nichols and Aybüke Yildirim - to talk about difficulties on the ground on Samos during COVID-19 and what we can do from our homes to help those people in need. Thanks a lot to Peter. Nicolas and Bea for this Podcast!
https://www.journeystories.fm/podcasts/64



JOURNEYSTORIES.FM
For them, Corona is the ultimate test
Jessica Nichols and her team cooked up to 1000 healthy meals per ...

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Moritz Stiefel
To which organisation on Samos should be donated right now?
Especially after the fire.
Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Moritz Stiefel we are trying to support our volunteers and medical staff (MSF) on the ground

as much as possible with meals. Apart from that there is **Med'EqualiTeam** operating on Samos, **aid hoc** in Switzerland (supporting operating NGO's on the ground with money and materials) and **Grenzenlose Wärme - Refugee Relief Work e.V.** in Germany (mainly supporting NGO's or camps by sending needed materials e.g. masks for camps with cases of COVID-19 etc.) that i can recommend to support with donations.

Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε 2

Aybüke Yildirim
& **Refugee 4 Refugees**!

Μου αρέσει! Απάντηση 2 χρ.

Moritz Stiefel
Thanks 🙂

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Moritz S...

Κορυφαίος θαυμαστής
Caron Nichols

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
27 Απριλίου 2020 ·

BREAKING NEWS
ANOTHER FIRE IN THE CAMP OF VATHY, SAMOS - HAPPENING NOW

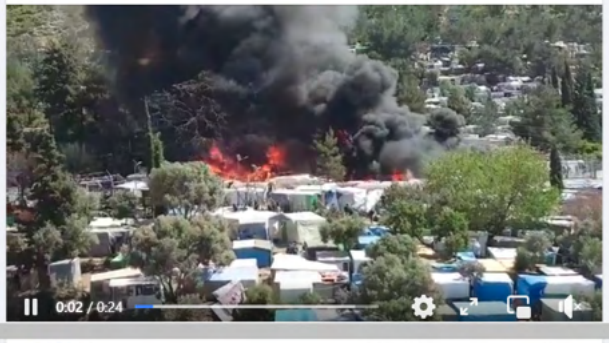
The people are devastated, hopeless and helpless and now they are responding to the inhuman living conditions and circumstances they had to experience for months or even years. It has been an humanitarian crisis and disaster before the ongoing pandemic (COVID-19) - and now even more. These people need to be evacuated!

After last night most of the jungle has been burnt down, now it's containers that are burning.

Spread what's happening, share and sign petitions to finally evacuate these people!

#LeaveNoOneBehind
#EvakuierenJETZT
#EvacuerMAINTENANT
#EvacuareORA

Switzerland - sign and share: www.evakuieren-jetzt.ch



50 5 σχόλια 41 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Seydou Baba
Ses vraiment triste

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Monica Liberati
Is this on Twitter please?

Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Monica Liberati We are only on Facebook and Instagram. You can check other NGO's on Twitter (Fire on Samos). You can also check out

Knackebour's posts on Twitter about Samos. Thank you.

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Monica ...

Deirdre Martin
Oh no.😢

Μου αρέσει! Απάντηση 2 χρ.

مصطفى يوسفى
It's so sad

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
26 Απριλίου 2020 ·

CAMP OF VATHY, SAMOS IS STILL BURNING

Eventhough the firefighters were able to slowly control the fire, it's still not off. It has affected big areas of the so-called "Jungle" so far, where people find shelter in tents and made up huts. Numbers are not confirmed but it's approximately about 1000 tents that have been burnt down so far.

Video by Ahmad Ebrahem - Our volunteer and friend from the camp.

Stay safe everyone.

Updates will follow.



40 3 σχόλια 9 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Jelle Wassenaar
Nooooo!!!! Cannot believe this...fire department is right there, how could they not manage it?!

Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Jelle Wassenaar it took them a while to even show up.

Jelle Wassenaar
Aybüke Yildirim yeah read that...crazy.

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Jelle Wa...

Γράψτε ένα σχόλιο...

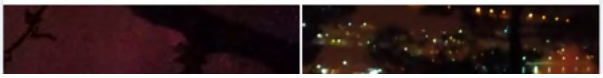
Project Armonia
26 Απριλίου 2020 ·

OUTBREAK OF SECOND FIRE ON SAMOS TONIGHT

Just an hour after the first fire was under control a second fire started to spread. Firefighters have arrived but it's not under control yet. It is expected that it will continue to spread in the "Jungle" of the refugee camp in Vathy, Samos. So far, more than approximately 2000 people have lost their tents.

Photos by: Ahmad Ebrahem

more information will follow





85 11 σχόλια 31 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Ροβερτος Καλούνγκι
🙏 to fellow asylum seekers
Μου αρέσει! Απάντηση 2 χρ.

Seydou Baba
Pas facile que dieu les vienne en aide
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Andre Tribolet
Omg... Prayers to everyone
Μου αρέσει! Απάντηση 2 χρ.

forRefugees · Ακολουθήστε
So devastating 💔
Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
What is the reason
Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
Al-derhani Salah the reasons are not confirmed yet. We will give an update on that as soon as we know better.
Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε

Al-derhani Salah
Aybüke Yildirim We wish you safety
Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Beatrix Giezendanner 😢
Μου αρέσει! Απάντηση 2 χρ.

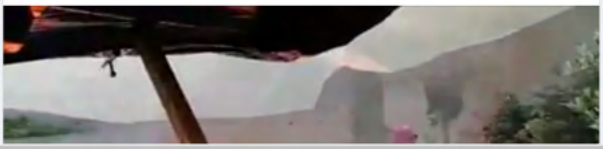
Απαντήστε στο χρήστη Al-derha...

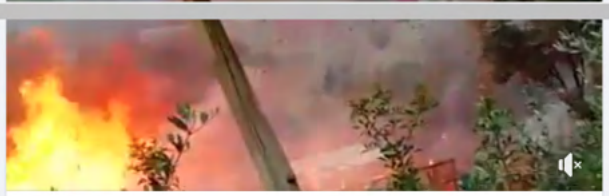
Γράψτε ένα σχόλιο...

26 Απριλίου 2020 ·

Another fire on Samos - Tonight, at around 18:30 another fire started to spread in the camp of Vathy, Samos burning down 40-50 tents mainly affecting families. People confirm that it took the firefighters more than 20 minutes to be there and help, even though the fire department is only around the corner of the camp. The reasons for it's outbreak is not confirmed yet. Now it's more than ever that the hotspot-islands - Samos, Lesvos, Chios, Leros and Kos - need to be evacuated!

#EuropeMustAct
#LeaveNoOneBehind
#evakuierenJETZT #evacuerMAINTENANT #evacuareORA





60 2 σχόλια 15 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

محمد انور عبدو علي

Aboud Jamal
Mahmoud Mazen Abu Hassera مين معك بالخيمة بصور

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Γράψτε ένα σχόλιο...

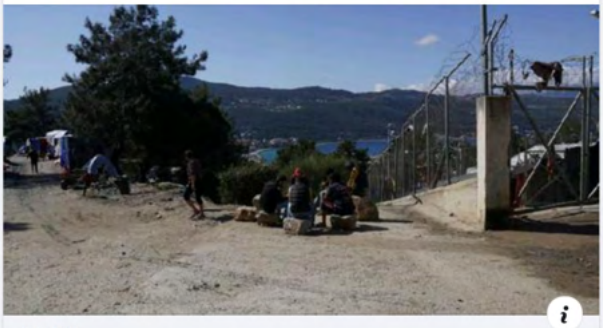
Project Armonia
23 Απριλίου 2020 ·

Feeling bored during lockdown? Have a watch of the Arte documentary about the current situation at Europe's borders featuring Project Armonia.

The film offers a comprehensive insight into the situation and conditions for refugees and asylum seekers on Samos and elsewhere. It features interviews from locals, camp residents, other actors on the ground, Armonia's cofounder Jessica Nichols and some of our hardworking, incredible volunteers.

Have a watch to understand why we are so dedicated to our mission here and see a little of how our daily operations work.

https://www.arte.tv/.../090637-019-A/re-festung-europa/



ARTE.TV

Re: Festung Europa - Druck auf Griechenlands Grenzen | ARTE

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
13 Απριλίου 2020 ·

OSTERAPPELL - #evakuierenJETZT
(English below)

Es ist an der Zeit endlich zu Handeln - Jetzt mehr denn je!

Wir rufen den Bundesrat eindringlich dazu auf, möglichst viele Geflüchtete aus der Ägäis in die Schweiz zu holen und zu retten. Über 100 NGO's (darunter auch wir als Project Armonia) und über 130 bekannte Persönlichkeiten der Schweiz fordern alle Schweizer*innen auf zu Handeln!

Am 1. Januar 2014 hat der Bundesrat entschieden die Dublin III-Verordnung anzuwenden. Der Bundesrat ist somit mitverantwortlich für die menschenUNwürdigen Zustände der griechischen Flüchtlingslager in der Ägäis. Wir alle - jede Schweizerin, jeder Schweizer - sind dafür verantwortlich. Deshalb müssen wir JETZT handeln.

Mach mit und unterschreibe die Petition:
www.evakuieren-jetzt.ch
Signieren, teilen und folgende Hashtags verbreiten.

#evakuierenJETZT
#evacuerMAINTENANT
#evacuareORA

(English)
It's time to act NOW - more than ever!

Since Switzerland has signed the Dublin agreement on the 1st of January 2014, we are as well responsible for the situation on the Aegean Islands.

A group of more than 110 humanitarian organisations, NGO's (also we as Project Armonia) and more than 130 famous personnalities from Switzerland are appealing the Swiss Federal Council and the Swiss Parliament to act now and evacuate people from the camps.

www.evakuieren-jetzt.ch.
Sign, share and post with the hashtags in the three main languages used in Switzerland.

#evakuierenJETZT
#évacuerMAINTENANT
#evacuareORA

Leave no one behind!

Δείτε τη μετάφραση



11 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
11 Απριλίου 2020 ·

This is what each of our volunteers find in their weekly care packs.

Since COVID-19 is spreading around the world and forcing staying home and social distancing, people in refugee camps are once again left abandoned. As everyone, their movements are also restricted. The difference? They don't have food, water, a home or even the ability to practice social distancing.

On top of everything, the Greek government announced delays to cash support. Now, without the €88 per month, it is almost impossible for people living in the camp to be well fed. Since our free-restaurant is also closed due to COVID-19, we at least try our best to support our 48 volunteers from the refugee community with regular food and hygiene care packages.

Stay safe everyone!

#EuropeMustAct #LeaveNoOneBehind



Akram Damas και 42 ακόμη 3 σχόλια 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

ابراهيم الزرقة
❤️

Μου αρέσει! Απάντηση 2 χρ.

Khan Kochi
Best of luck

Thank you for sporting refugees

Μου αρέσει! Απάντηση 2 χρ.

Saliou Ley Tangan Barry
Thank u very moch

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
8 Απριλίου 2020 ·

Worldwide advice to citizens is to practice social-distancing and self-isolation. In many countries, public movement has been restricted to the essentials: going to the supermarket, pharmacy, hospital, exercise. In refugee camps, this is impossible.

This is footage filmed by one of our volunteers who lives in the camp. To get food, they must queue for up to 6 hours in crowded lines where they are unable to stand 2 meters apart.

The plastic you can see next to the line is the tarpaulin that covers someone's tent. This is the place they currently call home, where they must live for months, even years. Here they cannot escape other people, while it is impossible to have peace and quiet in such a fearful time.

Food is a basic human right. People should not be putting their lives at risk to receive substandard, often inedible food.

COVID-19 doesn't know borders or discriminate, and neither should we.

#EuropeMustAct #LeaveNoOneBehind



27 17 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
2 Απριλίου 2020 ·

The past month has presented an unbelievable amount of challenges for our operations on the ground and refugee support throughout Europe.

On February 28, Turkey announced that it would no longer patrol its borders with Europe. This sparked a mass migration to European borders. Those attempting to make the journey by sea to the Aegean islands were forced violently back to the Turkish coast. At the same time, at the land border, asylum seekers were met with riot police, violence and tear gas. On top of this, the Greek government decided to suspend asylum services for one month.

These developments came at an already turbulent and hostile time. Across the Aegean islands, locals were protesting the construction of closed detention facilities for refugees and the government further sacrificing their islands in an attempt to control Europe's borders.

These protests took a turn as NGOs became targets - schools and warehouses were burnt to the ground, volunteers attacked and aid workers forced to evacuate.

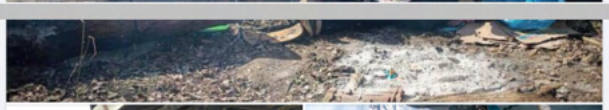
Then, just as we thought it couldn't get any worse, COVID-19 reached Greece. Preventative measures taken by the Greek government to control the spread of the virus forced almost all NGOs on the ground to suspend their usual operations and public movement was, and still is, restricted to only essential trips.

As a result, tens of thousands of people have no choice but to remain in dire camps without any distraction from the horrifically unsanitary conditions in which they are forced to live. It goes without saying, that in such conditions, disease spreads rapidly and uncontrollably while self-isolation is next to impossible. Across the Aegean islands, there are over 40,000 refugees living in similar conditions and are currently fearing for their lives.

Yesterday, there was the first confirmed case of COVID-19 in the Greek refugee camp Ritsona on the mainland. As of yet, there is no confirmed case on Samos.

The Armonia restaurant remains closed for the time being. In the meantime, we are working hard both on the ground and remotely to find other means to help the residents of the camp, support our Armonia family and medical actors present on the island.









29 1 σχόλιο 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
Sending you lots of love and hugs. Stay safe xx ❤️❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

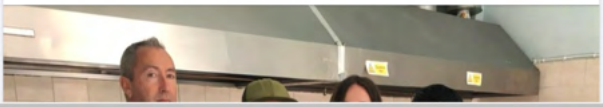
Project Armonia
24 Μαρτίου 2020 ·

Today is the last day to sign the petition for the immediate decongestion of the Aegean islands!

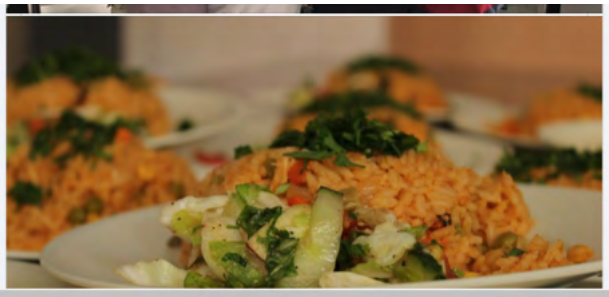
Sign the petition now by following the link below:

https://www.change.org/.../charles-michel-europe-must-act...

#EuropeMustAct #BeAwareAndShare







Europe Must Act
20 Μαρτίου 2020 ·

Day 3 | FOOD | Statement by Project Armonia

"Food is a basic human right - a right that thousands of refugees and asylum seekers are being denied on a daily basis.

On Samos, where Project Armonia is based, people must queue for around 6 hours per meal in the camp food-line. What they receive is of such dire quality that it will often be immediately discarded in overflowing rivers of trash throughout the camp, even the rats leave it untouched. To add to this, there are not enough portions for everyone most of the time meaning many will not even get food after hours of waiting which leads to tension and violence.

This problem is not exclusive to Samos. As a result of the EU's negligence, thousands of vulnerable people across the Aegean islands and the rest of Greece are without access to the nutrition they desperately need. Malnutrition and chronic health problems are rife. The slow asylum procedure means that people can be

Project Armonia strives to provide healthy and nutritious food for around 1000 refugees in a way that aims to restore dignity and empower the community we serve. The Armonia restaurant and kitchen is run by the local refugee community. Our chefs cook nutrition geared meals from their home countries, providing people with a familiar taste of home in a foreign place. Where refugees are commonly welcomed with hostility, we welcome them with hospitality. Through the medium of food we bring people together and create a sense of community.

One of our daily guests says; "I come here because of the food. People here are friendly, they welcome us every time. We don't want to get the food in camp because I am not able to stand in the food line for four or five hours. The food here is healthy and fresh. The food in the camp is not healthy. They put it all in a container and sometimes it's a week old. "

Project Armonia and the 152 other NGOs who signed the Europe Must Act Letter witness the human rights and laws of international protection that are being violated on a daily basis across the Aegean islands. It is time for the EU to end its policy of negligence and stop playing a political game with the lives of thousands of vulnerable men, women and children."

Join in the 10 Days of Activism and demand humane asylum policy for Europe!

www.europemustact.org/10days

#EuropeMustAct #RefugeesGR #ProjectArmonia

18 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
23 Μαρτίου 2020 ·

As of today at 6am, Greece entered into lock-down where only essential movement is allowed outside the home. These preventative measures will save many lives but there are still huge question marks surrounding how refugees and asylum seekers living in squalid conditions will be protected.

COVID-19 is another clear reason that these camps need to be evacuated immediately. On Samos, thousands of people live in close proximity to one another without access to basic, adequate sanitation facilities. How will the people living here be protected? These conditions are not exclusive to Samos.

Since many NGO's had to stop their work due to COVID-19, those

most vulnerable to the virus are left completely alone with no distraction from the dire conditions in which they must live. They are fully aware of the disaster that could unfold if COVID-19 reached the camps.

These places need to be evacuated immediately. They are, and have always been, a disaster waiting to happen.

relocation of people subject to live in these conditions by following the link below!

https://www.change.org/.../european-governments...

#EuropeMustAct #BeAwareAndShare



34 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
19 Μαρτίου 2020 ·

18th March 2020 marks the fourth anniversary of the EU-Turkey deal which currently faces an uncertain future after Turkey's announcement on 02/03/20 that it would no longer patrol it's borders with Europe.

Before this, the deal was heralded by European governments for its success in impeding mass migrant arrivals to Greece, however, it did not come without fatal flaws. Four years on, our team in Samos

thousands of lives.

The deal aimed to control migrant arrivals from Turkey to Greece. Under the deal, for every migrant sent back to Turkey from Greece, EU member states would take one Syrian refugee from Turkey. For this deal, Turkey would receive financial aid for refugee support. Instead of helping victims of war, persecution, sexual abuse and other unimaginable horrors gain international protection in Europe, the deal has focused on trading people, while it has strengthened Europe's borders, externalising them to Turkey. This has come at the expense of refugees' dignity and basic rights.

The deal may have curbed arrivals, but it did not stop them. Still, thousands of families, men, women, and unaccompanied children have arrived in Greece.

These people are greeted by around 8000 other vulnerable people living in a camp built for 650 without sufficient access to shelter, electricity, sanitation facilities, food and water. The situation on Samos is dire.

Numerous statistics illustrate that although arrivals to the Aegean islands dropped significantly as a result of the deal, the number asylum applications in Greece has grown exponentially. A lengthy asylum procedure and overstrained resources means that people can be detained in unsafe, unsanitary conditions for up to two years.

Men, women and children are kept in a state of anxiety and uncertainty, waiting to hear if they will be sent back to Turkey - from there, their fate is uncertain. The fact of the matter is, Turkey is not a safe country for refugees but nonetheless Europe decided to externalise its borders to a country that frequently does not adhere to its refugee protection responsibilities.

Project Armonia responds to this crisis at one of Europe's forgotten corners. Our team from the local refugee community are the human beings behind the published statistics and affected by the politics.





16

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

15 Μαρτίου 2020 ·

It is with a heavy heart that we have had to temporarily close the doors to the Armonia restaurant due to COVID-19.

There is no confirmed case on Samos but to prevent the spread of the virus, the Greek government announced the closure of schools, community centres, restaurants, cafes and bars for the next two weeks.

We are heartbroken to have to stop feeding the camp's most vulnerable, as nutrition is key for them to have a good immune system. We also had to temporarily say goodbye to our volunteers who currently reside in the camp. Without the daily structure and routine of visiting the restaurant or other centres on the island, they are left with no distraction or escape from the dire conditions in which they are forced to live.

We must follow procedures implemented by the authorities and act in a way that keeps the people we are trying to help safe. But, the bigger picture is terrifying.

On March 11, the World Health Organisation declared COVID-19 a

limited all over the world. However, across the Greek islands refugees and asylum seekers are being forced to live in overcrowded camps in deplorable conditions with no action being taken to change this.

The Greek law (Article 285 - Penal Code (Law 4619/2019)) now states that anyone violating the measures taken to prevent the spread of the virus that results in the death of another, a minimum of ten years' imprisonment is required. It also states that if the death of a large number of people has resulted, the court may impose a life sentence. Although the Greek government has acted fast to shut down places where people may gather, they have blatantly ignored the dire and unsafe conditions that over 40,000 people live in across the Greek islands.

Samos' refugee camp is an obvious health hazard. The camp is built for 650 people but hosts almost 8000. People live in squalid conditions in make-shift shelters, without access to adequate sanitation facilities and running water. In these conditions, disease spreads rapidly and uncontrollably while self-isolation is next to impossible.

People need to be evacuated from such unsafe, unsanitary conditions

complacency.

Governments need to act fast to prevent disastrous consequences.






49 3 σχόλια 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

أم طارق الحمصية
الله يفرج عنك يارب وتطلع من هل جزيره بيعتلك معجزه من رب

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Deirdre Martin
This is tragic...at least we can only hope the virus doesn't get to Samos in the short term...but in the long term this is an inhumane situation and needs to be remedied.

Μου αρέσει! Απάντηση 2 χρ.

Ayat χαμαυτ
الحمدلله طلعنا منها ورتحنا عقبال عندكم الله يكون بالعون ربي يفرجها عليكو يارب

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
8 Μαρτίου 2020 ·



Aegean Boat Report
8 Μαρτίου 2020 ·

In the last weeks there have been several fires on the Greek Aegean islands related to refugees, volunteers and NGO's, last night The School Of Peace in One Happy Family was burned to the ground.

Previously a UNHCR camp was burned down on Lesvos north, a warehouse on Chios and several cars belonging to NGO,s and volunteers. The cause of all these fires, has not been found, but arson is the most plausible reason.

The targeting of refugees, volunteers and NGO's from extremists groups has increased drastically.

20 2 σχόλια 4 κοινοποιήσεις

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Nina Strnisa

human didnt learn anything since 2WW

Μου αρέσει! Απάντηση 2 χρ.

De Bruin Tineke
So true

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Nina Str...

Project Armonia
7 Μαρτίου 2020 ·

Armonia is also doing fitness now!

the Greek-Turkish border, we continue our work to help people in need.

We are not only cooking healthy meals; We now also have fitness classes every Saturday for our volunteers to keep their health on track! One of our long-time volunteers, Yassir from Palestine, used to be a professional bodybuilder back home. He always wished to have the opportunity to start exercising properly again and now he can share his skills and his passion by becoming our fitness instructor!

When everything seems to be despairing and out of reach, it is important to be able to take one's mind off for some time. Therefore, we will stay strong and keep up our work as long as there are people living in inhumane conditions such as the ones on Samos.



36 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Project Armonia
2 Μαρτίου 2020 ·

The past few days we have watched as a series of incredibly concerning volatile and illegal actions unfold throughout Greece.

On Thursday, Turkey announced that it will no longer patrol its borders with Europe. This news came after 33 Turkish soldiers were killed in air strikes in the Idlib province in Syria.

Since 2016, the fatally flawed EU-Turkey deal externalised Europe's borders to Turkey to curb a mass influx of migrants to Europe. In

deal came at the expense of refugees' dignity and basic human rights.

Last week, Turkey stopped controlling its borders. Since then, thousands of migrants have flocked to the border. Although Turkey has opened its borders, Europe has not. As a result, thousands of people remain stranded, forbidden from reaching safety.

On the land borders, refugees are met with Greek riot police and tear gas. Here they are without shelter, food and water. Only since Sunday around 500 migrants have reached the Greek islands of Samos, Lesbos and Chios over the sea borders while many more have tried but been

forced back to the Turkish coast by the Greek coastguard who fire shots at them and beat the passengers away with sticks. Already one child has died attempting to make the crossing.

This development has come at an already aggressively hostile time. Over the Greek islands, locals have been protesting the construction of closed detention facilities for refugees. They feel abandoned by their government which has sacrificed their islands in attempt to control Europe's borders. The frustration of the local community on the islands of Lesbos and Chios has reached its boiling point. The Greek government responded with riot police and tear gas, leaving locals and refugees injured.

Some Greek locals throughout the 'hostspot islands' of Lesvos and Chois have chosen to take matters into their own hands. On Lesvos a boat with 49 refugees including small children was attacked twice by a boat of masked men to stop their safe passage to the Greek island. They broke their engine, leaving the passengers to paddle with their hands to reach safety until they were reluctantly picked up by the Greek coastguard hours later. Later that day, a boat of asylum seekers was physically prevented by locals from safely landing. In addition there have been numerous attacks on volunteers and refugees across the islands. So far the situation on Samos remains calm, but this could change at any moment. Our team on the ground is staying aware.

Currently, there are over 40,000 refugees living on the Greek islands in beyond squalid conditions without sufficient access to their basic human rights such as food and water. On Samos, the camp is drastically over capacity: it hosts over 7,000 refugees but is built for 650 people.

On top of this, yesterday night, the Greek government announced that they have decided to suspend the right to seek of asylum for one month. This is a breach of international law.

We need to act now.

Greece cannot be left to deal with this crisis alone. The rest of Europe act now to support the relocation of refugees from the islands before the situation escalates further.

We need Europe's help.

The islands are at breaking point, international laws are being breached, tens of thousands of lives are being put at risk.

There must be immediate measures taken by the Greek government and the EU.

Project Armonia is backing the campaign along with 80+ other NGOs for the immediate decongestion of the Aegean islands. You can help by sharing this post and signing the petition addressed to European presidents and heads of EU member states appealing for the immediate decongestion of the Aegean islands by following this link:

https://www.change.org/.../charles-michel-europe-must-act...

#BeAwareandShare



31 22 κοινοποιήσεις

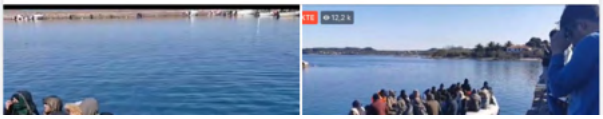
Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
1 Μαρτίου 2020 ·

The situation is getting outrageous. People are blocked on boats by locals to enter land, left to drown.





Aegean Boat Report
1 Μαρτίου 2020 ·

Situation in Thermi port, Lesvos south east. Boat are blocked in [illegible]
Around 50 people in the boat, many small children crying. Boat was kicked out when it arrived. Local police is informed but seems to be absent. Broadcasted live on Facebook.This is outrageous!!

https://www.facebook.com/stonisi.gr/videos/237476987415640/?vh=e&d=n

20 2 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Moïsa Scarpa
How is the situation in Samos please ? Thank you.

Μου αρέσει! Απάντηση 2 χρ.

Aybüke Yildirim
[illegible]
locals is more calmed, but probably just a question of time!

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Moïsa Sc...

Project Armonia
29 Φεβρουαρίου 2020 ·

Today's shoutout goes to Yogaholics United series of fundraisers: People4People! 🧘

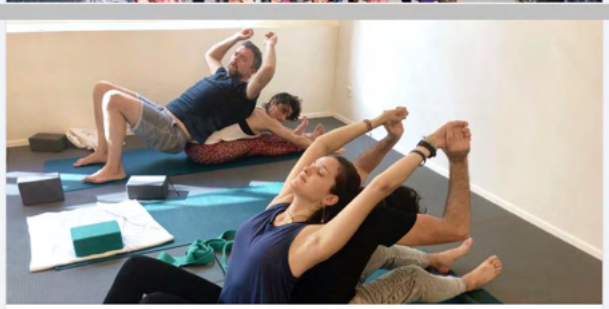
Over the past three months,the yoga teachers at Yogaholics have volunteered their spare time on Sundays to offer yoga lessons to raise money for a people in need. Everyone participating in these lessons donated as much as they were able in order to provide nutritious food for refugees and asylum seekers. As a result, Yogaholics collected an incredible 3127.30 Francs! 🙌

Thank you so much for your support and for raising awareness in Switzerland of the ongoing inhumane conditions for refugees on the Greek islands. And a huge thank you to everyone that joined the yoga classes and donated money!

If you also want to help click on the link below to find different ways to do so!

https://www.projectarmonia.org/help.html





26 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Ali W Bamarni

😍😍😍👏👏👏

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
25 Φεβρουαρίου 2020 ·

Another day to meet more members of our big big Armonia family!

Zaynab and Farshid are mother and son and started volunteering with us three weeks ago. Originally from Afghanistan, they have been living in Samos's refugee camp for almost half a year.

Zaynab works in the kitchen helping to cut vegetables and cook, while her son Farshid is giving 100% everyday in our serving area, keeping it clean, tidy and welcoming for our guests. They are always keen to help wherever and whenever they can and give their best at all times.

We feel very honored to work with these wonderful people! 💚🧡



36 2 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Kimuli Rony
Wow i got my budge here ❤️❤️❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

Arash Rafaat

❤️❤️

Γράψτε ένα σχόλιο...

Project Armonia

21 Φεβρουαρίου 2020 ·

Today's shout-out goes to our partner THREE PEAS help make a difference for helping to make a difference!

Thanks to them we have been able to continue expanding our kitchen! They have generously donated us a brand new industrial dishwasher to help us grow our project, improve the efficiency of our kitchen and save water.

We are now cooking for around 1000 people in our kitchen, and our volunteers are very happy not to hand-wash this amount of dishes everyday! This would not be possible without the help of our amazing partners. Thank you!

Want to become a partner or donate? Click the link below:
Projectarmonia.org/help.html



Majida Alaskary και 37 ακόμη 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

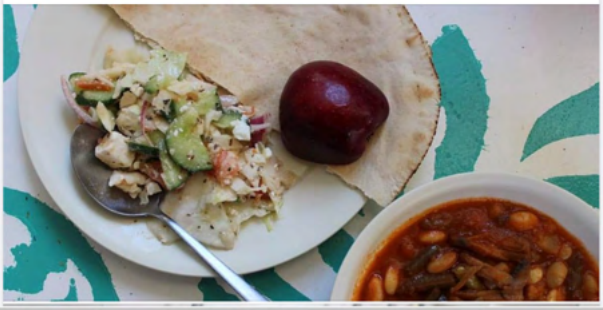
Γράψτε ένα σχόλιο...

Project Armonia
17 Φεβρουαρίου 2020 ·

At the Armonia restaurant, not only do we provide a warm, welcoming environment away from the unsanitary and unsafe conditions of camp, but a plate of delicious food. Our chefs try to offer people a familiar place.

Last week we started to expand our capacity. We are now cooking around 1000 healthy, nutritious meals per day! And, with your help, we still plan to further increase this amount 🍽

Projectarmonia.org/#donate







47 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
14 Φεβρουαρίου 2020 ·

Time to meet some more of our amazing volunteers

(1) Adel is 22 from Syria. He is the perfect example of someone who has decided to help the people stuck in the same misery as him, instead of just being the one in need

Adel says, "something simple and small can change so much. The people, who have fled to Europe to escape war and find safety, don't find what they first expected. It is unimaginably difficult for them. In Project Armonia we try to help them by giving a warm meal, laughter and safe space to eat everyday."

(2) Meet one of our chefs: Wesam! At only 18 years old, Wesam has proved to be an amazing cook, hard worker and committed member of our Armonia family. Originally, Wesam is from Yemen. Today, he is seeking refuge in Greece, on the island of Samos.

"I work as a volunteer to help people, especially those in most need, offering them healthy and good food at Project Armonia. Project

on every sad face. Our beautiful family is the source of our dreams and development and I am happy to be part of this family. I love my wonderful team and job. Thanks to you all my team from the bottom of my heart. Thank you Armonia. Thanks to all those who support us."

Thank you for being in our family!



36 5 σχόλια 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Caron Nichols

❤️❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

Shaafici Mustafe
μπράβο.

Μου αρέσει! Απάντηση 2 χρ. Τροποποιήθηκε

Èmàď Àğhá
I am very proud to be a volunteer and help people

4

Μου αρέσει! Απάντηση 2 χρ.

Abu Yazan Yazan

I feel happy because I work as a volunteer with them to help refugees and I am proud of

Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Jameel Jadraya with the success of my brother Wissam Ibn Watani Yemen

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
10 Φεβρουαρίου 2020 ·

We are hiring!

We work predominantly with members of the local refugee community but we are currently recruiting experienced people in kitchen management, fundraising and volunteer coordination to come and join our team!

For specific job descriptions and requirements please see the photos attached, for more information about benefits and expenses continue reading!

Expenses and benefits:
- Stipended position after 2 months
- We have volunteer houses with double or single rooms available. Double rooms are €37.50 per week (€150 per month) and single rooms are €50 a week (€200 per month), bills included. If you choose to stay longer than 2 months, rent is provided free of charge after the second month.
- Must be able to cover the cost of a health certificate necessary for working legally in Greek kitchens (€50).
- Depending on what time your day starts, volunteers receive breakfast and lunch in our restaurant on working days (Monday - Friday).

Interested applying for any of these roles? Complete this application form and attach a copy of your CV.

https://docs.google.com/.../1FAIpQLSe4rOwRk9D.../viewform...



24 10 σχόλια 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Al-derhani Salah
I have the experience well, I would like to participate

Μου αρέσει! Απάντηση 2 χρ.

Συντάκτης
Project Armonia
Great! Please fill in an application form by following the link in the post above 🙂

Μου αρέσει! Απάντηση 2 χρ.

Συντάκτης
Project Armonia
perfect thanks, I'll look into it ابو سيف ابو سوزان

Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah

Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Project Armonia I sold my form before and I presented it to you

Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Project Armonia 👍

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Al-derha...

Moïsa Scarpa
Beautiful Team , beautiful place , so good service to the people who come to enjoy their kitchen 😊😊😊

Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Great project at Samos!

Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Jessica L. Trumble you are at one of the photos❤️ How are you doing?

2

Μου αρέσει! Απάντηση 2 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Γράψτε ένα σχόλιο...

Project Armonia
7 Φεβρουαρίου 2020 ·

We have reached 1000 likes!

A huge thank you for keeping up with Project Armonia so far! We are so grateful for your support.

Please continue to like and share the word about Project Armonia! We need your help to maximise the impact we can have 💛💚



20 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
2 Φεβρουαρίου 2020 ·

We are looking for volunteers!

The majority of our volunteers are from the local refugee community but we also welcome some volunteers from elsewhere who are keen to join our hardworking, close-knit team.

As a volunteer with Project Armonia you could find yourself working in the kitchen helping to provide nourishing food to over 800 refugees and asylum seekers each day, helping us to keep our restaurant clean and running smoothly, supporting coordinators with admin work, welcoming guests or working behind the scenes helping us spread the word about our work and the situation on Samos.

Interested in applying? Read more below!

Requirements:

- 21 years of age or older
- Fluency in English
- Able to commit to at least a 1 month period of volunteering

Expenses:
- Because of the high running costs involved with feeding over 800 people per day, unfortunately we are unable to fund any living or transport costs for our volunteers.
- We have volunteer houses with double or single rooms available. Double rooms are 37.50 euros per week (150 per month) and single rooms are 50 euros a week (200 per month), bills included. Stay longer than 2 months, rent if provided free of charge after the second month.
- Must be able to cover the cost of a health certificate necessary for working legally in Greek kitchens (50 euros).
- Depending on what time your day starts, volunteers receive breakfast and lunch in our restaurant on working days (Monday - Friday).

Want to apply? Message us on Facebook or email us at projectarmonia@gmail.com for an application form.



60 6 σχόλια 18 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Merel Merle
Hello did you read my email that I sent you last week it would be really lovely to answer me thanks a lot. Merel
Μου αρέσει! Απάντηση 2 χρ.

Hello I send you a email asking if you still need some volunteer
Μου αρέσει! Απάντηση 2 χρ.

Συντάκτης
Project Armonia
We'll be in touch, thanks so much!
Μου αρέσει! Απάντηση 2 χρ.

Elia Mennecillo
Phoebe Triandafyllou
Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Great project at Samos ! 🙋🙋
Μου αρέσει! Απάντηση 2 χρ.

forRefugees · Ακολουθήστε
L❤️VE these guys! Recommend you volunteer there if you can. Xx

Γράψτε ένα σχόλιο...

Project Armonia
29 Ιανουαρίου 2020 ·

Last week, we were again visited by Knackeboul – a Swiss rapper,

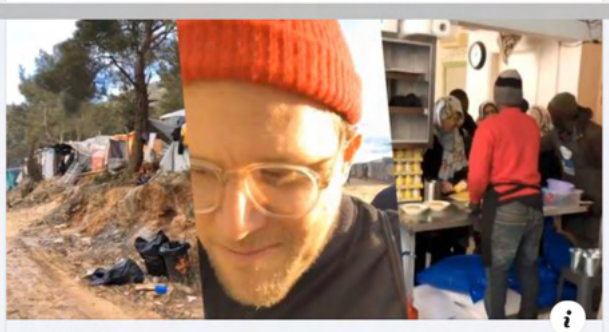
beatboxer, presenter, entertainer and friend.

On his visit, he and one co-founder of Project Armonia Aybüke Yildirim spent a day in Samos' refugee camp to document and report its expansion since his last visit end of October 2019.

Since then, the camp has grown by an additional 2500 people. Asylum seekers can be stuck on Samos for anywhere up to two years in inhumane conditions so therefore, the camp has become a village where people are forced to improve their lives with what they find.

Check out Knackeboul's article about his day in the camp following this link!

https://www.watson.ch/!561362276?utm_source=whatsapp...



WATSON.CH

Mitleid nervt mehr als Rassismus – und 5 weitere Erkenntnisse aus dem Flüchtlingslager

27 2 σχόλια 7 κοινοποιήσεις

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Yvonne Desirée Fransen
Great you were back at Samos ❤️💙 and what a fabulous haircut 🤣

Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
The volunteers are doing an excellent service better than the official authorities. Thank you very much

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
25 Ιανουαρίου 2020 ·

A huge thank you to everyone who donated to our winter appeal!

We have raised an incredible 15308 francs (around €14290). We received 5,441 francs on our fundraiser and another 9,867 francs through donations made directly through our website!

Thanks to these donations we have been able to start increasing the amount we cook per day and continuing to provide a safe space for people to relax and stay warm during winter 💚💛



Majida Alaskary και 47 ακόμη 5 σχόλια 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Μου αρέσει! Απάντηση 2 χρ.

Marie-Claire Müri
Thank you!
Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής

Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Top cooks at a lovely project ❤️
Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Take care 2
Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
21 Ιανουαρίου 2020 ·

Meet our volunteers!

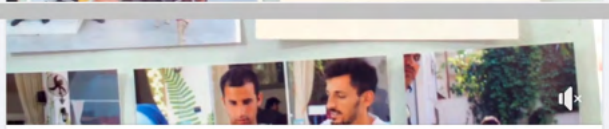
Omid is one of our amazing chefs. Omid is 23 years old and from Iran. He has been working with Project Armonia since day one. He helped us clean, paint and build up the restaurant ready for its opening. Since then, he has been cooking food that is much beloved by our guests.

Back home, Omid was a chef for just over 2 years. At the Armonia restaurant he now cooks for over 650 people in one day, offering many of them a familiar taste of home.

At Project Armonia, not only do we provide people with vital nutrition, but the opportunity for people to to learn and help others.

Our chefs and volunteers from the local community are the life-blood of our restaurant. We could not do it without them 💚💛





48 1 σχόλιο 12 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Yvonne Desirée Fransen
Top Omid 🍶💙
Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
14 Ιανουαρίου 2020 ·

In the Armonia restaurant, we feed those unable to wait in the food-line for up to 5 hours and those most urgently in need of nutrition. Therefore, we focus on pregnant and breastfeeding women, sick people, the elderly and people with disabilities or physical impairments.

Depending on the case, we feed them for as long as they remain on Samos or as long as is medically or nutritionally required.

When we opened the Armonia restaurant, we covered almost all of all of these groups. However, now the number of arrivals to Samos have significantly increased there are people we aren't reaching due to limited capacity. Therefore, we need your help!

We need your support to continue filling huge gaps in the provision of basic human rights to refugees on Samos.

Find the link below to help us do more.

https://chuffed.org/.../winterfundraiser-project-armonia...



37 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Al-derhani Salah
We thank your good efforts

Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
9 Ιανουαρίου 2020 ·

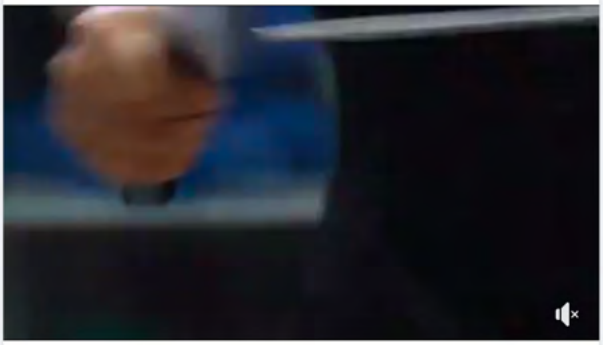
"I am not able to stand in the food line for four or five hours [...] they put it all in a container and sometimes it's a week old"

These are the words of one of our restaurant guests. In the video he explains why coming to the Armonia restaurant is important to him.

You can help support him and our other daily guests by making a donation to our winter fundraiser using the link below.

Had any trouble donating to our campaign over the past few days? We have recently had issues with accepting card payments on the

https://chuffed.org/.../winterfundraiser-project-armonia...



33 12 κοινοποιήσεις

Γράψτε ένα σχόλιο...

Project Armonia
6 Ιανουαρίου 2020 ·

On Samos, it is common for refugees to be turned away from restaurants and shops.

On an island where refugees are often welcomed with hostility, we want to welcome them with hospitality.

People should be able to eat a healthy, nutritious meal in a warm, safe environment. They should be allowed to go to such places to escape the atrocious conditions in which they are forced to live.

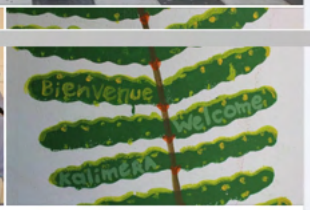
In the Armonia restaurant, we provide the dignity, nutrition and hospitality that refugees are often otherwise denied on Samos.

If you want to help us continue offering these things, here is the link to donate:

https://chuffed.org/.../winterfundraiser-project-armonia...







42 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
2 Ιανουαρίου 2020 ·

Here are just some of the faces that carry and maintain the Armonia restaurant!

Project Armonia is run predominately by refugees, for refugees. Through this we aim to empower the community we serve, give them responsibility and the opportunity to learn and develop skills.

We aim not just to distribute food. We encourage refugees trapped on Samos by lengthy asylum procedures to help themselves and others by engaging innovatively with the project.

We need your help to continue empowering people and keep serving warm and nourishing meals this winter. Find the link below to donate to our winter appeal.

https://chuffed.org/.../winterfundraiser-project-armonia...





64 5 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Al-derhani Salah
Bravo, good luck!

Μου αρέσει! Απάντηση 2 χρ.

ابو جواد المكصوص

حسن ميوكف لا يم البنات خطيه الله يساعده

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Marie-Claire Müri
THANK YOU. TAKE CARE.

Μου αρέσει! Απάντηση 2 χρ.

Omar Yo
انت مميز أينما كنت
ودائما تترك أثر وبصمة وهذا يُسجل لك

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Ahmad Ibrahim
Omar Yo

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Omar Yo...

Γράψτε ένα σχόλιο...

Project Armonia
1 Ιανουαρίου 2020 ·

Happy new year! 💚💛

In July 2019, we opened the doors to the Project Armonia restaurant. Since then, we have increased our daily capacity from 150 meals per day to 650.

In total so far we have provided almost 50,000 nourishing meals to refugees trapped on Samos. This would have not been possible without your help.

But we need to feed more people. We need your continued support to make this a reality.

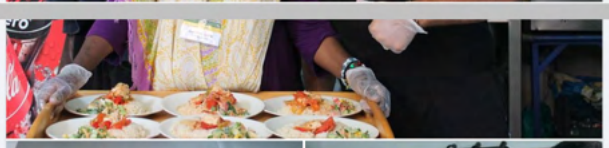
A donation of just €1 covers one plate of food and the costs to make it at the Armonia restaurant. So the following donations will cover:

€10 = feeds 10 people
€50 = feeds 50 people
€150 = feeds 150 people
€300 = feeds 300 people
€650 = covers one whole day's food at the Armonia restaurant

Find the donate link below to help us feed more people in 2020.

https://chuffed.org/.../winterfundraiser-project-armonia...









66 5 σχόλια 10 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Afghan Zozo
Happy nem year 🎄

Μου αρέσει! Απάντηση 2 χρ.

Najman Sarmastzada
Happy new year 🎁🎉🥰🥰❤️

Μου αρέσει! Απάντηση 2 χρ.

Marie-Claire Müri
I wish you a lot of energy for 2020. Take care. Thank you for doing this great job.
Μου αρέσει! Απάντηση 2 χρ.

Χασαν Λαττουφ
Great job 👏👌
Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
Happy New Year
Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** είναι με τους **Jessica Nichols** και **Fiona Wolownik**.
28 Δεκεμβρίου 2019 ·

A huge thank you for your support so far! We have now reached over one third of our fundraiser target! But we still need your help to reach our goal!

Interested? Here are some ways you can help:

- If you haven't yet, donate! Whatever you can afford. You can find the link below.

- Sign up to be a fundraiser! You can start your own personal fundraiser as part of our campaign. You will have your own fundraising page which you can personalise, and the donations will go straight to our winter campaign pot! Want to know more? Send us a message on Facebook or email us at projectarmonia@gmail.com

- Share our fundraiser on social media! Encourage others to spread the word and donate.

Help us feed more people in need this winter. Support our campaign and help us reach our fundraising goal

https://chuffed.org/.../winterfundraiser-project-armonia...



52 1 σχόλιο 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
👍❤️xx
Μου αρέσει! Απάντηση 2 χρ.

Project Armonia
26 Δεκεμβρίου 2019 ·

Meet Fiona Wolownik, one of the co-founders here at Project Armonia! She'll give you a quick tour of our restaurant and explain a bit more about how the project started.

As you can see in the video, we have constructed a temporary shelter to protect our outside seating area from the rain. Because of the restaurant's small inside seating capacity, it is essential that we make this outside area suitable for winter as soon as possible. Without it, feeding around 650 people per day will be extremely difficult, let alone increasing this number.

We need to:
- provide more durable, suitable protection from the harsh winter wind and rain
- purchase heaters and blankets to make the outside area warm and more comfortable
- be able to cover the costs of increased bills due to heating and extended opening hours during winter

We urgently need your help to make this a reality! You can show your support by making a donation to our emergency funrasier using this link. Thank you and a very merry christmas from the Project Armonia Team!

https://chuffed.org/.../winterfundraiser-project-armonia...



Εσείς και 122 ακόμη 16 σχόλια 57 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
How you have grown and changed since you opened xx ❤️
Μου αρέσει! Απάντηση 1 χρ.

Yasser Alkassas
Thank you very much. I wish a better and happy future
Μου αρέσει! Απάντηση 2 χρ.

ياسر محمد
Thank you for humanitarian assistance and thanked the help of people sick people and pregnant women and provide them with the necessary assistance, great work how much you are great
Μου αρέσει! Απάντηση 2 χρ.

Al-derhani Salah
with your love ❤️
Μου αρέσει! Απάντηση 2 χρ.

Lucy Pevats
Fiona Wolownik this is amazing work! Keep sharing! ❤️
Μου αρέσει! Απάντηση 2 χρ.

Boris Llerena
Excellent 👏👏👏
Μου αρέσει! Απάντηση 2 χρ.

Kimuli Rony
Wonderful **Fiona Wolownik** i love your compassion ❤️
Μου αρέσει! Απάντηση 2 χρ.

Daniel Taddese
I am blown away! Really an oasis of peace. Thank you for sharing and keep up the good work!
Μου αρέσει! Απάντηση 2 χρ.

Thank you so much for you and your team Armonia for your efforts in helping people who cannot access nutritious foods for pregnant women, children and adults and have a great New Year. especially thanks Fiona
Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Great project and great cooks and coordinators 🎖️👍❤️
Μου αρέσει! Απάντηση 2 χρ.

René Flicker
Thank you for this video to have a look inside the restaurant and the kitchen.
Thank you a lot more for your amazing and important work.❤️🍛
Μου αρέσει! Απάντηση 2 χρ.

Emily Green
💜amazing project

Μου αρέσει! Απάντηση 2 χρ.

Melanie Steinbeisser
Grossartig gmacht **Fiona Wolownik**

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.

Nicole Martinetti

Μου αρέσει! Απάντηση 2 χρ.

Seydou Baba



Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
23 Δεκεμβρίου 2019 ·

After 5 days without food, meal distribution finally resumed in camp this evening.

This morning our team started bright and early in order feed around 1400 people! At 7am, they started cooking hot meals for our guests and for the new arrivals to the island.

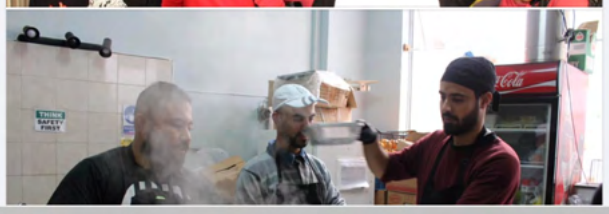
Even if people face these inhumane conditions in the camp and the situation gets worse day by day, we won't give up. Today, our team proved this yet again. They worked for almost 12 hours to fill a fundamental gap in the provision of basic human rights for refugees on Samos.

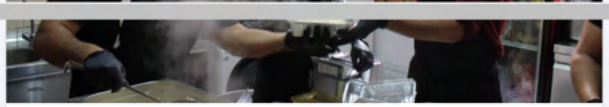
It is likely this will not be the last time something like this happens on Samos. We need your help to ensure we are prepared for when it happens again, and are able to feed more people when it does. People should not have to go for 5 days straight without food in Europe in 2019. Click the link below to show your support!

https://chuffed.org/.../winterfundraiser-project-armonia...

Thank you!







71 7 σχόλια 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Paul Thomas
Brilliant!

Μου αρέσει! Απάντηση 2 χρ.

Aaron Smith
I believe I you guys and the team may God give you guys the strength to help refugees in samos and thank you very much guys I love you all

Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Well done!

Μου αρέσει! Απάντηση 2 χρ.

Millie JusteMillie
Keep IT Up you are amazing 💕💕💕
Μου αρέσει! Απάντηση 2 χρ.

René Flicker
Thank you so much for your work! ❤️❤️❤️
Μου αρέσει! Απάντηση 2 χρ.

Suzie Heinemann
Great, great job guys. Absolutely awesome. So much respect!
Μου αρέσει! Απάντηση 2 χρ.

Kathy Isaac-Epp
Such good work you are all doing

Γράψτε ένα σχόλιο...

Project Armonia
21 Δεκεμβρίου 2019 ·

For the past three days refugees on Samos have been demonstrating. With the inhumane conditions of Samos's refugee camp this is not surprising. People are advocating for acceptable living conditions and transfers to mainland Greece. This was responded to with tear gas by the police.

As a result of the protest, food distribution in the camp has stopped for the past three days. Almost 8000 people have been left without any food.

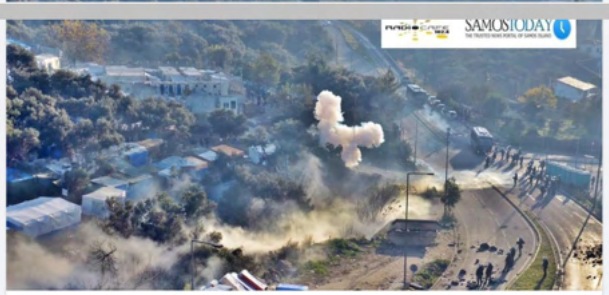
Our amazing team pulled together and gave 200%. They doubled our usual daily number of portions, providing an incredible 1200 meals in just one day! 🥖

We feel honored to have such a good team responding to every

Double the amount of portions also means higher running costs. Help us to respond to this and future emergencies by donating on the following link! ⬇️
Thank you!

https://chuffed.org/.../winterfundraiser-project-armonia...





Εσείς και 65 ακόμη 7 σχόλια 16 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Al-derhani Salah
Very cool
Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
Proud of you all **Hasan Rayes**, **Marlieke Batelaan**, **Jessica Nichols**, Aybu, **Pedram Rhamani** and all other wonderfull people at Project Armonia 🎄

Μου αρέσει! Απάντηση 2 χρ.

Hasan Ali
Yvonne Desirée Fransen ❤️❤️🌹🌹
Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Yvonne ...

Aaron Smith
Hey I'm so proud of you guys may you keep the good work for humanity my eyes is full with tears when I think the way refugees are suffering
Μου αρέσει! Απάντηση 2 χρ.

Pam Compton
You are all amazing. Thinking of you all xxx
Μου αρέσει! Απάντηση 2 χρ.

Suzie Heinemann
Stay safe everyone
Μου αρέσει! Απάντηση 2 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Γράψτε ένα σχόλιο...

Project Armonia
17 Δεκεμβρίου 2019 ·

Arrivals to are to Samos are not stopping.

7979 refugees now reside on Samos. Thousands and thousands of people living in a camp built for 650.

winter outside of its official perimeter in basic structures and make-shift tents.

Imagine spending the whole of a freezing winter in a tent, without a warm place of shelter to escape to. Imagine only having a thin sheet of plastic to protect you and your possessions from the ice cold torrential rain. Imagine, living in these make-shift shelters and then not having access to clean, safe, warm showers. Imagine facing the excruciating choice between not eating that day or having to queue for up to 5 hours in the freezing cold without a warm winter jacket and shoes to get food. This is the harsh reality the vast majority of the 7979 refugees living on Samos's face each day.

Please support our emergency winter appeal to allow us to increase the support we can provide on this island. With the winter months ahead, we need to prepare our centre for winter and feed more people. We cannot do this without your help. Click the link below now to support!
https://chuffed.org/.../winterfundraiser-project-armonia...

Current numbers taken from Aegean Boat Report.

These photos are from our dedicated volunteers, most of whom must endure the deplorable conditions of camp.



El Yas και 37 ακόμη 3 σχόλια 11 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Morganne Paige
Hey Project Armonia. Miss you all. Can we reshare these images to spread awareness and fundraise?

Aybüke Yildirim
Morganne PB hey, yes you can! Thank you so much 😊

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Morgan...

Nick Stephen
Jess Nichols. I've personal messaged you. Have a look. Nx

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
14 Δεκεμβρίου 2019 ·

Thank you to Hope and Aid Direct - Page for your donations!

Recently, they drove all the way from the UK to bring us food donations. We received 260kg of pasta, 500kg of beans, a variety of spices and chocolate drinks.

Thanks to their donations we can continue providing healthy, nutritious food for those in need.

Thanks also to Muntada Aid for their support with these donations!

Want to help us continue providing warm, healthy meals this winter? Click the link below to help out! 💛💚

https://chuffed.org/.../winterfundraiser-project-armonia...



44 4 σχόλια 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Ahmad Ibrahim
✌️💪😍

Μου αρέσει! Απάντηση 2 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
👌❤️

Μου αρέσει! Απάντηση 2 χρ.

René Flicker
You do a great and important work! Thank you! 🙏👍

Μου αρέσει! Απάντηση 2 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν

εξαιρεθεί.

Γράψτε ένα σχόλιο...

Project Armonia
13 Δεκεμβρίου 2019 ·

Have a listen to The Journey podcast to find out more detail about our work!

One of our co-founders Jessica Nichols explains about the daily running of the restaurant, the importance of Project Armonia and why life, and more specifically winter, is so hard for refugees on Samos.

We are currently running an emergency winter appeal. Your help is vital to ensure that we can continuing providing nutritious food and a temporary place of safe, warm shelter. Find the link below to donate!

https://chuffed.org/.../winterfundraiser-project-armonia...

Ο χρήστης **Journey Stories** είναι στην πόλη **Σάμος**.
13 Δεκεμβρίου 2019 ·

Refugees in the camp on Samos have to stand in line for up to five hours to get food that is completely inedible. Jessica Nichols is



THEJOURNEYSTORIES.COM
Project Armonia – "You must decide who needs food most. That's really hard"

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Pam Compton
Hope you raise lots, we hope to send some from Rasmachaz. Have a good Christmas and wishing for a better 2020 for all. Sadly our election result makes that even harder xx

Μου αρέσει! Απάντηση 2 χρ.

Marie-Claire Müri
Is there any possibility (i already make donations) to send warm cloths or blankets?

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
11 Δεκεμβρίου 2019 ·

SAMOS EMERGENCY WINTER APPEAL

We have just launched an emergency winter fundraiser! Winter on Samos is beyond imagination. People must endure freezing winter temperatures and torrential rain in flimsy tents and make-shift shelters. Whilst, if they want to eat, they must queue for up to 5 hours in the cold.

We strongly believe that when you are forced to live in such unimaginably atrocious conditions, the effect of having access to a safe, welcoming environment where you can escape and eat a warm meal cannot be underestimated. Especially in winter.

With migrant arrivals continuing to increase and a cold winter ahead, we need to rapidly expand our capacity, prepare our restaurant for the cold weather and cover our greatly increased winter expenses. We cannot do this without your help.

Only with your support will we be able to keep Project Armonia running during the upcoming winter months. To show your support, or find out more, click the link below:

find out more, click the link below.

https://chuffed.org/.../winterfundraiser-project-armonia...

Your help is vital. We need your support to continue providing refugees with their basic human rights.



28 4 σχόλια 17 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Monica Liberati
I am making a donation on the account in euros where I have my standing order, please let me know if that is ok **Fiona Jessica** 🙂

Μου αρέσει! Απάντηση 2 χρ.

Συντάκτης
Project Armonia
That's perfect! Thanks so much Monica 🙂 Hope all is well with you!

Μου αρέσει! Απάντηση 2 χρ.

Monica Liberati
Project Armonia yes I'm fine thanks, missing Samos and all the friends there though. Many hugs!!

Μου αρέσει! Απάντηση 2 χρ.

Απαντήστε στο χρήστη Monica ...

Κορυφαίος θαυμαστής
Caron Nichols
Amazing work ❤️❤️❤️

Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
10 Δεκεμβρίου 2019 ·

Today is Human Rights Day.

Food is a basic human right. What refugees and asylum seekers are given in Samos's refugee camp cannot be called food. It is inedible, it often comes out of date and laced with bones, maggots and mould. After queuing for up to 5 hours in the freezing cold, people will often immediately discard the food they receive.

We work hard to provide the human rights people are otherwise denied on Samos.





11 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

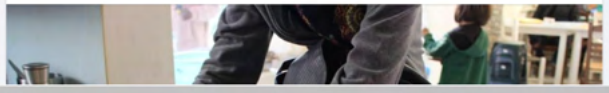
Γράψτε ένα σχόλιο...

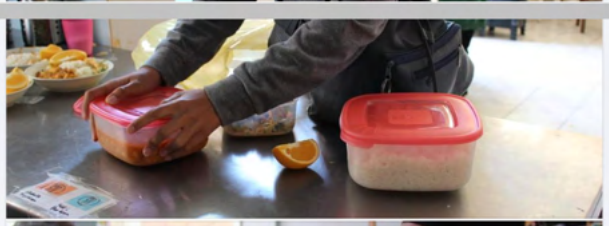
5 Δεκεμβρίου 2019 ·

Our main aim is to cook for those who cannot wait up to 5 hours for one meal in the camp food line. Therefore, its pregnant and breastfeeding women, sick, disabled and elderly people that we feed in our restaurant.

For those not able walk down to our restaurant (usually heavily pregnant women or people with disabilities) we have the option of 'take-away' food which their friends or family members can pick up for them!

To us, it is also important that the person who picks up the food gets a portion. So, our takeaway option ensures that none of our beneficiaries is left without at least one nutritious meal per day and that, even if they cannot come to our restaurant, he or she has still got somebody to eat with 🍽









Εσείς και 57 ακόμη 5 σχόλια 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
❤️❤️❤️
Μου αρέσει! Απάντηση 2 χρ.

Yvonne Desirée Fransen
I am missing you 🍽❤️
Μου αρέσει! Απάντηση 2 χρ.

Haqi Muridi
Appreciate armonia team
Μου αρέσει! Απάντηση 2 χρ.

Ciara Coakley
Ye are just amazing ❤️
Μου αρέσει! Απάντηση 2 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
2 Δεκεμβρίου 2019 ·

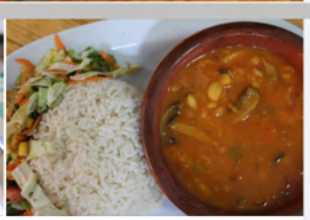
In November, we gave 10,185 portions of nutritious food to people in need!

On a normal day, up to 400 people visit our free-restaurant for lunch. Here, we provide a safe space for people to get away from the atrocious conditions of the camp. Additionally, we cook 205 extra portions for the guests and volunteers of other organisations on the island.

Especially in the winter months, it is vital that people can escape the camp to a welcoming place of shelter. We offer a hospitable, safe environment where people can spend time enjoying a nourishing meal, drinking tea and chatting with their friends and families







62 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
26 Νοεμβρίου 2019 ·

to shut down existing refugee camps on the Aegean Islands Samos, Lesvos, Chios, Kos and Leros. Instead, they plan on setting up 5 'closed pre-departure centers' or 'closed detention centres' which will enable the detention of asylum seekers arriving on the islands.

These facilities are planned to be completed by the end of July 2020. On Samos, construction of a pre-departure center with a capacity of 1,200 started a few months ago, which is expected to be finished early next year.

In other words: this means that the Greek government is not planning to improve the horrific conditions that tens of thousands of refugees live in on the Aegean Islands, but rather is talking about moving them to open-air prisons. Here, they will be out of sight, and soon also out of mind.

In these recent announcements, the new government also indicated their plans to move 20,000 asylum seekers to mainland Greece by the end of 2019 (5000 in hotels, 15,000 in new and existing camps). While arrivals to the islands continue to increase (currently, thousands are arriving to the islands each week), it seems these plans will be a very

legislation will relocate rather than solve the problem.

Currently, asylum procedures can take up to 3 years on Samos (even just to get transferred to the mainland). According to this new legislation, the government aims to decide within a considerably shorter period if a refugee should be returned to Turkey or if they have the right to enter the EU. However, with arrival numbers growing, this seems highly unrealistic. Even without these new arrivals, resources and facilities on the island are already vastly overstrained. It is therefore likely that, still, people will remain stranded on the islands for unacceptably long periods of time.

This is deeply concerning news that will violate asylum seekers' basic right to freedom of movement. Upon arrival to the islands, thousands of vulnerable men, women and children will be immediately locked up like criminals. This new legislation does not align with the European

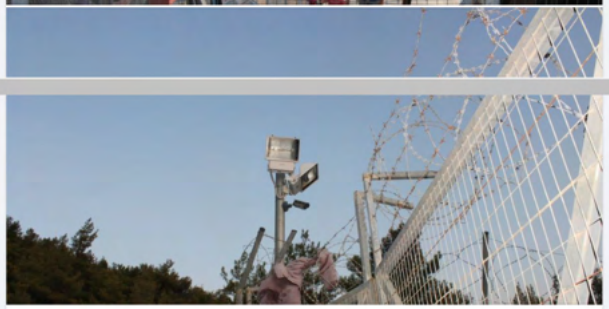
Convention of Human Rights, which sets forth a number of basic rights and liberties.

It's on us to stand up for the fundamental rights of the people who will be affected by this legislation.

#standupforhumanity #notmyeurope

For more information about these plans, follow the link below:
https://www.keeptalkinggreece.com/.../greece-pre.../





43 22 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

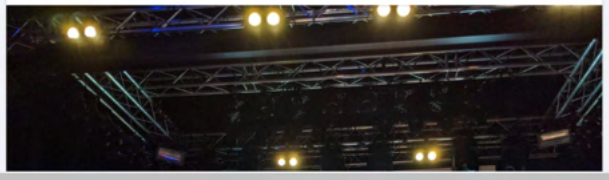
Project Armonia

24 Νοεμβρίου 2019

Last night we attend the youngCaritasAwards (youngCaritas) in Zurich, Switzerland! The youngCaritas Award recognizes young people who dedicate themselves with their heart and soul to a social and sustainable future in their free time.

We are honoured to have recieved the audience prize! Thanks to your online votes we were shortlisted for this prize out of the 19 participating projects. Out of the 5 shortlisted projects, last night's audience chose Project Armonia to receive the prize! 🏅

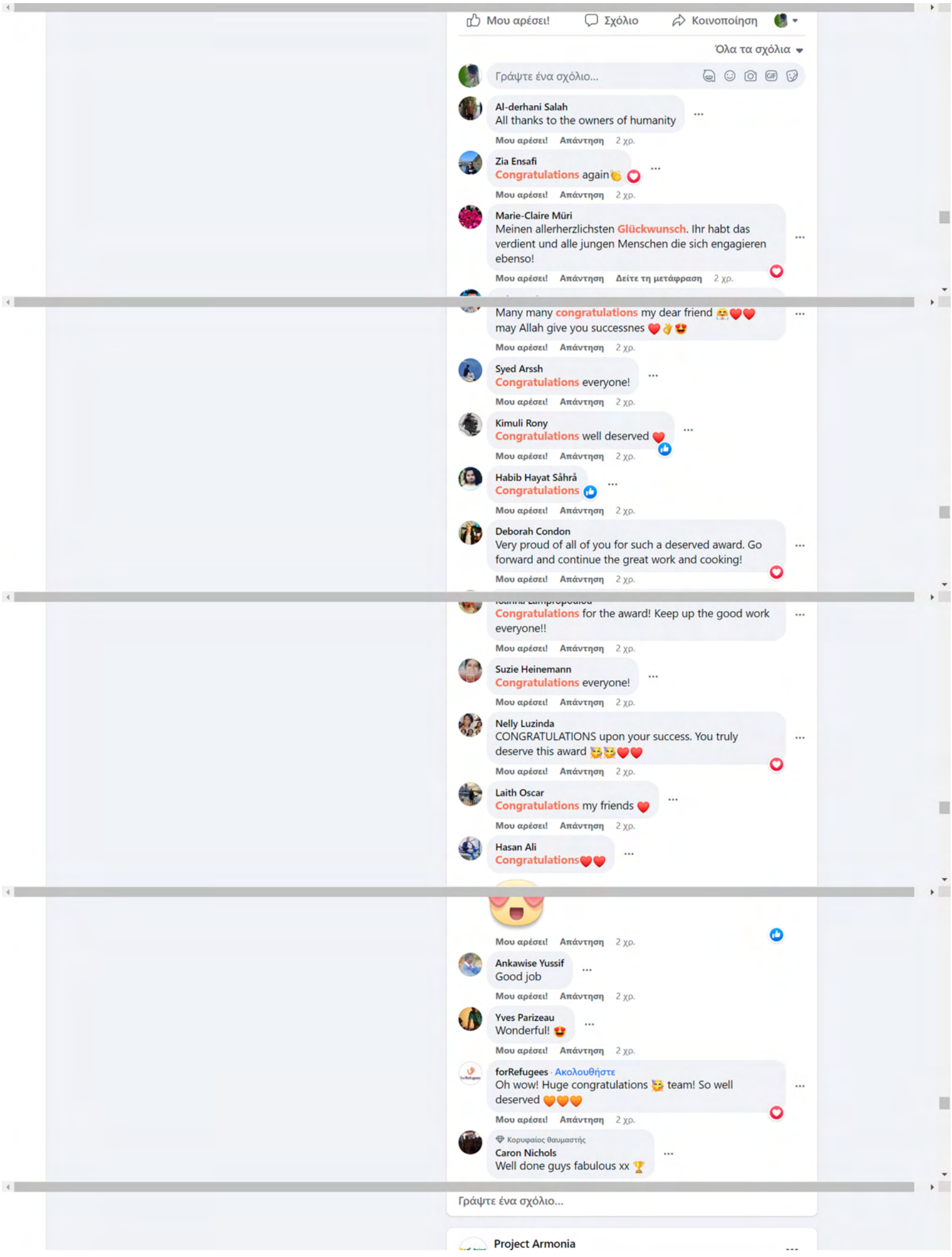
We were very happy to be a part of this event. Thank you for voting for us! 💛







99 18 σχόλια 4 κοινοποιήσεις


Μου αρέσει!
Σχόλιο
Κοινοποίηση
Όλα τα σχόλια
Γράψτε ένα σχόλιο...
Al-derhani Salah
All thanks to the owners of humanity
Μου αρέσει! Απάντηση 2 χρ.
Zia Ensafi
Congratulations again
Μου αρέσει! Απάντηση 2 χρ.
Marie-Claire Müri
Meinen allerherzlichsten Glückwunsch. Ihr habt das verdient und alle jungen Menschen die sich engagieren ebenso!
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 2 χρ.
Many many congratulations my dear friend
may Allah give you successnes
Μου αρέσει! Απάντηση 2 χρ.
Syed Arssh
Congratulations everyone!
Μου αρέσει! Απάντηση 2 χρ.
Kimuli Rony
Congratulations well deserved
Μου αρέσει! Απάντηση 2 χρ.
Habib Hayat Sâhrâ
Congratulations
Μου αρέσει! Απάντηση 2 χρ.
Deborah Condon
Very proud of all of you for such a deserved award. Go forward and continue the great work and cooking!
Μου αρέσει! Απάντηση 2 χρ.
Congratulations for the award! Keep up the good work everyone!!
Μου αρέσει! Απάντηση 2 χρ.
Suzie Heinemann
Congratulations everyone!
Μου αρέσει! Απάντηση 2 χρ.
Nelly Luzinda
CONGRATULATIONS upon your success. You truly deserve this award
Μου αρέσει! Απάντηση 2 χρ.
Laith Oscar
Congratulations my friends
Μου αρέσει! Απάντηση 2 χρ.
Hasan Ali
Congratulations
Μου αρέσει! Απάντηση 2 χρ.
Ankawise Yussif
Good job
Μου αρέσει! Απάντηση 2 χρ.
Yves Parizeau
Wonderful!
Μου αρέσει! Απάντηση 2 χρ.
forRefugees · Ακολουθήστε
Oh wow! Huge congratulations team! So well deserved
Μου αρέσει! Απάντηση 2 χρ.
Κορυφαίος θαυμαστής
Caron Nichols
Well done guys fabulous xx
Γράψτε ένα σχόλιο...
Project Armonia

18 Νοεμβρίου 2019 ·

Arrivals to Samos continue to soar. The situation on the Aegean Islands may be largely absent from mainstream media, but the situation for refugees on Samos is worse than ever. The camp continues to grow by the day.

Now, there are close to 7000 people living in Samos's refugee camp. Built to accommodate just 650 people, this places the camp at around 10 times it's intended capacity.

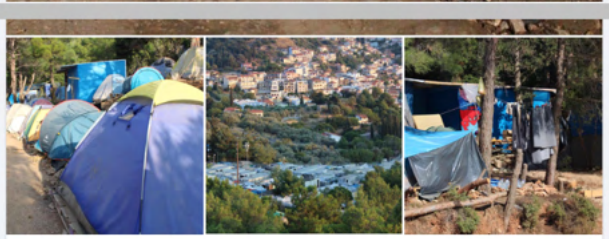
In just the last two weeks there have been 754 new arrivals to the island. This number alone exceeds the camp's official capacity.

Upon arrival, people are forced to find space on the already packed mountainside where they must wait for months, even years, for their asylum claim to be processed.

with thousands and thousands of people living in squalid conditions in flimsy tents and makeshift shelters.

(Figures taken from infocrisis.gov.gr/)





50 1 σχόλιο 21 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

الأشتر المالكي تعمر تعمر ...

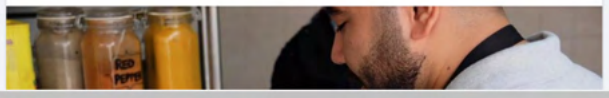
Μου αρέσει! Απάντηση 2 χρ.

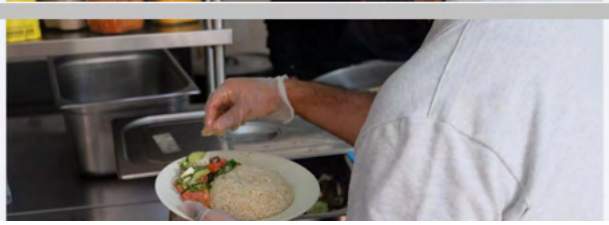
Ο χρήστης **Project Armonia** είναι με το χρήστη **Bader F. Albiltaji**.

14 Νοεμβρίου 2019 ·

All of our nutritious daily dishes are accompanied by a fresh side salad! Here is just one example, prepared by one of our amazing chefs, Bader from Palestine and his team 🥬🍅🥒

This summer, Bader worked in a hotel kitchen on Samos where he learnt how to make many famous Greek dishes. Since returning to the Armonia restaurant, he wanted to bring an authentic taste of Greece to the people we serve. Bader chose to prepare a
Greek salad made with fresh local ingredients: tomatoes, cucumber, green lettuce, red onion olives, feta cheese and olive oil 🫒🫒







51 7 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Khlid Waleed
https://youtu.be/jKiX8HZ_e-o

YOUTUBE.COM
اجمل فيديوهات ومشاهير تيك توك tiktok

Μου αρέσει! Απάντηση 3 χρ.

Khlid Waleed

YOUTUBE.COM
اجمل فيديوهات ومشاهير تيك توك tiktok

Μου αρέσει! Απάντηση 3 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Looks good xx ❤️❤️

Μου αρέσει! Απάντηση 3 χρ.

Monica Liberati
Greetings to Bader, my French student!!! Bonjour Bader 🙂

Μου αρέσει! Απάντηση 3 χρ.

Carolyn Bugnius
The meals you produce look delicious..I'm sure a book of your recipes would sell well...I for one would buy one !

Μου αρέσει! Απάντηση 3 χρ.

Συντάκτης
Project Armonia
Carolyn Bugnius it is indeed in progress 😁

Μου αρέσει! Απάντηση 3 χρ.

Carolyn Bugnius
Project Armonia Woo Hoo That;s great news ! ❤️ xx

Μου αρέσει! Απάντηση 3 χρ.

Απαντήστε στο χρήστη Carolyn ...

Γράψτε ένα σχόλιο...

Project Armonia
11 Νοεμβρίου 2019 ·

This year we are joining the youngCaritas Awards in Switzerland! The youngCaritas Award recognises the work of young people who dedicate themselves with their heart and soul to a social and sustainable future in their free time. 🙏

Vote for us in the 2019 competition by following this link!
https://www.youngcaritas.ch/?id=1126

Thank you!

YOUNGCARITAS.CH

Project Armonia
Der Verein «Project Armonia» führt ein Restaurant auf der Insel Samos, wo besonders gefährdete geflüchtete Menschen warme...

28 4 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Andre Tribolet
Voted
Μου αρέσει! Απάντηση 3 χρ.

Aybüke Yildirim
Thank you!
Μου αρέσει! Απάντηση 3 χρ.

Απαντήστε στο χρήστη Andre Tr...

Gemma Bird
Voted 🙂
Μου αρέσει! Απάντηση 3 χρ.

Milly Pawson
Amazing!! Congratulations! 😍🎉🧡
Μου αρέσει! Απάντηση 3 χρ.

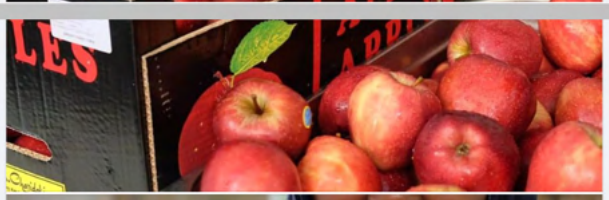
Γράψτε ένα σχόλιο...

Project Armonia
9 Νοεμβρίου 2019 ·

This week we started giving out fruit with our meals 🍎 Now, three times per week our visitors receive a healthy snack with their meal!

With the food in the camp having basically no nutritional value, we seek ways to provide people with as much nutrition as possible 🍌🍊🍏







45 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
3 Νοεμβρίου 2019 ·

Last week we were visited by Knackeboul - a Swiss rapper, beatboxer, presenter and entertainer! He came to see our project and raise awareness about the ongoing situation for refugees living in the island's 'hotspot'.

Last Sunday, he put on a small concert at the seafront in order to distract people and give them an opportunity to show their different talents. People came from the camp to

join him in singing, rapping and dancing. 🎤🤸







53 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
31 Οκτωβρίου 2019 ·

Two of Project Armonia's main aims are to bring different cultures together and to empower people detained on the island. We aim not just to distribute food, but to encourage people from the refugee community to engage innovatively with the food and the project.

Every Thursday afternoon, our volunteers get together for a meeting! Here, we share updates and discuss ideas to improve the restaurant's efficiency. We want to make the experience of the people who eat there the best it can be, so we always make time to listen to each other's thoughts and opinions 💭💭





44 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Οκτωβρίου 2019 ·

This Sunday meet some of the people who carried us through the intense,
chaotic week of the fire. These are just a handful of our 37 volunteers who worked tielesslessly around the clock.

Our volunteers ensured we could keep the restaurant open for two nights to provide emergency shelter to around 80 people and food to around 350 people each night.

They went above and beyond. Despite many of them losing their belongings in the fire, they still came to help. They tried to keep smiles on people's faces and, to the best of their ability, to distract from the tragedy that had just unfolded.

We can honestly say we have never been prouder or more thankful for this wonderful team.Their actions last week have demonstrated their great selflessness and humanity.

Over the course of that week we provided over 1500 extra meals to

restaurant is visited by hundreds of people each day. This would not have been possible without this dedicated team. We would be completely lost without our volunteers who run, maintain and shape Project Armonia 💚💛



83 7 σχόλια 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Fiona Wolownik
The best team ever ❤️❤️❤️❤️❤️❤️❤️
Μου αρέσει! Απάντηση 3 χρ.

Gemma Bird
Super stars 🌟 ❤️
Μου αρέσει! Απάντηση 3 χρ.

ابراهيم الزرقة
You are amazing people and I am happy to be part of
Μου αρέσει! Απάντηση 3 χρ.

Mohammad Hosseinalizade
Good luck 👍
Μου αρέσει! Απάντηση 3 χρ.

Carolyn Bugnius
Respect ! ❤️❤️❤️
Μου αρέσει! Απάντηση 3 χρ.

Maddy Kate
Such an amazing team! ❤️
Μου αρέσει! Απάντηση 3 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Great job guys 👍💗
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
23 Οκτωβρίου 2019 ·

After the horrific events of last week, things are still tense but starting to return back to 'normal' here on Samos.

Throughout last week, we provided over 1,500 additional meals to help those displaced by the fire, on some days we opened for

breakfast, lunch and dinner as emergency response.

This week we have returned to our usual lunch routine. We have been cooking around 450 warm, nutritious meals per day, serving food between 12pm and 3pm.

Today's meal: كبسة (Kabsa) prepared by Hasan, one of our chefs! This Iraqi dish is made with chicken, rice, fresh tomatoes, aubergine and potatoes. Hasan and his kitchen team served this with a delicious yogurt salad!

Want to help us feed more people? Use the link below to find ways to help!

https://projectarmonia.org/help.html



51 7 σχόλια 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Κορυφαίος θαυμαστής
Caron Nichols
I shall miss you all 😪 Thank you for making me feel so welcome 💟xx
Μου αρέσει! Απάντηση 3 χρ.

Caron Nichols
I shall miss you all. Thank you so much for making me feel so welcome xx 💟💟💟
Μου αρέσει! Απάντηση 3 χρ.

Nima Moradi
❤️❤️❤️
Μου αρέσει! Απάντηση 3 χρ.

Κορυφαίος θαυμαστής
Caron Nichols
Amazing work and fab food xx 💟💟💟
Μου αρέσει! Απάντηση 3 χρ.

Carolyn Bugnius
You are all incredible caring people.. Respect and Love to you.❤️
Μου αρέσει! Απάντηση 3 χρ.

Millie JusteMillie
Μου αρέσει! Απάντηση 3 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

Γράψτε ένα σχόλιο...

Project Armonia
18 Οκτωβρίου 2019 ·

Yesterday morning we went to see the situation on the streets after the fire and riots. We were shocked by what we found.

Hundreds of people, including elderly people, disabled people, children and pregnant women were sleeping rough. They were huddled into doorways of supermarkets, sleeping on cardboard in the square, and we even found some people hidden under a stall where fish is sold.

We decided to hand out tokens so these people could come to our restaurant and at least receive a hot meal that day. We opened early to offer as many people as possible food and a safe, welcoming space.

Throughout the day, we provided over 200 extra meals for these people







80 6 σχόλια 28 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Mohamad Al Barazi
I'm thanks for your help 😊
Μου αρέσει! Απάντηση 3 χρ.

Yves Parizeau
Such a terrible situation that we need to continue denouncing. Thank goodness for groups of angels like yours. I'm arriving on Samos on November 20.
Μου αρέσει! Απάντηση 3 χρ.

Mohammad Hosseinalizade
I'm thanks for your help 😊
Μου αρέσει! Απάντηση 3 χρ.

Grace Mosely
Thank you for what you are doing in this tragic situation.
Μου αρέσει! Απάντηση 3 χρ.

Hagi Muridi
I'm so sorry
Μου αρέσει! Απάντηση 3 χρ.

Shafi Hamnawa
Samos not good
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
16 Οκτωβρίου 2019 ·

Last night we kept our restaurant doors open for a second night.

The fire destroyed the homes of an estimated 700 people. They still remain without shelter. Many were too afraid to sleep in the camp. People again fled to the streets looking for somewhere to sleep.

We hosted around 90 people for the night, prioritizing women and children. We provided around 300 people in our centre and in neighboring centres with breakfast and dinner.

With the current situation in camp, it is heartbreaking to say these events were inevitable. 6000 people inhabit a camp built for approximately 650. The camp is at over 9 times its capacity. In the

forest - where the fire began - tents and makeshift shelters are packed closely together. With no firebreak, hundreds of people's homes went up in flames in just minutes. Hundreds and hundreds of people lost

The fight believed to have led to the start of the fire later in the evening, was reported to have been a result of tensions between ethnic groups in the food line earlier that day. With not enough food and water for everyone, there is always a high risk of conflict and tension. Today marks World Food Day. It is shocking to see that in 2019, people are still suffering from hunger and conflict as result of food shortage.

Tensions here are still high. People are tired and scared. We are all doing the best we can to support everyone affected by the fire. Collectively, the NGOs of Samos are appealing people to donate to an emergency fundraiser to assist those affected by the fire. Please find the link below to help us best support people in the aftermath of this horrific event.

We need to act fast to ensure people have basic shelter before the winter weather and rain begins in the coming weeks.

https://donorbox.org/fire-samos-refugee-camp

#samos #emergencyappeal



44 14 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
15 Οκτωβρίου 2019 ·

Here you find a joint statement released by us - the NGOs -working on Samos following the events of last night and continuing instability at the overcrowded hotspot camp.

PLEASE SHARE!

PDF here: https://bit.ly/2OOT89H



Forutan Abdul Qayum και 21 ακόμη 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
15 Οκτωβρίου 2019 ·

Here is just one video from last night's fire.

This was sent to us by one of our volunteers that lives in the camp who, despite the fire and spending the night without any sleep, still came to work today so they could provide food for people in need. Today and last night we have been providing food for those affected by the fire.

For all the support and well wishes we have received so far, we thank you all. If you would like to show your support and help us continue our work, please donate using this link:

https://projectarmonia.org/#donate



34 2 σχόλια 30 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Abo Shoaib



Μου αρέσει! Απάντηση 3 χρ.

JudiLin Habibi
Seren Beker

Γράψτε ένα σχόλιο...

Project Armonia
15 Οκτωβρίου 2019 ·

Last night a fire spread throughout Samos's jungle. Earlier that evening there were clashes between two different communities in the camp. One brutal fight left three refugees seriously injured. Riot police came and tear gas was used.

At around 10pm, the situation escalated when a fire spread rapidly throughout the forest outside of the camp.

Hundreds of men, women, children and babies were, once again, forced to flee their homes. In these makeshift homes and tents were their only possessions. These were all burnt to the ground.

Many fled the camp, while others were too afraid to leave their tents because of the violent fights earlier in the evening. Many escaped the fire but some struggled to walk down the hill from camp due to burns.

rapidly. The gas bottles people had stored in their tents exploded as the fire took hold.

As it got later, people started to find places to sleep for the night on the streets in the town. We and other NGOs on the island decided to

open our doors to these now doubly displaced people.

We offered a place for them to take refuge for the night, emergency blankets, some warm tea and a hot meal in the night and morning.

These photos and videos were taken by our volunteers. Many of them were affected by this tragic event but came to help us keep our restaurant open all night regardless. We are endlessly grateful for their selfless displays of humanity

https://projectarmonia.org/#donate



73 11 σχόλια 36 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Yvonne Desirée Fransen



Amber Bauer
Devastating. Thank you for being there ❤️ and opening your doors as always ❤️
Μου αρέσει! Απάντηση 3 χρ. 2

Monica Liberati
Give your bank account/paypal, I can't be there but at least I can send some money
Μου αρέσει! Απάντηση 3 χρ. 2

Συντάκτης
Project Armonia
Here you find our bank details. Thank you so much!

Bank: Migros Bank Winterthur
Karteninhaber: Project Armonia
IBAN: CH12 0840 1000 0640 0487 2
BIC: MIGRCHZZXXX

Μου αρέσει! Απάντηση 3 χρ. 2

Project Armonia Is this an account in euros or do I have to transfer Swiss francs?
Μου αρέσει! Απάντηση 3 χρ.

Monica Liberati
I transferred euros, hope it's ok!
Μου αρέσει! Απάντηση 3 χρ.

Συντάκτης
Project Armonia

Euros works as well! Thank you so much. Really apperciated ❤️

Μου αρέσει! Απάντηση 3 χρ. 2

Απαντήστε στο χρήστη Monica ...

Rashid Alshakkal

😭😭 😖

Μου αρέσει! Απάντηση 3 χρ.

Rosa Dennis

You are all amazing!! I'm so so sad that this happened last night ok Samos. Sending everyone so much love 😘 Xx

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia

13 Οκτωβρίου 2019 ·

This Sunday meet our friends and Restaurant coordinators Nima and Fahad 🙌

Nima is 26 years old and from Iran 🇮🇷. He has arrived to Greece two years ago. After spending most of his first year on the mainland in Athens, he was forced to return to Samos. Knowing the conditions of Samos's camp, Nima decided very early on to try his best to improve the lives of people living there. He decided to volunteer when he arrived back on the island. One year later, he joined our Armonia

of setting up Project Armonia.

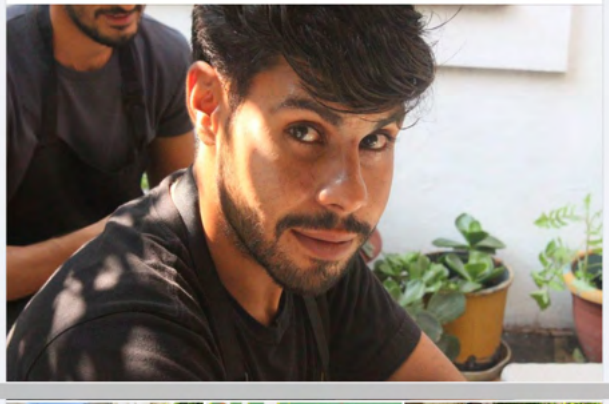
Fahad is 23 years old and from Iraq 🇮🇶. He arrived on Samos one and half years ago. He has been a big part of our family for over two months. After meeting him one afternoon in the town, we encouraged him to come and join our team - he hasn't made us regret it one bit since! He is always there to put a smile on our faces and is usually one of the last out of the door at the end of the day. Fahad believes it is important to help others who are in complicated situation and who are made to live in terrible conditions.

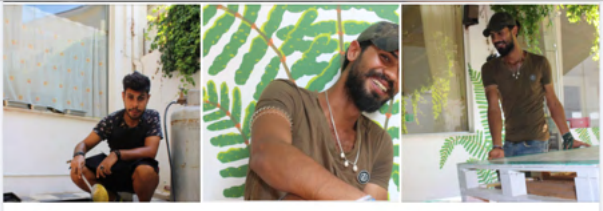
Nima and Fahad are always there when there is a gap in the team, they show so much responsibility, are always there to translate and interpret, and always have many good ideas for the restaurant and work hard to put them into action. As restaurant coordinators they ensure our restaurant is a good environment for vulnerable people and that our team works well.

Their main work is about keeping track of all stock in the restaurant, supervising and training volunteers and making sure that everything goes smoothly. On top of that, they also looks after the well being of

work!

A huge thank you to these two! We couldn't do it without you. 💛💚





85 11 σχόλια 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Monica Liberati
Doing great work, my friends! Miss you!

La Vinia ❤️❤️❤️

Μου αρέσει! Απάντηση 3 χρ. Τροποποιήθηκε

Κορυφαίος θαυμαστής
Caron Nichols ❤️❤️❤️

Μου αρέσει! Απάντηση 3 χρ.

Kathy Isaac-Epp
Such great work you are all doing. Many blessings!!!

Μου αρέσει! Απάντηση 3 χρ.

Francesca Marsiglia ❤️

Μου αρέσει! Απάντηση 3 χρ.

Sarah Lopez
AMAZING

Μου αρέσει! Απάντηση 3 χρ.

Aybüke Yildirim
jans

Μου αρέσει! Απάντηση 3 χρ.

Océanne Emma ❤️

Μου αρέσει! Απάντηση 3 χρ.

Ana Maria Fernandes
HUGE ❤️❤️

Μου αρέσει! Απάντηση 3 χρ.

Omid Ahmadian ❤️❤️

Μου αρέσει! Απάντηση 3 χρ.

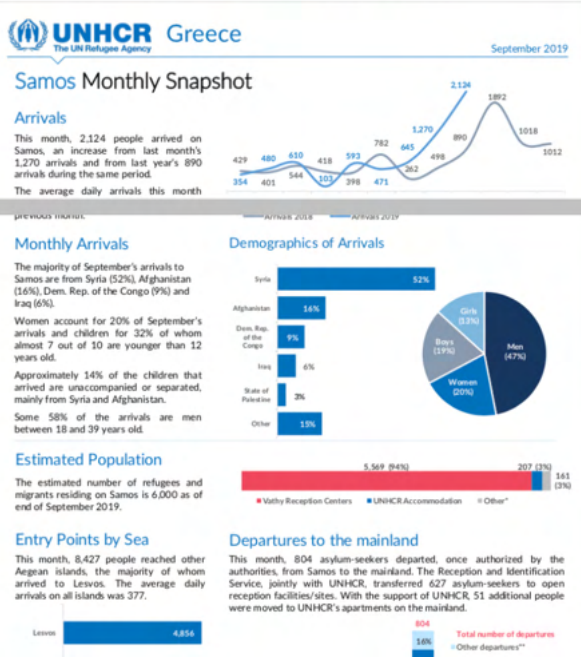
Rosa Dennis
Doing such great work guys!! I miss seeing you in the restaurant everyday, always making us delicious food with a smile on your faces!! 🥰

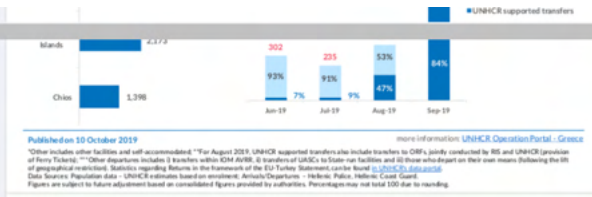
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
11 Οκτωβρίου 2019 ·

Here you find some updates about the monthly arrivals on Samos! The numbers are still increasing and winter on Samos has started..





Published on 10 October 2019 more information: UNHCR Operation Portal - Greece

12 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

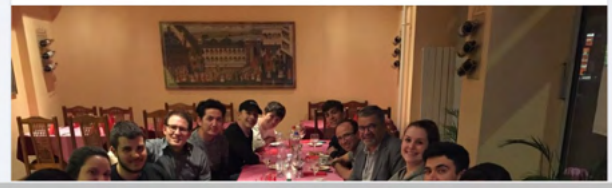
Project Armonia
10 Οκτωβρίου 2019 ·

Μου αρέσει! Σχόλιο Κοινοποίηση

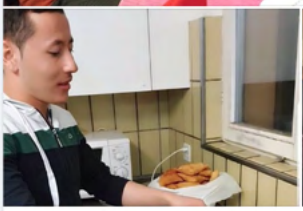
Project Armonia
7 Οκτωβρίου 2019 ·

Armonia in Zurich 🙌 Every 6-8 weeks we organise a dinner with asylum seekers in Zurich! These dinners are attended by friends and families keen to help refugees feel at home even though they are far from home.

These dinners are to encourage people to cook together, exchange culture and language. The food therefore varies from Afghani dishes to super Swiss cheesy raclette nights! 🍽









26

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
2 Οκτωβρίου 2019 ·

Samos's already over-strained, over-capacity camp is filling up. A month ago, this area of the hillside was empty. Now, by the day, it's getting more and more cramped.

The situation here is worse than ever. On almost a daily basis, men, women and children are arriving in their hundreds. In 2019, migrant arrivals to Greece have been their highest since the refugee crisis began in 2015.

Samos's camp was built to accommodate 650 people. It is now estimated that around 6000 people reside there and in make-shift shelters on the hillside beside it.

With arrivals increasing, more and more people are coming to us for food. Right now, we do not have the ability to feed everyone that comes to our restaurant. We need your help to provide more meals for people in need. Your donations are crucial! Follow the link below to

show your support:

http://projectarmonia.org/#donate





31 12 κοινοποιήσεις

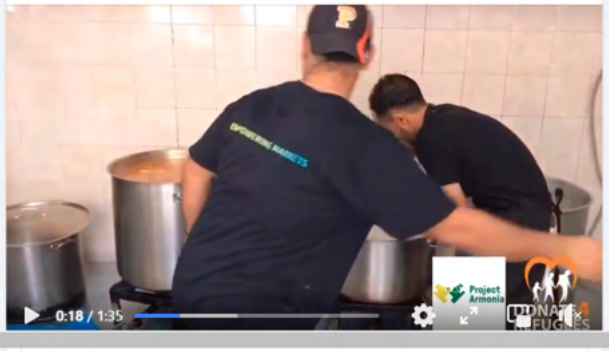
Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
1 Οκτωβρίου 2019 ·

Check out our work filmed by our partners Donate4Refugees during their most recent visit to Samos!



Ο χρήστης **forRefugees** είναι στην πόλη **Σάμος**.
30 Σεπτεμβρίου 2019 ·

Although now in Chios, I'm sharing another update from Samos today... Our volunteer network are often providing the only lifeline for refugees stuck in shamefully squalid conditions here in Europe. And here's another inspiring person - please meet Jess, co-founder of our partners Project Armonia in Samos.

Together with a team of wonderful volunteers from the Vathy Refugee Camp, Project Armonia is serving 450-500 healthy, tasty portions of hot lunch each day to the most vulnerable and in need, through their warm and welcoming restaurant.

To note that the female volunteers asked not to be filmed (but are working just as hard as the boys every day!)

Video just 1 min 35 secs

- - - - -

At Donate4Refugees we raise money to support volunteer projects, like Project Armonia, so that they can continue providing critical humanitarian aid, activities and human rights support to those on the front-line of Europe's Refugee Crisis. Eg we are currently paying the monthly rent for the Project Armonia kitchen and restaurant.

We depend on YOUR support to keep helping and cannot thank you enough for being on this journey with us because together we're making a big difference to people's lives.

#Donate4Refugees #ProjectArmonia #CountOnUs

#KindnessIsGolden

- - - - -

As with my Action for Education video on Sunday afternoon, there's no subtitles (because they take ages to add!), so here's the transcript instead :

Jess - "Me and Amber have just come up to Camp and it's the first time I've seen it in two months. The Camp is now at 6,000 people and I've been here one year and I've never seen it this bad. You can see behind me... this, two months ago, didn't exist.

who can't stand in the food lines that last for 3-5 hours or are most in need of nutrition. Camp food here is beyond atrocious. It often comes laced with bones, maggots, mould, and most people leave it. As soon as they wait the 3-4 hours to collect it, and it's discarded immediately in the trash.

"Our project aims to be run by the local community and sustained by the local community. We aim to empower people from the camp and give them something to do because people are often stuck here between three months and anywhere up to three years. And we want to give people a taste of home by cooking local meals. So over 95% of our volunteers are from the local refugee community and each day they work from 8:30 to about four o'clock. Helping in the restaurant, cooking in the kitchen and running the entire restaurant.

"It's very common on Samos for people to be welcomed with hostility, be denied from entering local restaurants, be turned away because of their race or their religion. So we're able to give a hospitable environment and the dignity people deserve by giving them a clean, safe space to eat."

25 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
30 Σεπτεμβρίου 2019 ·

We are with you people on Lesvos



Choose Love

Fire swept Europe's largest refugee camp yesterday, killing at least three people.

We are so sorry to say that one woman and two children are confirmed to have to have died in Moria refugee camp in Greece. There are also unconfirmed reports that more people may have died in the fire that spread through the camp's closely-packed containers.

A brutal policy of holding 13,000 people in a space designed for around 3,100 - and of indefinitely holding people in painfully under-resourced camps on the Greek islands make tragedies like this almost inevitable.

Today our thoughts are with everyone affected by this terrible tragedy. But it's not enough to mourn these deaths. Out of sight, out of mind, thousands of refugees are currently trapped on the Greek islands - held in limbo and unable to continue their journey to safety.

When will European leaders step up to provide a safe, dignified

6 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
29 Σεπτεμβρίου 2019 ·

It's Sunday again. Meet Mudi and Ahmed from our Family 🌱

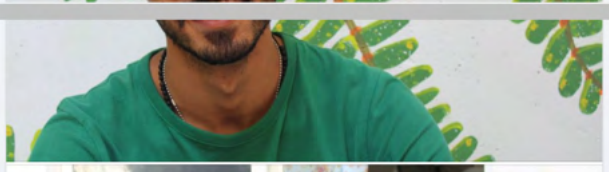
(1) Say hello to our volunteer and family member Mahmoud (Mudi). Mudi is 27 years old and comes from Gaza. 🇵🇸 He has arrived on the island of Samos one year ago. He strated to help us in the free-restaurant almost two months ago. "Volunteering in the restaurant is a good escape of all the suffer in the camp." Mudi is dedicated to help the people who are in the same situation as him. At the same time, he gives us joy everyday in the restaurant with his funny jokes and great humour.

(2) Ahmed Qasem is from Yemen 🇾🇪 and started to volunteer with us four weeks ago. He has been in Samos for five months. Having nothing to do all day and seeing people suffering made Ahmed to decide to get up and help where he can. Since cooking is his hobby, he joined our team to fulfill his passion every day. "Cooking makes me happy and even more if i can help people by doing so". He not only cooks but also teaches potential chefs!

Do you also want to help us? Find out about different ways to do so by clicking the link below:
http://projectarmonia.org/help.html

Thank you for your support!







Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
26 Σεπτεμβρίου 2019 ·

Our youngest visitors get a pudding after their lunch! 🥄

Thanks to donations made by Heimatstern e.V. to Refugee 4 Refugees we are able to give out different types of supplementary food for babies and children 🌱





26

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
22 Σεπτεμβρίου 2019 ·

Sundays are to meet our volunteers. 👐

(1) Rony is 25 years old and from Uganda. 🇺🇬 He arrived on Samos in August 2018 and has been volunteering with us since day one. No matter what, Rony is always ready to do as many shifts as needed and help out wherever he can. He says, "I can't put in words about the warm welcoming in the family of Armonia. It started to become a home for me. Seeing the people in Armonia taking care of each other and others encourages me a lot and gave me hope. The empowerment in Project Armonia taught me that I can do much more than I thought to be able to." After a very long time, Rony has just been told that he is finally allowed to leave Samos. He will be sorely missed in our family and we wish him the best of luck for the future!

(2) This smile belongs to Laith Oscar, our friend from Iraq. 🇮🇶 Oscar is 20 years old and has volunteered with us for from the beginning on. Not only has he helped translating, he has also supported our chefs in the kitchen. Oscar wants to become a cook and is always keen to learn as much as possible from our kitchen team. He says, "I know the life of the people here the best and that's why I decided to help them and join Project Armonia. The people here are suffering and they are sick. They are in need of healthy food in a place that welcomes them". After over two years on Samos, Oscar has finally left the island. We hope that one day his dream of being a chef comes true and that he can use what he's learnt in the Armonia kitchen.



66 5 σχόλια 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

حسام حسن
منور الورد

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

Nelly Luzinda



Μου αρέσει! Απάντηση 3 χρ.

Kimuli Rony
I am so proud that on the island of samos i belong to the most cherishing family project Armonia feeling pleased! ❤️ here we say "feed others for today to save their tomorrow"

Μου αρέσει! Απάντηση 3 χρ. Τροποποιήθηκε 6

Συντάκτης
Project Armonia
Rony we miss you!! ❤️

Μου αρέσει! Απάντηση 3 χρ.

Elora Cassagne
❤️❤️❤️❤️❤️

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
20 Σεπτεμβρίου 2019 ·

Friday is deep clean day! At the end of a long day (and week) of food service the whole team pitches in to make sure our space is sparkling for the following week 💪💪 Not a corner, plate or pan is left unscrubbed by our hardworking volunteers!

We take pride in our workspace. We ensure the restaurant is clean for the people who eat here and our kitchen is hygienic and safe for food preparation!

A huge thank you to our hardworking volunteers 🙌🙌



34 1 σχόλιο 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Laith Oscar
Good job my friends ❤️

Μου αρέσει! Απάντηση 3 χρ.

Project Armonia
17 Σεπτεμβρίου 2019 ·

One of our founders Aybüke Yildirim recently organised for a collection of donations to be sent from Switzerland to Samos. Together with her friends, she packed up no less than 170 boxes! These were full of donated sleeping bags, blankets, winter shoes and clothes along with a few items for our kitchen

The boxes have now arrived on Samos and will be distributed by the amazing Refugee 4 Refugees Thanks to these donations we are now a bit more prepared for winter here in Samos

Switzerland to Samos. Please help them and us to keep stocking the warehouse by donating clothes (Spendendepot Zürich).





69 5 σχόλια 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Ali W Bamarni

Otman Obt
Hearts Smile when humanity is seen in practice
Μου αρέσει! Απάντηση 3 χρ.

Laith Oscar
Thank you my best friend **Aybüke Yildirim** it's really great idea
Μου αρέσει! Απάντηση 3 χρ.

Eric Gerson
Çok müteşekkirim
Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

ابو جواد المكصوصي



Μου αρέσει! Απάντηση 3 χρ.

Project Armonia
13 Σεπτεμβρίου 2019 ·

This week's shoutout goes to Donate4Refugees

Donate4Refugees supports a variety of grassroots groups throughout Europe, ensuring that vital projects can continue helping refugees and asylum seekers! Thanks to the contribution of this amazing organisation, and of course their generous donors, we have been able to fund the rent of our kitchen and restaurant for the next few months!

to fund the rent of our kitchen and restaurant for the next few months.

We can now continue to feed over 450 people each day and ensure that refugees trapped on Samos have a safe space to relax and escape the horrendous conditions of the camp. Thank you Donate4Refugees for helping us treat refugees on Samos with the dignity they deserve but are often denied.



44 1 σχόλιο 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

forRefugees · Ακολουθήστε
What a wonderful surprise to see this post! Thank you so much for everything you do to support some of the world's most vulnerable people **Project Armonia**. We're so grateful to our donors and supporters for making it possible for us to play our part, making a difference from afar. **#InSolidarity**.

Μου αρέσει! Απάντηση 3 χρ. 3

Project Armonia
8 Σεπτεμβρίου 2019 ·

1280 people have arrived on Samos in this month alone. In comparison, this time last year, 468 people arrived during the same period. According to UNCHR there are now 5886 refugees living in a camp built for 650 people. The camp's capacity is therefore exceeded by 9 times. As a result, men, women and children are forced to sleep rough outside the official camp in the forest without basic facilities.



45 2 σχόλια 16 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Angafor Brainman
Very sad to no but I hope the people concern will do something soon

Μου αρέσει! Απάντηση 3 χρ.

Tom Hodges
The post adequately describes a tragedy but does little to explain causes. You have to wonder where the UN and their EU partners are in solving the crisis which obviously exists in the countries these people are fleeing.
Are they unfortunate participants in a mass exodus or pawns in an incidious game of geo-political migration?
The question remain...
who are the traffickers and
what are the proceeds, if any?

Μου αρέσει! Απάντηση 3 χρ. Τροποποιήθηκε

Project Armonia
2 Σεπτεμβρίου 2019 ·

It's been one month since we opened the doors of our free-restaurant 'Armonia'. In this month, we have served over 7700 meals to refugees and asylum seekers trapped on Samos.

In our opening week we began by serving 250 people, we are now able to feed 450 people per day!

This means we are currently providing almost 10% of the camp with a healthy, nuturious meal five days per week!

Do you want help us to continue our vital work and feed even more people in need? Click the link below to find out how you can help:
http://www.projectarmonia.org/de/#donate



91 9 σχόλια 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Seydou Baba
I pray to God that he gives you health and a long life, because you are great that I do not have a word to say that you are a great person. God bless you

Μου αρέσει! Απάντηση 3 χρ.

Laith Oscar
Iam happy because we doing all this great job ❤️

2

Μου αρέσει! Απάντηση 3 χρ.

Great job!

Μου αρέσει! Απάντηση 3 χρ.

Carolyn Bugnius
Brilliant work.!

Μου αρέσει! Απάντηση 3 χρ.

ابو جواد المكصوصي

Μου αρέσει! Απάντηση 3 χρ.

Mamun Ghaysob
Good work

Μου αρέσει! Απάντηση 3 χρ.

ام غيث السامرائية

Μου αρέσει! Απάντηση 3 χρ.

Suzie Heinemann
Respect

Μου αρέσει! Απάντηση 3 χρ.

Έχει επιλεγεί η ταξινόμηση "Τα πιο σχετικά", συνεπώς κάποια σχόλια μπορεί να έχουν εξαιρεθεί.

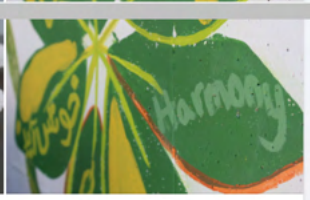
Γράψτε ένα σχόλιο...

Project Armonia
20 Αυγούστου 2019 ·

This weeks shoutout goes Help Refugees. Along with their work on the ground at many different places in the world facing crisis, Help Refugees also supports grass-root NGO's as they did support ours. With their contribution to start-up costs, we could open our Restaurant "Project Armonia" and are now able to serve 450 people in need every day with a healthy and nutritious meal. Thank you #HelpRefugees.







Sharif Haidari και 61 ακόμη 3 σχόλια 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Aryan Afzali

Catherine Burckhardt
Thank you all

Μου αρέσει! Απάντηση 3 χρ.

Nima Moradi

❤️❤️❤️

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
15 Αυγούστου 2019 ·

A reportage by Telebasel about our NGO and the situation on Samos! Fiona Wolownik herself is from Basel in Switzerland and is presenting to a local channel what's happening on the ground here.
Watch, Like, Share.



TELEBASEL.CH

Report: Baslerin in der Flüchtlingshölle - Telebasel

Auf der griechischen Insel Samos stranden täglich Flüchtlinge. Die ...

19 5 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

الحجة ام وائل حمادة
Welcome Fiona

Μου αρέσει! Απάντηση 2 χρ.

Catherine Burckhardt
Simone Schröder, wenn du einen teuren Designerfummel weniger kaufst, spende doch da was😊

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

Simone Schröder
Catherine Burckhardt ich habe seit jahren eine eigene tierschutz stiftung. aber danke.

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

Catherine Burckhardt
Simone Schröder das weiss ich, war ein Gedankenanstoss...

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

Simone Schröder
Catherine Burckhardt bitte. da würden mir 100 andere einfallen, die den anstoss eher nötig hätten.

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

Απαντήστε στο χρήστη Catherin...

Γράψτε ένα σχόλιο...

Project Armonia
8 Αυγούστου 2019 ·

While the food in the camp is neither fresh, healthy nor nicely served, our goal is not only to cook nutritious food but also to serve it in a way people feel welcomed and worthy again. For that reason, our chefs in the kitchen strive to prepare each plate with love.

The food served in the camp is mostly mashed potatoes or some pasta and the portions are never enough for a person to feel full. It is not uncommon for people to find mould, maggots and insects in their food.

In addition, the food comes in plastic packaging which is often discarded in trash piles throughout the camp. That's around 4000 plastic packages per person per meal that are left unrecycled.

Temperatures reach 40 degrees during the month of August, which makes living in the camp even more unbearable. Not making things any easier, people only receive a substandard 1.5 litres of water per

day.

The trash is left around camp just inches from where people sleep. Under the scorching sun, it starts to rot and become toxic. Few bins are provided in the camp so people do not have the means to dispose of their waste sanitarily. Not only this, but these waste piles attract rats and snakes which often bite people as they sleep in their tents.

We ensure people have a welcoming, clean space to escape these conditions. With less than a Euro, we can serve one person! 🥙🥧 Do you want to help us keep this going? Find ways to help us in the link below ⬇️

Thank you for your support 💛💚



51 6 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Project Armonia
3 Αυγούστου 2019 ·

The first week since our opening has been over and we can happily announce that we have served more than 1100 meals in these days! It has been a busy week with cooking, registration work and keeping our space clean and nice for our guests. A huge thank you to all of our team giving 110% everyday to keep this running and help people in need. 🍛🌱



51 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** είναι με τους **Aybüke Yildirim** και **Fiona Wolownik**.
29 Ιουλίου 2019 ·

Today we had our big opening day and served 257 meals for people in need! A huge thank you to our amazing volunteers for cooking a super tasty, nutritious and healthy meal
photos by: @pgy_mahmoud_abu_senan



66 18 σχόλια 7 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Wasim Hamidy
Congrats.
Μου αρέσει! Απάντηση 3 χρ.

Yahia Kh
Wonderful well done
Μου αρέσει! Απάντηση 3 χρ.

Sabine Burckhardt
Thats so wonderful to see all this people happy. Their first meal in this nice Restaurant. Fiona you are amazing best daughter in the world.
Μου αρέσει! Απάντηση 3 χρ.

Teddy Burckhardt
Wonderful, we are so proud!
Μου αρέσει! Απάντηση 3 χρ.

Congrats beautifull team !!
Μου αρέσει! Απάντηση 3 χρ.

↳ 2 απαντήσεις

Alexis Andra
Congratulations ❤️
So great 👍💐👍
Μου αρέσει! Απάντηση 3 χρ.

La Vinia
Congratulations!!! You´re awesome ❤️
Μου αρέσει! Απάντηση 3 χρ.

Alessandro Nicoletti
So proud of you ❤️
Μου αρέσει! Απάντηση 3 χρ.

Liz Hubbard

Well done, fantastic work.

Elora Cassagne
AMAZING 😀
Μου αρέσει! Απάντηση 3 χρ.

Gemma Bird
This is amazing news 😀 congratulations all of you 😘 😻
Μου αρέσει! Απάντηση 3 χρ.

Agus Oliveri
Congratulations habibis !!! Y'all are amazing 🎊🎉
Μου αρέσει! Απάντηση 3 χρ.

Millie JusteMillie
Congratssss!! 💙💜💚
Μου αρέσει! Απάντηση 3 χρ.

ابو جواد المكصوصي



Μου αρέσει! Απάντηση 3 χρ.

Amber Bauer
Congrats team! 😍
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** είναι με το χρήστη **Aybüke Yildirim**.
27 Ιουλίου 2019 ·

This morning we had our last hygiene and safety workshop before we open on Monday! We are ready to go and our kitchen is stocked with all the ingredients we need to cook healthy and nutritious meals 🙌🍴



37 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Ιουλίου 2019 ·

This morning we had our last hygiene and safety workshop before we open on Monday! We are ready to go and our kitchen is stocked with all the ingredients we need to cook healthy and nutritious meals 🙌🍴





39 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Gemma Bird
Amazing news! Good luck for Monday all of you

Μου αρέσει! Απάντηση 3 χρ.

Project Armonia
15 Ιουλίου 2019 ·

Volunteers spent their Sunday collecting abandoned tents from Openair Frauenfeld festival in Switzerland.

In around 5 hours they collected over 30 new tents! The tents will be sent to help refugees in Calais.

Meanwhile, our volunteers on Samos spent the evening cleaning up a local beach



37 8 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

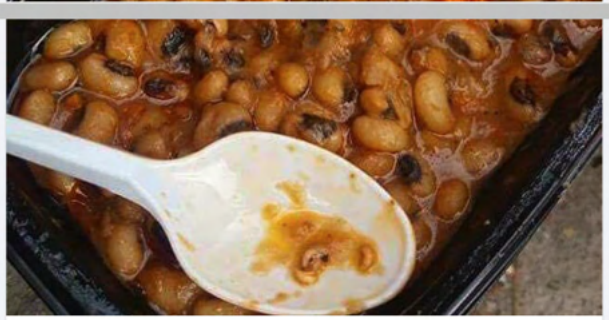
Project Armonia
12 Ιουλίου 2019 ·

"Vulnerabilities can be altered and enhanced by not having basic needs such as shelter and food"

Read Gemma Bird's article about how people engage with the concept of vulnerability and how our project wants to work around this:
https://blogs.lse.ac.uk/.../changing-vulnerabilities.../...







15 2 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

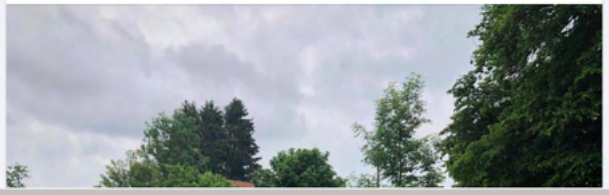
Γράψτε ένα σχόλιο...

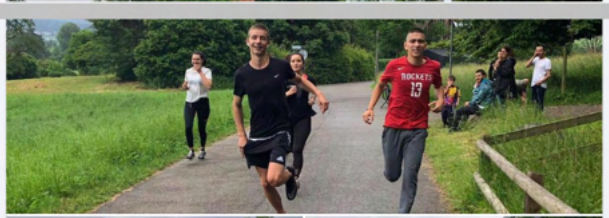
Project Armonia
9 Ιουλίου 2019 ·

A big thank you and congratulations to the people who took part in our Project Armonia charity run in Switzerland!

Participants ran as many kilometres as possible in 30 minutes, receiving donations for every kilometre they ran. Together the 17 of them ran 106km and managed to raise over €10,000!!

If you didn't get a chance to sponsor our runners you can still donate using this link! http://projectarmonia.org/#donate









Sharif Haidari και 33 ακόμη 5 σχόλια 1 κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Amber Bauer
Incredible! Love your work

Μου αρέσει! Απάντηση 3 χρ.

Ali Karem

Μου αρέσει! Απάντηση 3 χρ.

Eric Gerson
Wowww!!!

Μου αρέσει! Απάντηση 3 χρ.

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
4 Ιουλίου 2019 ·

Today we started registering pregnant and breastfeeding women and elderly people at our centre 😁😁



Sharif Haidari και 47 ακόμη 5 σχόλια 1 κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

De Bruin Tineke
Aalt de Bruin restaurant door vrijwilligers opgezet om de meest kwetsbaren op kamp samos goed voedsel te bieden ❤️❤️

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

Wasim Hamidy
Congratulations

Μου αρέσει! Απάντηση 3 χρ.

Habib Hayat Sâhrâ
Congratulations

Μου αρέσει! Απάντηση 3 χρ.

Hasan Majnan

Μου αρέσει! Απάντηση Δείτε τη μετάφραση 3 χρ.

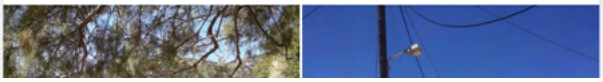
Ana Maria Fernandes
It's happening!
Congratulations👏👏 So happy for you!

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
1 Ιουλίου 2019 ·

Sunday volunteer outing 🌞🌞🌞





25 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
29 Ιουνίου 2019 ·

A quick look into the process of cleaning some very very old dusty carpets



28

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
27 Ιουνίου 2019 ·

A huge thanks to our amazing volunteer team who spent hours giving our new kitchen a good scrub!



36 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Payiz Alsaid
👏👏👏👏👏
Μου αρέσει! Απάντηση 3 χρ.

Project Armonia
25 Ιουνίου 2019 ·

This week we held a series of kitchen workshops for our amazing group of volunteer chefs! We're excited to get cooking and open very soon 🍽️🍴



Sharif Haidari και 30 ακόμη 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Project Armonia
20 Ιουνίου 2019 ·

Happy World Refugee Day 2019 from (most of) the Project Armonia team! 🙌



Akram Damas και 42 ακόμη 1 σχόλιο 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Lizzie Croke
What an amazing crew!
Μου αρέσει! Απάντηση 3 χρ.

Project Armonia
17 Ιουνίου 2019 ·

"Govoni took out his phone, and showed me a picture of the same boy, lifting his shirt up to reveal two curved scars running across his chest—the result of a beating by police while he was standing in a food line. Migrants often stand in lines for hours to wait for food, and skirmishes sometimes break out. The police then arrive and violence

often ensues."

Find the link to full The New Yorker article about Samos below!



NEWYORKER.COM

On a Greek Island that Welcomes Migrants, Fear, Frustration, and a sense of Abandonment Grow

7 3 κοινοποιήσεις

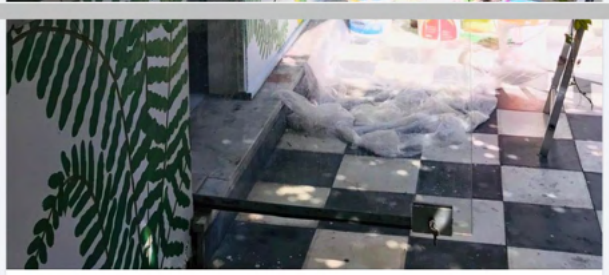
Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Project Armonia
15 Ιουνίου 2019 ·

Mural in progress! Thanks to the wonderful Millie Gribouilli Art 🌿🌿





Sharif Haidari και 36 ακόμη 2 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

This is amazing! 😮

Μου αρέσει! Απάντηση 3 χρ.

Adel Haider

❤️

Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
11 Ιουνίου 2019 ·

Our aim is to have the project run almost entirely by refugees. Through this, we hope to empower and support our volunteers while they wait for their asylum case to be processed, while giving them the opportunity to help others living in the camp.

Our amazing volunteers
are from all over the world, from Afghanistan to Uganda, Iraq to Somalia!



Shafi Haidari και 26 ακόμη 4 σχόλια 4 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Όλα τα σχόλια

Γράψτε ένα σχόλιο...

Yasser Alkassas
Good luck
Μου αρέσει! Απάντηση 2 χρ.

Payiz Alsaid
all the luck for you guys!!!! You are amazing
Μου αρέσει! Απάντηση 3 χρ.

Hasan Majnan
Good luck you are amazing person
Μου αρέσει! Απάντηση 3 χρ.

Hasan Mainan
You do not have volunteers from Syria
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
10 Ιουνίου 2019 ·

We're getting our space ready! When we open, we will start by providing food to around 150 pregnant and breastfeeding women, children, elderly and sick people per day. We plan to increase our capacity, as we know it's not nearly enough. Refugees and asylum seekers should receive decent food and clean water without having to queue for hours



Sharif Haidari και 43 ακόμη 4 σχόλια 1 κοινοποίηση

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...

Najm Aldeen Thamer
Good job
Μου αρέσει! Απάντηση 3 χρ.

Teddy Burckhardt
Great work!
Μου αρέσει! Απάντηση 3 χρ.

Janina He
It looks absolutely amazing! 😍
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Project Armonia
8 Ιουνίου 2019 ·

times its capacity, often people do not even receive food after lining up, there is just not enough for everyone.

Food quality is dire and has little nutritional value. It is often discarded in trash piles throughout the camp, just inches from people's tents





12 1 σχόλιο 13 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...



Μου αρέσει! Απάντηση 3 χρ.

Project Armonia
7 Ιουνίου 2019 ·

Life for refugees and asylum seekers on Samos is beyond belief. People risk their lives to make the crossing to Europe, expecting safety. Instead, they are met with dangerous, unsanitary and deplorable

conditions

The camp is built for 650 people, but hosts around 4000 refugees. Overcrowding forces around 2000 human beings to live outside its official walls, in the forest, with no running water, electricity, showers or toilets



17 1 σχόλιο 5 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Naf Nick De Nanté

god cover them with ur precious blood of Jésus. I'm in pain after write this

Μου αρέσει! **Απάντηση** 3 χρ.

Project Armonia
6 Ιουνίου 2019 ·

For over 9 months our founders Aybü, Jess and Fiona have worked on Samos with various organisations to support refugees and asylum seekers living in inhumane conditions. After noticing significant gaps in services available, we decided to start a new project to improve the support available for vulnerable people trapped on the island.

Project Armonia provides refugees with the vital nutrition, dignity and human rights they are often denied. We offer a safe, welcoming environment to eat and escape the deplorable conditions of Samos's refugee camp



Sharif Haidari και 27 ακόμη 2 σχόλια 3 κοινοποιήσεις

Μου αρέσει! Σχόλιο Κοινοποίηση

Τα πιο σχετικά

Γράψτε ένα σχόλιο...

Monica Liberati
I think I know these people 😍
Μου αρέσει! Απάντηση 3 χρ.

Hasan Majnan
Good luck with your job you are amazing person
Μου αρέσει! Απάντηση 3 χρ.

Γράψτε ένα σχόλιο...

Ο χρήστης **Project Armonia** ενημέρωσε τη φωτογραφία εξωφύλλου.
22 Μαΐου 2019 ·



9

Μου αρέσει! Σχόλιο Κοινοποίηση

Ο χρήστης **Project Armonia** ενημέρωσε την εικόνα του προφίλ του.
7 Μαΐου 2019 ·



Sharif Haidari και 11 ακόμη

Μου αρέσει! Σχόλιο Κοινοποίηση

Γράψτε ένα σχόλιο...